



LOS  
ANGELES  
LGBT  
CENTER®

SENIOR  
SERVICES

# 50+

## FEBRUARY 2024



## Black History Month

THE LA LGBT SENIOR CENTER  
CELEBRATES AND HONORS OUR  
BLACK & AFRICAN-AMERICAN  
COMMUNITY MEMBERS DURING THE  
MONTH OF FEBRUARY AND  
THROUGHOUT THE YEAR.

SEE PAGE 12-13 FOR A CALENDAR OF  
THIS MONTH'S EVENTS & ACTIVITIES.

RSVP/Helpline: 323-860-5830 or Toll-Free: 877-688-4833 • [seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org)



LOS  
ANGELES  
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CENTER  
SENIOR  
SERVICES

Senior Services strives to create a safe, welcoming, and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

Los Angeles LGBT Center  
Anita May Rosenstein Campus  
Harry & Jeanette Weinberg  
Senior Center  
1118 N McCadden Place  
Los Angeles, CA 90038

Helpline:  
**323-860-5830**

Toll Free:  
**877-688-4833**

For questions, more information  
or to RSVP for upcoming events,  
please contact us  
at **seniors@lalgbtcenter.org**  
or **323-860-5830**.

### GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our email list. Send an email to **seniors@lalgbtcenter.org** requesting to "Go Green."

## LETTER FROM KIERA

Each February, we celebrate Black History Month. This year, we have a number of wonderful events planned including our Black Seniors Speak panel discussion on February 21 and Soulful Brunch on February 24. In honor of National Black HIV/AIDS Awareness Day, this month's HIV & Aging Dinner and Discussion on February 27 will focus on HIV within the Black/African American Community. Are you interested in renewing your commitment to work on antiracism? Our Racial Justice Allies discussion group on Mondays is a great way to connect and grow with others.

We continue to expand our services to respond to the ever-changing needs we see. This month, we offer new groups in both Spanish and Korean. Increased programming is occurring at our three community sites: Mi Centro, Center South and the Trans Wellness Center. We invite you to join us on Monday, February 26 at the Senior Center to learn about the results of our recent SHINE Community Needs Assessment survey which will help guide our plans for future programming.

We also hope you will join us on Tuesday, February 13 for our Red & Pink Dance at the Village at Ed Gould Plaza. It will be a lovely night of music and dancing.



Sincerely,  
**Kiera Pollock, M.S.W.**  
Director of Senior Services



Senior Services is supported in part by the City of West Hollywood, The Jewish Community Foundation of Los Angeles and Independence at Home, a SCAN community service. One of the nation's largest not-for-profit Medicare Advantage Plans, SCAN Health Plan is dedicated to keeping seniors healthy and independent.

# Senior Services is here for you!

## Drop-In Case Management:

Get assistance signing up for benefits, housing information, caregiver assistance, health and mental health services, and more. Sign up for an appointment through our kiosk at the front desk. Appointments based on availability, Monday through Thursday from 10 AM–5 PM

## Shower & Laundry Facilities:

Showers and laundry are available for free for registered senior participants Monday through Friday from 9:30 AM–12:30 PM and 3–4:30 PM Sign up at the kiosk at the front desk. Shower and laundry facilities are drop-in and based on availability.

## Cyber Center:

The Cyber Center is open for computer use on Tuesday–Thursday from 10:00 AM to 1:00 PM and 2:00 PM to 5:00 PM, based on availability. Location: The Village, 1125 N. McCadden Pl., Los Angeles, CA 90038.



Senior Activist Academy with City Councilmember Hugo Soto-Martínez



## PARKING TICKETING SYSTEM

Parking in the parking garage is free with a validation card. Validation cards are available to registered participants attending one of our programs or a meeting with Senior Center staff.

Participants are required to take a ticket upon entrance of parking garage. Parking is available on P-1 and is based on availability. Obtain parking validation card at the front desk of the Senior Center to exit the garage. If you do not obtain a parking validation card, you will need to pay for parking to exit.

## How to Join a Zoom Group

- Call **213-338-8477** from your phone.
- Enter Meeting ID followed by the #sign.
- When asked for Participants ID press the # sign, then enter passcode followed by the # sign.

OR

- Download the Zoom app onto your phone and enter the Meeting ID and Passcode.
- You can also go to **<http://zoom.us>** to connect from your computer.





The **Senior Pride Pantry** continues to support our community by providing nutritious non-perishable groceries each week. Pantry pick-up appointments are available on Tuesdays & Thursdays from 9:30–11 AM Please bring your Senior Services ID Card. Additional household items, cleaning supplies, hygiene supplies and pet food are offered based on availability.

Registration is required. Sign up for a pick-up appointment through the Senior Services Portal at [seniors.lalgbtcenter.org](https://seniors.lalgbtcenter.org). Contact [seniorspantry@lalgbtcenter.org](mailto:seniorspantry@lalgbtcenter.org) or 323-860-5849 with questions.

### Hot Meals:

Hot, delicious, and nutritious lunches created by the Center's Culinary Arts Education Program are available Monday through Friday at 12:30–1:30 PM at the Senior Center. Vegan options are available. Hot Grab & Go meals are provided at 12:45 PM in the Plaza outside the Senior Center. Meals are first come, first served based on availability. Weekly menus are available onsite and emailed to participants. Limited outdoor seating is available in the Plaza during lunchtime.

Please bring your Senior Services ID Card to participate in lunch. If you need a new ID Card, please stop by the Senior Center from 9 AM–12 PM or 2–5 PM If you are new to our lunch program and are age 60+, please connect with our Department Assistants to complete an easy enrollment form.

## PANTRY PICK-UP



**MONTH OF FEBRUARY: BLACK BEANS**  
**ENJOY THIS ADDITIONAL MEAL ITEM FOR THE ENTIRE**

- Senior Services Pride Pantry is available to registered participants up to twice per month.
- Please bring your Senior Services card when picking up your items.

**Senior Pride Pantry Pick-up:**  
**Tuesday & Thursday 9:30–11 a.m.**

Senior Pride Pantry Pick-up:  
Please go to our portal to register for pick-up at  
**[seniors.lalgbtcenter.org/#/login](https://seniors.lalgbtcenter.org/#/login)**



## Farmers Market

**WED., FEBRUARY 7**  
**11 A.M.–1 P.M.**

**Anita May Rosenstein Campus**  
**Bayard Rustin Courtyard**

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the first Wednesday of every month from 11 a.m. to 1 p.m.

Produce is limited; first come, first served. Must be a registered participant with Senior Services.





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# SENIOR SERVICES COMMUNITY SITE PROGRAMS

Senior Services is at our  
Community Sites- Mi Centro,  
Center South TWC, & MCC



## Mi Centro

Este sería un espacio para que los hispanohablantes discutan una amplia gama de temas relevantes para ellos y brinden apoyo y comunidad. Cada Viernes desde las once de la mañana hasta una de la tarde. Ubicación: En persona, Mi Centro 553 S. Clarence St. Los Angeles, CA 90033.



## Center South

Ebony Sage Circle is open to all black and brown-identified participants. This group aims to promote self-awareness, quality of life, learning, and unity in the LGBT community. Ebony Sage Circle @ Center South meets Fridays 3-5pm at Center South- 2313 W Martin Luther King Jr Blvd, Los Angeles, CA 90008.



## Trans Wellness Center- TWC

Drop-in case management with Senior Care Specialists at Trans Wellness Center from 11am to 1pm on the 1st and 3rd Friday of each month. TWC is located at 3055 Wilshire Blvd Unit 360, LA, CA, 90010. No parking validation, please bring your parking ticket to the front desk.



## Metropolitan Community Church- MCC

Participants are invited to join our weekly social group at Metropolitan Community Church for fun and socializing. Drop-in case management with Senior Care Specialists will be available the 2nd Thursday of the month. Potluck lunch occurs the last Thursday of each month. MCC-UCCV is located at 5730 Cahuenga Blvd. North Hollywood, CA, 91601.

[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org)



**323-860-5830**

## Weekly Events

### MONDAYS

#### RACIAL JUSTICE ALLIES

**11AM–12PM**

Come study the history of race, racism, and white privilege in America. Learn the ways history and legacy create policy and trauma that impacts all identities. This group meets weekly on Zoom and in person at the Senior Center on the 2nd and 4th Monday of the month.

**Meeting ID:**

**913 4967 4772**

**Passcode: 427757**

#### SENIOR WRITING GROUP

**1–3PM**

Join our Senior Writing Groups: Mondays and Thursdays. Create prose or poetry from writing prompts and assignments. Contact [seniors@lgbtcenter.org](mailto:seniors@lgbtcenter.org) or 323-860-5830 to join.

**Meeting ID:**

**949 3045 5017**

**Passcode: 218422**

#### INTRODUCCIÓN A LA TECNOLOGÍA

**1:30-3:30PM**

Este taller de 6 semanas brindará conocimientos tecnológicos básicos a adultos mayores y cuidadores. Revisaremos laptops, iPads y smartphones. El espacio es limitado. Confirme su asistencia a [seniors@lgbtcenter.org](mailto:seniors@lgbtcenter.org) o 323-860-5830.

**Ubicación: Centro De Mayores**

### TUESDAYS

#### TREASURE CHEST MEMORY BOXES ARTS WORKSHOP

**10AM–12PM**

Join arts instructor Seth Randal to create treasured memory boxes in this 5-week class series. No prior art experience is necessary. Just bring patience, imagination, and photos of important people and places to create your treasure chest. Every Tuesday from Jan. 9–Feb. 6. Space is limited. RSVP to [seniors@lgbtcenter.org](mailto:seniors@lgbtcenter.org) or 323-860-5830.

**Location: Senior Center**

#### HOUSING SUPPORT NETWORK

**10–11:30AM**

Network within the community for housing support and establish connections with peers. Each week we'll discuss different themes and topics related to your housing search and/or tools to maintain your housing. This is also an opportunity to network with peers and exchange stories that have benefitted your housing experience.

**Location: Senior Center**

#### R&B LINE DANCING

**11AM–12PM**

Come and shake your groove thing with instructor E Talley II! Learn some new moves and dance to songs you love. All levels welcome!

**Location: Senior Center**

#### CARDIO SOUL DANCE

**1:30–2:30PM**

Come join E. Talley II as you learn a series of contemporary dance routines to help reach your daily recommended steps in a fun and uplifting experience.

**Location: Senior Center**

#### MOVING FORWARD AFTER LOSS

**1:30–3PM**

A peer-facilitated, ongoing support group for those who have suffered loss(es)

and are interested in exploring life after loss.

**Location:** Senior Center

## SPILLING THE TEA

**1:30–3PM**

A social and support group for transgender and gender non-conforming senior adults to support one another and build community. Gain the necessary tools to increase empowerment.

**Location:** Senior Center or **Meeting ID:**

**994 0798 2438**

**Passcode:** 964564

## COLLECTIVE GROOVE

**6–8PM**

Bring your talents and jam out with other musicians. This is an open space for musicians ages 50+ to learn from one another and create the sound of a collective groove.

**Location:** Senior Center

## SQUARE DANCING

**6:30–9PM**

Join the Tinseltown Squares for an evening of swings, promenades, and sashays. The next open cycle of classes begins on Jan. 9. Beginners welcome! Contact seniors@lalgbtcenter.org or 323-860-5830 for more information.

**Location:** Pride Hall

## WEDNESDAYS

### MEN'S SOCIAL GROUP

**10AM–12PM**

Meet new friends and share stories. Open to all self-identifying men to share in a safe, supportive space.

**Location:** Senior Center or **Meeting ID:**

**932 7122 4639**

**Passcode:** 249740

### CHAIR YOGA

**11AM–12PM**

Challenge your body and brain with Lucero as you explore techniques to improve your memory and health.

**Location:** Senior Center

### VETERAN'S SUPPORT GROUP

**1–2PM**

This group offers support for LGBT military veterans in a safe and welcoming space.

**Location:** Senior Center or **Meeting ID:**

**997 4154 4863**

**Passcode:** 301481

### BEGINNING TAP DANCE

**1:30–2:30 PM**

Learn the fundamentals of tap dancing with Lauren & Carl! Tap is one of the greatest feel-good dances you can enjoy. It's fun to

learn and fun to practice. All skill levels welcome.

**Location:** Senior Center

## ESPAÑOL FÁCIL

**2–3:30PM**

Join us in learning Spanish for Beginners. This weekly Spanish workshop, will give an insider's perspective on the Castilian language. The format of the workshop will be conversational, with basic grammatic support from printed materials. Guest presenters will share vocabulary, pronunciation, and expressions from varying Spanish-speaking countries. Space is limited; RSVP required at seniors@lalgbtcenter.org or 323-860-5830.

**Location:** Senior Center

## THURSDAYS

### MEN'S HIKING GROUP

**9:30AM**

Join Senior Services volunteer Daryl Dean at the corner of Fern Dell Dr. and Black Oak Dr., 200 ft. north of Los Feliz Blvd. for a weekly hike. Comfortable shoes, water, and snacks are recommended. Co-ed hiking is on the 3rd Thursday of the month.

**Location:** Griffith Park



## NUTRITION EDUCATION WORKSHOP (WITH CHELSEA FROM DOA)

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### 10-11AM

Get a taste of healthy eating by joining this 4-week workshop, led by a registered dietitian from the Department of Aging. Topics include: Budget friendly eating tips; how to prepare healthy, quick meals; ways to include exercise into your day; and helpful food facts. Workshops will have live cooking demonstrations and free giveaways. Space is limited. Group will meet Feb. 8, 15, 29 & March 7. Please RSVP at seniors@lgbtcenter.org or 323-860-5830.

**Location:** Senior Center

## GRUPO DE APOYO DE VIH

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### 10-11:30AM

Comparta sus historias y experiencias de vivir con el VIH y conozca nuevos amigos! Este nuevo grupo de apoyo es un espacio seguro para la comunidad positiva. Todos invitados. Para más información, contacto a Ruben Vidales: rvidales@lgbtcenter.org ó 213-466-5006.

**Ubicación:** Centro De Mayores

## HOUSING READINESS WORKSHOP

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### 10-11:30AM

This 6-week housing readiness workshop will run Feb. 1–Mar. 7. Each week focuses on a different housing-related topic. Join us to improve your knowledge of resources and tools. A \$25 gift card will be provided to those who attend all 6 sessions. Space is limited to the first 15 participants.

**Location:** Senior Center

## SENIOR WRITING GROUP

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### 1-3PM

See description on pg 6.

**Meeting ID:**

**949 3045 5017**

**Passcode:** 218422

## MEN LIVING WITH HIV

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### 1:30-3PM

Share your stories and experiences of living with HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

**Location:** Senior Center

## SENIOR CHORUS

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### 3-4:30PM

Join the "Rainbow Notes" Senior Chorus as we enjoy

singing and socializing. New members and all singing levels welcome!  
**Location:** Senior Center

## FRIDAYS

## EVERYDAY MOVEMENT FOR ALL

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### 9-10AM

Learn how to bring balance & joy to daily activities through this Alexander Technique class with Becky Sandler. Learn improved mind/body awareness as we explore how to sit, stand, and move with greater ease and less pain.

**Meeting ID:**

**202 631 4079**

**Password:** 7tmxHL

## MAHJONG

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### 9:30-11AM

Mahjong is an exciting, tile-based game developed in 19th century China. It is a game of skill, strategy, and luck. Reminder: no gambling allowed.

**Location:** Senior Center

## W50+ BILLIARDS

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### 11AM-1PM

Come join the W50+ lesbian, bisexual and trans\* women for a morning pool game. All skill levels welcome.

**Location:** Senior Center

## MI CENTRO DROP-IN

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### 11AM–1PM

Mi Centro brinda recursos y servicios integrales para la comunidad LGBTQ Latinx en Boyle Heights. Únase a Servicios para personas mayores los viernes para tener oportunidades de conectarse y socializar. Gestión de casos sin cita previa y la recogida en la despensa de alimentos están disponibles.

Mi Centro provides comprehensive resources and services for the LGBTQ Latinx community in Boyle Heights. Join Senior Services on Fridays for opportunities to connect & socialize. Drop-in case management and food pantry pick-up are available.

#### Ubicación/Location:

**Mi Centro**  
**553 S. Clarence St.**  
**Los Angeles, CA 90033**

## PLANIFICACIÓN DEL FINAL DE LA VIDA

### 12–1PM

Únase a nosotros en un taller de 6 semanas que cubrirá los aspectos principales que necesita saber: planificación funeraria, plan para mascotas, directiva anticipada de atención de la salud y más.

#### Ubicación/Location:

**Mi Centro**  
**553 S. Clarence St.**  
**Los Angeles, CA 90033**

## PAPIER MACHE MASKS, PUPPETS AND CREATURES WORKSHOP

### 1:30–3:30PM

Join artists Nick Paul and Mary-Linn Hughes for an exciting 8-week class where you'll discover the magic of transforming simple materials into masks, puppets, and fantastical creatures. Learn essential techniques, explore new design concepts, and delve into the enchanting process of bringing your wildest imaginations to life. No prior experience is necessary—just come have some fun! Dates: Jan. 19—March 8. Space is limited, RSVP is required.

#### Location: Senior Center

## CENTER SOUTH DROP-IN

### 3–4:30PM

Center South provides comprehensive resources and services for the LGBTQ community in South LA. Join Senior Services on Fridays for opportunities to connect & socialize. Drop-in case management and food pantry pick-up are available.

Location: **Center South,**  
**2313 W. Martin Luther King Jr. Blvd,**  
**Los Angeles, CA 90008**

## EBONY SAGE CIRCLE

### 3–4:30PM

Ebony Sage Circle is open to all Black and brown-identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color.

Location: **Center South,**  
**2313 W. Martin Luther King Jr. Blvd.,**  
**Los Angeles, CA 90008**

## LGBTQ+ SENIORS CANCER SUPPORT GROUP

### 3–5PM

This online support group for LGBTQ+ seniors impacted by cancer offers a comfortable online environment to share experiences and learn from others. RSVP to [info@cancersupportla.org](mailto:info@cancersupportla.org)

Location: **Virtual**



## Non-Weekly Events

### ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP

**THURS., FEB. 8 & 22, 12–1:30PM**

Alzheimer's Association LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. Develop a support system, talk about challenges, and learn about resources. To RSVP, please contact Yael Wyte at 310-912-9120 or email at [ywyte@alz.org](mailto:ywyte@alz.org)

**Location:** Virtual

### ART APPRECIATION

**FRI., FEB. 9, 3–4PM**

Explore select artworks with Getty docent David. Join this virtual visit to the museum to learn about artists and the history of each piece. All art lovers are welcome!

**Meeting ID:** 984 9274 8385

**Passcode:** 081457

### BENEFITS & RESOURCES FOR SENIORS

**WED., FEB. 21, 2–3PM**

Join us on the 3rd Wednesday of each month for a benefits workshop. Learn about different public benefits and community resources to help reduce your monthly expenses. This hybrid group will meet in-person and via Zoom. This month's topic: MediCAL.

**Location:** Senior Center

or **Meeting ID:** 955 2280 5268

**Passcode:** 255033

### BREAKFAST BINGO

**MON., FEB 12, 9:30–11AM**

Join us at the Senior Center the 2nd Monday of each month for fun and lively Breakfast Bingo! Coffee, tea, and snacks provided. Win fun prizes and get to know your neighbors. Breakfast and coffee begin at 9:30 AM. Bingo starts promptly at 10 AM.

**Location:** Senior Center

### CAMINOS A LA VIVIENDA

**MARTES, 27 DE FEBRERO, 1:30–3PM**

Este taller ayuda a los adultos de mayor edad entender la realidad en Los Ángeles. Los participantes aprenderán sobre la crisis de vivienda y reciben recursos comunitarios para identificar metas de vivienda realísticas cuando buscan por viviendas. Su participación en este taller es requerido si esta interesado en participar en nuestro programa de navegar viviendas, pero todos estan envidados en aprender.

**Ubicación:** Centro De Mayores

### COMMUNITY NEEDS ASSESSMENT RESULTS

**MON., FEB. 26, 2–3:30PM**

Senior Services recently conducted a Community Needs Assessment called the "SHINE" survey, the first of its kind for our program. Thank you to all of you who completed it! Come hear the results of the assessment and provide additional feedback on ways we can address pressing needs within our community.

**Location:** Senior Center

### FARMERS MARKET

**WED., FEB. 7, 11AM–1PM**

Come and select fresh produce in the



Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the first Wednesday of every month from 11 AM to 1 PM. Produce is limited. First come, first served. Must be a registered participant with Senior Services.

**Location:** Senior Center

## FARMERS MARKET AT CENTER SOUTH

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**FRI., FEB. 23, 11AM–2PM**

Come and select fresh produce at our community site, Center South. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 4th Friday of every month, 11AM–2PM. Produce is limited. First come, first served.

**Location:** Center South,  
2313 W. Martin Luther King Jr. Blvd.,  
Los Angeles, CA 90008

## FARMERS MARKET AT MI CENTRO

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**FRI., FEB. 9, 11AM–2PM**

Ven y selecciona productos frescos en nuestro sitio comunitario, Mi Centro. En colaboración con Seeds of Hope, el Farmers Market se lleva a cabo el segundo viernes de cada mes, de 11 AM a 2 PM. La producción es limitada. El primero en llegar es el primero en ser atendido. Come and select fresh produce at our community site, Mi Centro. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 2nd Friday of every month, 11 AM–2 PM. Produce is limited. First come, first served.

**Ubicación:** Mi Centro, 553 S. Clarence St., Los Angeles, CA 90033

## FIELD TRIP TO GETTY VILLAS

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**THURS., FEB. 22, 9AM–4PM**

Senior Services will be hosting a field trip to the Getty Villa Museum, a one-of-a-kind destination offering ancient Greek and Roman art, tranquil gardens, and ocean breezes. Recommended donation is \$10. No one will be turned away for inability to pay. Bus will leave from and return to the Senior Center. Participants must agree to take the bus each way and will not be able to meet group at the villas. Space is limited. RSVP required by Feb. 8 to seniors@lgbtcenter.org or 323-860-5830. Lunch will be provided. Please include if you would like a regular or vegan meal in message. Please include any accommodation requests with RSVP as well.

**Location:** Senior Center

## FOR THE LOVE OF FASHION - FABRIC ART PAINTING WORKSHOP

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**MON., FEB. 5 & 12, 10AM–12PM**

“For the Love of Fashion” is a 5-week, fabric art painting workshop with interdisciplinary artist Danny Rios. The class will begin with cotton t-shirts, then move into larger garments. A catwalk presentation of the class' finished works will occur during lunch on Wednesday, Feb. 14. Space is limited. RSVP required to seniors@lgbtcenter.org or (323) 860-5830.

**Location:** Senior Center

## GAY MEN'S PROSTATE CANCER SUPPORT GROUP

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**TUES., FEB. 6 & 20, 7–9PM**

In partnership with Cancer Support Community LA, the gay and bisexual men's prostate cancer support group meets

# FEBRUARY

Monday	Tuesday	Wednesday
<b>5</b> Fabric Art Painting Workshop 10 AM-12 PM Racial Justice Allies 11 -12 PM Senior Writing Group 1-3 PM Introducción a la Tecnología 1:30-3:30 PM 기술소개 3:30-5:00 PM	<b>6</b> Housing Support Network 10-11:30 AM Treasure Chests 10 AM-12 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM LGBTech 3-4:30 PM Collective Groove 6-8 PM Still We Rise Final Reading 6:30-8:00 PM Square Dancing 6:30-9 PM Prostate Support Group 7-9 PM	<b>7</b> Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Farmers Market 11 AM-1 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Español Fácil 2-3:30 PM
<b>12</b> Breakfast Bingo 9:30-11 AM Fabric Art Painting Workshop 10 AM-12 PM Racial Justice Allies 11 -12 PM Senior Writing Group 1-3 PM Introducción a la Tecnología 1:30-3:30 PM Valentine's Card-Making 1:30-3 PM Senior Activist Squad 2-3 PM	<b>13</b> Housing Support Network 10-11:30 AM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Collective Groove 6-8 PM Square Dancing 6:30-9 PM Red & Pink Dance 6-8 PM	<b>14</b> Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Fashion Show 12:30-1:30 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Español Fácil 2-3:30 PM
<b>19</b> <b>SENIOR CENTER CLOSED</b>	<b>20</b> Mosaic Sun Workshop 9-12 PM Housing Support Network 10-11:30 AM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM LGBTech 3-4:30 PM Collective Groove 6-8 PM Square Dancing 6:30-9 PM Prostate Support Group 7-9 PM	<b>21</b> Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Benefits Workshop 2-3 PM Español Fácil 2-3:30PM Black Seniors Speak 3:30-5 PM
<b>26</b> Racial Justice Allies 11 -12 PM VAX Clinic at Triangle Square 12-4 PM Senior Writing Group 1-3 PM Introducción a la Tecnología 1:30-3:30 PM Community Needs Assessment Results 2-3:30 PM	<b>27</b> Housing Support Network 10-11:30 AM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Caminos a la Vivienda 1:30-3 PM Collective Groove 6-8 PM HIV & Aging Dinner + Discussion 6-8 PM Square Dancing 6:30-9 PM	<b>28</b> Men's Social Group 10 AM-12 PM Lotus Flower Arts Workshop 10-11 AM Chair Yoga 11 AM-12 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Español Fácil 2-3:30PM Veteran's Dinner 6 PM

Thursday	Friday
<b>1</b> Men's Hiking 9:30 AM Grupo de Apoyo de VIH 10-11:30 AM Housing Readiness 10-11:30 AM WeHo Housing Drop-in 11 AM-1 PM Reading Opens Minds 1-2:30 PM Senior Writing Group 1-3 PM Men Living with HIV 1:30-3 PM Senior Chorus 3-4:30 PM	<b>2</b> Everyday Movement 9-10 AM Mahjong 9:30-11:00 AM W50+ Billiards 11:00 AM-1 PM Drop-in @ Mi Centro 11 AM-1 PM Drop-in @ TransWellness 11 AM-1 PM Planificacion del Final de la Vida @ Mi Centro 12-1PM Papier Mache Workshop 1:30-3:30 PM TransMasc Exchange 3-4:30 PM Drop-in @ Center South 3-4:30 PM Ebony Sage @ Center South 3-4:30 PM Cancer Support Group 3-5 PM
<b>8</b> Men's Hiking 9:30 AM Nutrition Education 10-11 AM Grupo de Apoyo de VIH 10-11:30 AM Housing Readiness 10-11:30 AM Alz Support Group 12-1:30 PM MCC-UCCV Drop-in 12-2 PM Senior Writing Group 1-3 PM Men Living with HIV 1:30-3 PM Senior Chorus 3-4:30 PM	<b>9</b> Everyday Movement 9-10 AM VAX Clinic at Mi Centro 9 AM-2 PM Mahjong 9:30-11:00 AM W50+ Billiards 11:00 AM-1 PM Drop-in @ Mi Centro 11 AM-1 PM Farmers Market @ Mi Centro 11 AM-2 PM Planificacion del Final de la Vida @ Mi Centro 12-1PM Papier Mache Workshop 1:30-3:30 PM Art Appreciation 3-4 PM Drop-in @ Center South 3-4:30 PM Ebony Sage @ Center South 3-4:30 PM Cancer Support Group 3-5 PM
<b>15</b> Co-Ed Hiking 9:30 AM Nutrition Education 10-11 AM Grupo de Apoyo de VIH 10-11:30 AM Housing Readiness 10-11:30 AM Reading Opens Minds 1-2:30 PM Senior Writing Group 1-3 PM Men Living with HIV 1:30-3 PM Senior Chorus 3-4:30 PM	<b>16</b> Everyday Movement 9-10 AM Mahjong 9:30-11:00 AM Senior Engagement Team 10:30-11:30 AM W50+ Billiards 11:00 AM-1 PM Drop-in @ Mi Centro 11 AM-1 PM Drop-in @ TransWellness 11 AM-1 PM Taller de Testamentos y Sucesiones 11 AM-12 PM  <b>SENIOR CENTER CLOSES AT 2PM</b>
<b>22</b> Field Trip to Getty Museum 9 AM-4 PM Men's Hiking 9:30 AM Housing Readiness 10-11:30 AM Alz Support Group 12-1:30 PM Senior Writing Group 1-3 PM	<b>23</b> Everyday Movement 9-10 AM VAX Clinic at Center South 9 AM-2 PM Mahjong 9:30-11:00 AM W50+ Billiards 11:00 AM-1 PM Drop-in @ Mi Centro 11 AM-1 PM Farmers Market @ Center South 11 AM-2 PM Papier Mache Workshop 1:30-3:30 PM Drop-in @ Center South 3-4:30 PM Ebony Sage @ Center South 3-4:30 PM Cancer Support Group 3-5 PM
<b>29</b> Men's Hiking 9:30 AM Nutrition Education 10-11 AM Grupo de Apoyo de VIH 10-11:30 AM Housing Readiness 10-11:30 AM MCC-UCCV Potluck 12-2 PM Senior Writing Group 1-3 PM Men Living with HIV 1:30-3 PM Senior Chorus 3-4:30 PM	



# Black Seniors Speak


**Wednesday  
Feb. 21, 2024  
3:30-5PM**

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**Hear stories  
from black  
LGBT seniors  
about  
memories,  
traditions, and  
important  
historical events  
that impacted  
their lives.**

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**Harry & Jeanette Weinberg  
Senior Center  
1118 N McCadden Place  
Los Angeles, CA 90038**






twice a month on Tuesdays via Zoom. Discuss treatment, doctors, insurance, sex, relationships, and coping. To RSVP, contact [info@cancersupportla.org](mailto:info@cancersupportla.org).

**Location:** Virtual

## HIV & AGING: DINNER & DISCUSSION SERIES

**TUE., FEB. 27, 6-8PM**

This monthly dinner and discussion series is geared for individuals living with HIV or impacted by HIV. In honor of National Black HIV/AIDS Awareness Day on Feb. 7, this month's discussion will focus on HIV within the Black/African American Community. Black communities have made great progress in reducing HIV. Yet, issues such as racism, discrimination, and mistrust in the health care system may affect whether Black people seek HIV prevention, treatment and care. Join us for a conversation about addressing the structural barriers to HIV care and the health inequities within Black communities.

**Location:** Senior Center

## INTRO TO TECHNOLOGY (IN KOREAN)

**MON., FEB. 5, 3:30-5:00 PM**

### 기술소개

**월, 2월 5, 오후 3:30-5:00**

This workshop provides basic technology information to older adults and their caregivers. We will review laptops, iPads, and smartphones. Space is limited. Please reply to [seniors@lagbtcenter.org](mailto:seniors@lagbtcenter.org) or (323) 860-5830. 이 워크숍은 노인과 간병인에게 기본 기술 정보를 제공합니다. 노트북, 아이패드, 스마트폰에 대해 리뷰하겠습니다. 공간이

제한되어 있습니다. [seniors@lagbtcenter.org](mailto:seniors@lagbtcenter.org) 또는 (323) 860-5830으로 회신해 주시기 바랍니다.

**Location:** Senior Center

**장소:** 노인회관

## LGBTECH Q&A WITH MOM'S COMPUTER

**TUES., FEB. 6, 3-4:30PM**

New Year Photo Cleanup: We will use Google Photos to organize your Holiday memories!

We will also focus on Google Docs: a free way to make, create and send documents.

**TUES., FEB. 20, 3-4:30PM**

Scam Awareness Workshop: The new year equals new scams targeting seniors. Let's stay safe for another year. We will focus on Smart Phone cleanup by deleting old photos, apps, and messages.

Beginners always welcome! Tech Trivia with prizes.

**Location:** Senior Center

## LOTUS FLOWER ARTS WORKSHOP

**WED., FEB. 28, 10-11AM**

Rooted firmly in the mud, the Lotus Flower grows in murky water. Because of this, it can be a representation of growth during difficult times. You too can grow out of the mud! Using colors, images, shapes, and words, this arts workshop will explore our resilience and strength in the face of adversity.

**Location:** Senior Center

## MCC-UCCV

### **THURS., FEB. 8 & 22, 12–2PM**

Valley participants are invited to join our weekly social group at Metropolitan Community Church-UCCV for fun activities & socializing. Drop-in case management will be available the 2nd Thursday of the Month. Potluck lunch occurs the last Thursday of each month.

**Location:** MCC-UCCV, 5730 Cahuenga Blvd., North Hollywood, CA 91601

### **MOSAIC SUN WORKSHOP**

#### **TUES., FEB. 20, 9AM–12PM**

Work with artists Bob & Cathy to decorate large plaster suns with mosaic tiles. Participants will meet at the Senior Center at 9AM to depart for the workshop at Big Sunday (a fellow non-profit approximately 20 min. from the Senior Center.) We will return by 12:30PM, in time for lunch at the Senior Center. Space is limited to 10 participants. RSVP required to seniors@lgbtcenter.org or 323-860-5830.

**Location:** Senior Center

### **READING OPENS MINDS**

#### **THURS., FEB. 1 & 15, 1–2:30PM**

This wonderful book club has been meeting for years but always welcomes new members. For information on how to join, contact seniors@lgbtcenter.org or call 323-860-5830.

**Location:** Senior Center

### **RED & PINK DANCE**

#### **TUES., FEB. 13, 6–8PM**

Join us for a Valentine's Day-themed dance under the stars. Non-alcoholic drinks and light snacks will be provided. Red and pink attire is encouraged but not required. Whether you're single, partnered, or polyamorous, come

celebrate and dance to love in all its forms.

**Location:** The Village at Ed Gould Plaza, 1125 N. McCadden Pl., Los Angeles CA 90038

### **SENIOR ACTIVIST SQUAD**

#### **MON., FEB. 12, 2–3PM**

There are currently more than 700 anti-trans bills proposed across the U.S., including several in California. Join the Senior Activist Squad to share information about pressing issues impacting the LGBTQ+ community and identify ways to advocate for change. Enter to win a \$25 gift card at every meeting.

**Location:** Senior Center

### **SENIOR ENGAGEMENT TEAM**

#### **FRI., FEB. 16, 10:30–11:30AM**

Our spin on a Community Advisory Board, the Senior Engagement Team is a space to share your ideas and suggestions to enhance programming. Help us create the programs you want with your peers.

**Location:** Senior Center

### **SOULFUL BRUNCH**

#### **SAT., FEB. 24, 11AM–1PM**

In honor of Black History Month and National Black HIV/AIDS Awareness Day, join us for an afternoon of inspiration, celebration, conversation, and music. This event is produced in collaboration with MOCA 50+ and Ebony Sage Circle. Space is Limited. RSVP required by Feb. 17 to seniors@lgbtcenter.org or 323-860-5830.

**Location:** Pride Hall, Anita May Rosenstein Campus, 1118 N. McCadden Ave., Los Angeles, CA 90038

## STILL WE RISE FINAL READING

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**TUES., FEB. 6, 6:30–8PM**

Come listen to the work generated by the participants of the Still We Rise writing workshop, facilitated by writer and comedian Mimi Gonzalez-Barillas. Participants will share their inspirations and creations. A light reception to follow.

**Location:** Senior Center

## TALLER DE TESTAMENTOS Y SUCESSIONES A TRANSWELLNESS CENTER

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**VIERNES, 16 de FEBRERO, 11AM–12PM**

Únase a nosotros para una conversación sobre testamentos y sucesiones.

**Ubicación:** Trans Wellness Center, 3055 Wilshire Blvd., Suite 360, Los Angeles, CA 90010

## THE FUTURE IS BLACK

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**SAT., FEB. 24, 5–10PM**

The Los Angeles LGBT Center's day-long community celebration in honor of Black History Month, filled with award presentations, live performances, art exhibit, resource fair, and more.

**Location:** The Village at Ed Gould Plaza, 1125 N. McCadden Place, Los Angeles, CA 90038

## TRANSMASC INTERGENERATIONAL EXCHANGE

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**FRI., FEB. 2 & 16, 3–4:30PM**

In collaboration with InvisibleMen, "The Exchange" provides an intergenerational social space for the transmasculine community. The Exchange meets online on the 1st & 3rd Friday of every month.

**Meeting ID:** 970 2805 6270

**Passcode:** 803002

## TRANS WELLNESS CENTER DROP-IN

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**FRI., FEB. 2 & 16, 11AM–1PM**

El Trans Wellness Center (TWC) brinda recursos y servicios integrales para personas transgénero y no binarias bajo un mismo techo. Únase a Senior Services en TWC para oportunidades de conectarse y socializar. Citas sin cita previa para la gestión de casos y el armario de ropa en la TWC cada primer y tercer viernes del mes de 11AM a 1PM.

The Trans Wellness Center (TWC) provides comprehensive resources and services for transgender and non-binary people under one roof. Join Senior Services at TWC for opportunities to connect & socialize. Drop-in case management and Clothing Closet appointments are available at TWC on the 1st & 3rd Friday of each month, 11AM–1PM.

**Ubicación/Location:** Trans Wellness Center, 3055 Wilshire Blvd., Suite 360, Los Angeles, CA 90010

## VACCINATION CLINICS/ CLÍNICAS DE VACUNAS (VAX CLINICS)

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In collaboration with Los Angeles County Department of Public Health, vaccine shots will be available on a walk-in basis. The following vaccines will be available: COVID-19, COVID-19 Booster, Flu, MPox & Hep A.

En colaboración con el Departamento de Salud Pública del Condado de Los Ángeles, las vacunas estarán disponibles sin cita previa. Estarán disponibles las siguientes vacunas: COVID-19, COVID-19 Booster, Flu, MPox y Hep A.

• **FRI., FEB. 9, 9AM–2PM**

**Location:** Mi Centro, 553 S. Clarence St., Los Angeles, CA 90033



• **FRI., FEB. 23, 9AM-2PM**

**Location:** Center South, 2313 W. Martin Luther King Jr. Blvd., Los Angeles, CA 90008

• **MON., FEB. 26, 12-4PM**

**Location:** Triangle Square Apartments, Community Room, 1602 Ivar Ave., Los Angeles, CA 90028

## VALENTINE'S CARD-MAKING WORKSHOP

**MON., FEB. 12, 1:30-3PM**

Roses are red, violets are blue. Join us for an hour of crafting for you!

With all supplies provided, we'll make hearts anew. For special friends, companions, and someone like you! Spread the love this Valentine's Day by creating personalized cards with others at this fun session.

**Location:** Senior Center

## VETERANS' DINNER

**WED., FEB. 28, 6PM**

This outing for LGBTQ+ veterans occurs on the last Wednesday of each month at a different restaurant each time. Participants are responsible to pay for their own meal and are encouraged to bring cash as payment. No one will be turned away for lack of funds.

**Location:** Olive Garden, 101 N. Brand Ave., Glendale, CA 91203

## WEHO HOUSING DROP-IN

**THURS., FEB. 1, 11-1PM**

Are you a senior who lives, works, or spends significant time in the City of West Hollywood and in need of housing resources or support? Meet with members of the Senior Services Housing Team to discuss affordable housing options and obtain referrals to services.

**Location:** West Hollywood Library, 625 N. San Vicente Blvd., West Hollywood, CA 90069





# BEGINNING TAP DANCE



LEARN THE FUNDAMENTALS OF TAP DANCING WITH LAUREN & CARL!  
TAP IS ONE OF THE GREATEST FEEL-GOOD DANCES YOU CAN ENJOY.  
IT'S FUN TO LEARN AND FUN TO PRACTICE.  
ALL SKILL LEVELS WELCOME.

WEDNESDAYS  
1:30-2:30 PM

HARRY AND JEANETTE WEINBERG SENIOR CENTER  
1118 N. MCCADDEN PLACE LOS ANGELES, CA 90038



LOS ANGELES LGBT CENTER  
SENIOR SERVICES

# R & B Line Dance

WITH E. TALLEY II

TUESDAYS  
11AM-12PM

COME AND SHAKE  
YOUR GROOVE THING  
WITH INSTRUCTOR  
E. TALLEY II.  
LEARN SOME NEW MOVES  
AND DANCE TO  
SONGS YOU LOVE.  
ALL LEVELS WELCOME!



HARRY AND JEANETTE WEINBERG  
SENIOR CENTER  
1118N. MCCADDEN PL.  
LOS ANGELES, CA 90038



# CARDIO SOUL Dance CLASS

Tuesdays  
1:30-2:30pm

COME JOIN E. TALLEY II  
TO LEARN A SERIES  
OF CONTEMPORARY DANCE ROUTINES  
THAT WILL HELP YOU REACH YOUR  
DAILY RECOMMENDED STEPS  
IN A FUN AND UPLIFTING ENVIRONMENT.

HARRY AND JEANETTE WEINBERG SENIOR CENTER  
1118 N. MCCADDEN PL., LOS ANGELES, CA 90038



LOS ANGELES LGBT CENTER  
SENIOR SERVICES



JOIN THE TINSELTOWN SQUARES FOR

# SQUARE DANCING

Every Tuesday  
from 6:30-9pm  
Pride Hall  
1118 N. McCadden Pl.



For more info or to RSVP, contact [seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) or (323) 860-5830



## LGBTQ+ PEOPLE LIVING WITH CANCER SUPPORT GROUP



INDIVIDUALS CURRENTLY IMPACTED BY CANCER OR DEALING WITH LIFE AFTER CANCER ARE WELCOME TO JOIN THIS ONLINE SUPPORT GROUP FOR THE LGBTQ+ COMMUNITY.

CONNECT WITH OTHERS IN A COMFORTABLE, ONLINE ENVIRONMENT TO SHARE YOUR EXPERIENCE AND LEARN FROM THE EXPERIENCES OF OTHERS.

For more information, contact [info@cancersupportla.org](mailto:info@cancersupportla.org)



## GAY MEN'S PROSTATE CANCER SUPPORT GROUP

This group welcomes gay and bisexual men with prostate cancer and their partners.



This group provides a safe space to meet others with similar experiences and talk openly about issues such as treatment options, doctors, health insurance, sex, relationships, fears, coping with after-effects, and more.

THIS GROUP MEETS ONLINE ON THE 2ND AND 4TH TUESDAY OF EVERY MONTH.

FOR MORE INFO, CONTACT: [INFO@CANCERSUPPORTLA.ORG](mailto:INFO@CANCERSUPPORTLA.ORG)



## HIV & AGING DINNER+ DISCUSSION

6:00- 8:00 P.M.

TUESDAY  
FEBRUARY 27,  
2023

February's Topic:  
HIV within Black Communities

HARRY AND JEANETTE WEINBERG SENIOR CENTER  
1118. N. MCCADDEN PLACE.  
LOS ANGELES, CA 90038  
RSVP at [seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) or (323) 860-5830



### Grupos de Apoyo de VIH/SIDA

Todos invitados  
Los Jueves  
10-11:30AM

Comparta sus historias y experiencias de vivir con el VIH y conozca nuevos amigos! Este grupo de apoyo es un espacio seguro para la comunidad positiva. Todos invitados.

Ubicación: Centro De Mayores

### HIV/AIDS Support Groups

Men Living with HIV  
Thursdays  
1:30-3PM

Share your stories and experiences of living with HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

Location: Senior Center

### HIV & AGING Dinner & Discussion

Impacted by HIV  
Last Tuesday  
6-8PM

This monthly dinner and discussion series is geared for individuals living with HIV and/or impacted by HIV. A different topic is presented each month.

Location: Senior Center

Para más información, contacto a:  
For more information, contact:  
[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) ó (323) 860- 5830

Harry & Jeanette Weinberg Senior Center  
1118 N McCadden Place  
Los Angeles, CA 90038





LOS ANGELES LGBT CENTER  
SENIOR SERVICES

# Español Fácil

JOIN US IN LEARNING CONVERSATIONAL SPANISH FOR  
BEGINNERS

WEDNESDAYS / JANUARY 10TH TO MARCH 13TH  
2:00 - 3:30 PM

LIMITED AVAILABILITY

RSVP (323) 880-5830

seniors@lgbtcenter.org

Harry & Jeanette Weinberg Senior Center

## COLLECTIVE GROOVE

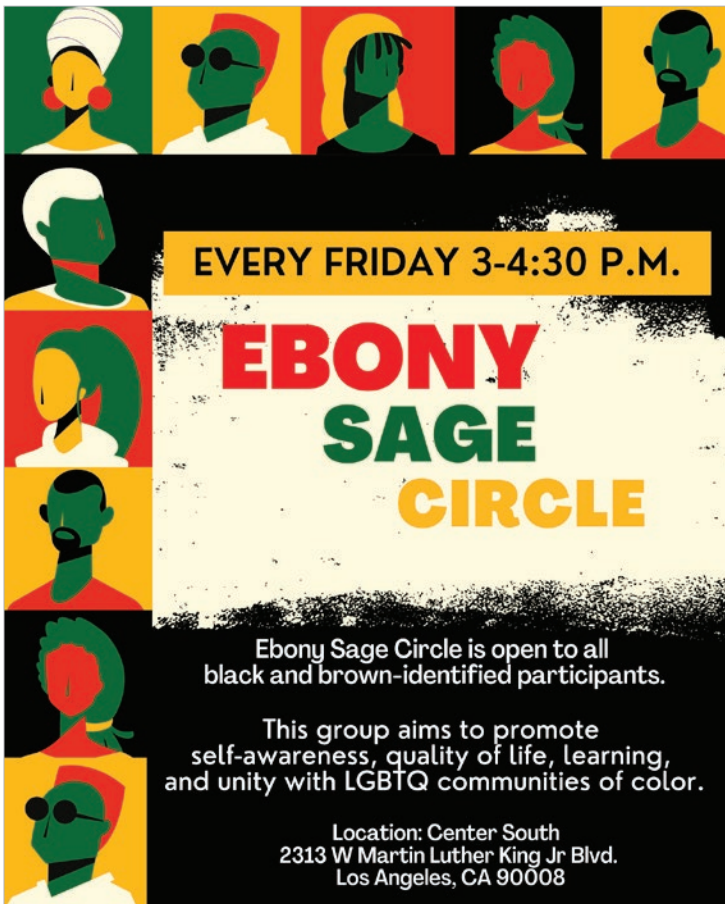


Bring your talents and jam out with other musicians.  
This is an open space for musicians ages 50+ to learn  
from one another and create the sound of a collective groove.



LOS ANGELES LGBT CENTER  
SENIOR SERVICES

Every Tuesday  
6-8 P.M.  
Location: Senior Center



EVERY FRIDAY 3-4:30 P.M.

## EBONY SAGE CIRCLE

Ebony Sage Circle is open to all  
black and brown-identified participants.

This group aims to promote  
self-awareness, quality of life, learning,  
and unity with LGBTQ communities of color.

Location: Center South  
2313 W Martin Luther King Jr Blvd.  
Los Angeles, CA 90008

## SPILLING THE TEA

TUESDAYS 1:30-3PM

A SOCIAL AND SUPPORT GROUP FOR  
TRANSGENDER AND GENDER NON-  
CONFORMING ADULTS TO SUPPORT  
ONE ANOTHER AND BUILD COMMUNITY.

IN PERSON, SENIOR CENTER  
OR MEETING ID: 994 0798 2438  
PASSCODE: 964564

HARRY AND JEANETTE WEINBERG  
SENIOR CENTER  
1118, N. MCCADDEN PLACE.  
LOS ANGELES, CA 90038

## TRANS-MASC INTERGENERATIONAL EXCHANGE

1ST + 3RD FRIDAY

A SOCIAL AND SUPPORT GROUP FOR TRANSGENDER  
AND GENDER NON-CONFORMING ADULTS TO  
SUPPORT ONE ANOTHER AND BUILD COMMUNITY.

VIRTUAL -MEETING ID: 970 2805 6270 PASSCODE: 803002





**SENIOR SERVICES**  
**Community Needs Assessment**  
 Survey Results Meeting

Thank you for completing the survey.

Now find out the results!

Join us to hear about the results of the SHINE Survey and to discuss future programming.

**Monday**  
**Feb. 26**  
**2-3:30PM**



LOS ANGELES  
 LGBT CENTER  
 SENIOR SERVICES

Harry & Jeanette Weinberg  
 Senior Center  
 1118 N McCadden Place  
 Los Angeles, CA 90038

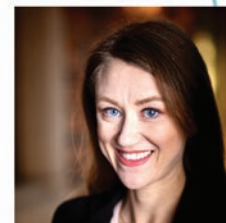
For more information, contact [seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) or (323) 860-5830



**LOTUS FLOWER**  
*Art Workshop*

**WED., FEB. 28**  
**10-11 AM**

**ROOTED FIRMLY IN THE MUD,  
 THE LOTUS FLOWER GROWS IN MURKY WATER.  
 BECAUSE OF THIS, IT CAN BE A REPRESENTATION  
 OF GROWTH DURING DIFFICULT TIMES.  
 YOU TOO CAN GROW OUT OF THE MUD!  
 USING COLORS, IMAGES, SHAPES,  
 AND WORDS, THIS ART WORKSHOP,  
 HOSTED BY JEN DAWSON,  
 WILL EXPLORE OUR RESILIENCE  
 AND STRENGTH  
 IN THE FACE OF ADVERSITY.**



LOS ANGELES  
 LGBT CENTER  
 SENIOR SERVICES

**LOCATION: HARRY & JEANETTE WEINBERG  
 SENIOR CENTER  
 1118 N MCCADDEN PLACE  
 LOS ANGELES, CA 90038**

FOR INFORMATION, PLEASE CONTACT  
[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) OR 323-860-5830.



LOS ANGELES LGBT CENTER  
 SENIOR SERVICES

JOIN US FOR A NEW GROUP

# Housing Support Network

*An 8-week group for adults over 50+*

**JANUARY 16 - FEBRUARY 27**  
**TUESDAYS FROM 10-11:30AM**

This is an opportunity to connect with peers,  
 share resources, discuss housing related  
 challenges and tips for success.

Harry and Jeanette Weinberg Senior Center  
 1118 N. McCadden Pl.  
 Los Angeles, CA 90038

For more information, contact:  
[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) or (323) 860-5830



LOS ANGELES LGBT CENTER  
 SENIOR SERVICES

save the date:

# Housing Readiness Workshop

**6 week Series**

**THURSDAYS**

**10:00AM - 11:30AM**

**Starting 2/1/24**

- Credit Repair
- Tenant Rights
- Employment
- Healthy Living
- & More!

HARRY AND JEANETTE WEINBERG SENIOR  
 CENTER 1118 N. MCCADDEN PL.  
 LOS ANGELES, CA 90038



# FIELD TRIP to the GETTY VILLA MUSEUM

SPACE IS  
LIMITED.  
RSVP  
REQUIRED



★ ★ ★      ★ ★ ★  
**THURSDAY, FEB. 22, 2024**  
**10AM-4PM**

SUGGESTED DONATION IS \$10.  
NO ONE WILL BE TURNED AWAY  
FOR INABILITY TO PAY

PLEASE NOTIFY  
US OF ANY  
ACCOMMODATION  
REQUESTS WITH  
YOUR RSVP

Senior Services  
will be hosting  
a field trip to  
the Getty  
Villa Museum,  
a one-of-a-kind  
destination  
offering  
ancient Greek  
and Roman art,  
tranquil gardens,  
and ocean  
breezes.

RSVP BY FEB 8 TO:  
SENIORS@LALGBTCENTER.ORG  
OR (323) 860-5830



LOS ANGELES LGBT CENTER  
SENIOR SERVICES

SENIOR SERVICES PRESENTS THE

# RED & PINK DANCE



**13**

February

THE VILLAGE  
AT ED GOULD PLAZA  
1125 N. MCCADDEN PL.  
LOS ANGELES, CA 90038

Encouraged Attire:  
RED & PINK

**6-8**

PM



## LGBT Center Vaccine Clinics:

**FRIDAY, FEB. 9, 9 AM-2 PM**

**Location: Mi Centro, 553 S. Clarence St.,  
Los Angeles, CA 90033**

**FRIDAY, FEB. 23, 9 AM-2 PM**

**Location: Center South, 2313 W Martin Luther King Jr Blvd,  
Los Angeles, CA 90008**

**MONDAY, FEB. 26, 12-4 PM**

**Location: Triangle Square Apartments, 1602 Ivar Ave,  
Los Angeles, CA 90028**

Stay up to date on your CoVid-19, Flu, Hep A and MPox vaccines.  
Transportation provided on a need basis. Contact provided below.



**\$10 Trader Joe's Gift Card**

*upon successful vaccination and feedback forms!*



**LOS ANGELES LGBT CENTER**  
**SENIOR SERVICES**

For more information, contact us at:  
[seniors@lalgbtcenter.org](mailto:seniors@lalgbtcenter.org) or (323) 860-5830





SUGGESTED  
DONATION:  
\$5\*

\*NO ONE WILL  
BE TURNED AWAY  
FOR INABILITY  
TO PAY

SENIOR SERVICES  
PRESENTS

# SOULFUL BRUNCH

FEB. 24TH, 11AM-1PM

IN HONOR OF BLACK HISTORY MONTH AND  
NATIONAL BLACK HIV/AIDS AWARENESS DAY,  
JOIN US FOR AN AFTERNOON OF  
INSPIRATION, CELEBRATION, CONVERSATION AND MUSIC.

SPACE IS LIMITED. RSVP REQUIRED BY FEBRUARY 17  
TO [SENIORS@LALGBTCENTER.ORG](mailto:SENIORS@LALGBTCENTER.ORG) OR (323) 860-5830

PRODUCED IN COLLABORATION WITH MOCA 50+ AND EBONY SAGE CIRCLE



LOCATION: PRIDE HALL  
ANITA MAY ROSENSTEIN CAMPUS  
1118 N. MCCADDEN AVE.  
FREE PARKING AVAILABLE.