

Patient/Client "Uploading Images" and sending to Provider in FollowMyHealth Patient Portal

<u>Step #1</u>

After the patient/client logs into their FollowMYHealth Patient Portal, click on the <u>"Message"</u> tab to start a message to provider.



<u>Step #2</u>

On the <u>"Message"</u> page, click on the <u>"Compose"</u> tab to start a message.

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<u>Step #3</u>

Choose the Provider that you want to send a message to with an attachment by <u>"Clicking"</u> on that Provider's name and then press <u>"Continue"</u>.

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<u>Step #4</u>

Put a <u>"Subject"</u> in the subject line and a <u>"Message"</u> in the message section. To attach an image (JPG, JPEG and PNG file type ONLY), click on where it says, <u>"Click here to attach a file"</u>. Attached image that is stored on your PC or Mobile device and press <u>"Send"</u>.

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