

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p>2</p> <p>Game Day 10 a.m.–12 p.m. Iyengar Yoga 10:30–11:30 a.m. LBQ Women's Chat 11 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0305) Standup Comedy Workshop 1:30–3:30 p.m. (0320)</p>	<p>3 Qi Gong 10–11 a.m. R&B Line Dancing 11 a.m.–12 p.m. Bereavement Group 1:15 p.m. (0304) Standup Comedy Workshop 1:30–3:30 p.m. (0320) Veterans Pool Tournament 2 p.m. TransC.A.R.E. 2–3 p.m. LGBTech w/ Mom's Computer 2:30 p.m.</p>	<p>4</p> <p>Men's Social Group 10 a.m.–12 p.m. LGBT Veteran's Resilience Group 10 a.m. Chair Yoga 11 a.m.–12 p.m. Beg. Tap Dancing Lessons 1:30 p.m. Ageing Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>5</p> <p>Men's Hike 9:30 a.m. HICAP 10 a.m.–12 p.m. Case Management 10 a.m.–3 p.m. Game Day 12–2 p.m. Men Living with HIV 1:30–3 p.m. Brain Power 1:30–3 p.m. Silkscreen Workshop 3 p.m. (0321)</p>	<p>6</p> <p>Balance & Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. International Women's Day 12 p.m. (0318) Film Fridays 1:30 p.m. Transgender Perceptions 8 p.m.</p>	<p>7 Coping with Grief 10–11:30 a.m. (0323) Still We Rise 10 a.m.–12 p.m. (0320) Brunch & a Movie 11 a.m.–2:30 p.m. (0319) Women's Dinner 3:30 p.m. (0309) One Voice Choir Auditions 5:30 p.m. (0318)</p> <hr/> <p>1/8 Open March 1 for Lease-up Application Assistance 10 a.m. – 2 p.m.</p>
<p>9</p> <p>Game Day 10 a.m.–12 p.m. Iyengar Yoga 10:30–11:30 a.m. Farmers Market 11 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0305) Reading Opens Minds 1:15–2:45 p.m. Standup Comedy Workshop 1:30–3:30 p.m. (0320)</p>	<p>10 Get Out & Bowl 10:30 a.m. Life Connections: TED Talks 10:30 a.m.–12 p.m. R&B Line Dancing 11 a.m.–12 p.m. Movie for Vets 1 p.m. Bereavement Group 1:15 p.m. (0304) Standup Comedy Workshop 1:30–3:30 p.m. (0320) TransC.A.R.E. 2–3 p.m.</p>	<p>11</p> <p>Men's Social Group 10 a.m.–12 p.m. LGBT Veteran's Resilience Group 10 a.m. Men's Support Chat 11 a.m. (0307) Chair Yoga 11 a.m.–12 p.m. Beg. Tap Dancing Lessons 1:30 p.m. Ageing Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>12 Men's Hike 9:30 a.m. Case Management 10 a.m.–3 p.m. Silkscreen Workshop 1 p.m. (0322) Alzheimer's Caregiver Support 10:30 a.m. Housing Supportive Network 10 a.m. LGBTech 12–1:30 p.m. Movie Screening 12–2 p.m. Men Living with HIV 1:30–3 p.m. Origami with Larry 1:30–3:30 p.m.</p>	<p>13</p> <p>Balance & Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. Film Fridays 1:30 p.m. Ebony Sage Circle 1:30–3:30 p.m. (0302) Transgender Perceptions 8 p.m.</p>	<p>14</p> <p>Coping with Grief 10–11:30 a.m. (0323) Still We Rise 10 a.m.–12 p.m. (0320) Juggling Hour 10–11 a.m. Stitch 'n Bitch Club 11–12:30 p.m. Chess 1–4 p.m.</p> <hr/> <p>15</p>
<p>16</p> <p>Game Day 10 a.m.–12 p.m. LBQ Women's Chat 11 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0305) Standup Comedy Workshop 1:30–3:30 p.m. (0320)</p>	<p>17</p> <p>Qi Gong 10–11 a.m. R&B Line Dancing 11 a.m.–12 p.m. Movie for Vets 1 p.m. Bereavement Group 1:15 p.m. (0304) Standup Comedy Workshop 1:30–3:30 p.m. (0320) TransC.A.R.E. 2–3 p.m.</p>	<p>18</p> <p>Men's Social Group 10 a.m.–12 p.m. LGBT Veteran's Resilience Group 10 a.m. Juggling Hour 10–11 a.m. Chair Yoga 11 a.m.–12 p.m. Beg. Tap Dancing Lessons 1:30 p.m. Ageing Mastery Program 2-3:30 p.m. (RSVP Closed)</p>	<p>19 Co-ed Hike 9:30 a.m. Go Metro! 10 a.m. (0311) HICAP 10 a.m.–12 p.m. Go Metro to JANM 10 a.m. (0311) Case Management 10 a.m.–3 p.m. Kundalini Meditation/Yoga 11 a.m. Bingo! 12–2 p.m. Men Living with HIV 1:30–3 p.m. Brain Power 1:30–3 p.m. Neruda 2-4 p.m. Silkscreen Workshop 3 p.m. (0323)</p>	<p>20</p> <p>Balance & Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. Film Fridays 1:30 p.m. Bingo! 2:30–4 p.m. Silkscreen Art Reception 5 p.m. Men's Dinner 6:30 p.m. (0310) Transgender Perceptions 8 p.m.</p>	<p>21 Coping with Grief 10–11:30 a.m. (0323) Still We Rise 10 a.m.–12 p.m. (0320) Free Tax Prep 10 a.m.–2 p.m. (0326) Women's Potluck 12–1:30 p.m. (0301) L50+ Movie 1:30 p.m. MOCA 50+ 2–4 p.m.</p> <hr/> <p>22</p>
<p>23</p> <p>Game Day 10 a.m.–12 p.m. Farmers Market 11 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0305) Reading Opens Minds 1:15–2:45 p.m. Standup Comedy Workshop 1:30–3:30 p.m. (0320)</p>	<p>24</p> <p>Qi Gong 10–11 a.m. R&B Line Dancing 11 a.m.–12 p.m. Bereavement Group 1:15 p.m. (0304) Standup Comedy Workshop 1:30–3:30 p.m. (0320) TransC.A.R.E. 2–3 p.m.</p>	<p>25</p> <p>Men's Social Group 10 a.m.–12 p.m. LGBT Veteran's Resilience Group 10 a.m. Chair Yoga 11 a.m.–12 p.m. Men's Support Chat 11 a.m. (0307) Book Stop 11:30 a.m.–1:30 p.m. Beg. Tap Dancing Lessons 1:30 p.m. Mob Squad 6:30 p.m.</p>	<p>26</p> <p>Men's Hike 9:30 a.m. Case Management 10 a.m.–3 p.m. Housing Supportive Network 10 a.m. Potluck 12–2 p.m. Case Management 12–2 p.m. Men Living with HIV 1:30–3 p.m. Art & Culture 1:30–3:30 p.m. (0317)</p>	<p>27</p> <p>Balance & Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. Film Fridays 1:30 p.m. Transgender Perceptions 8 p.m.</p>	<p>28 Still We Rise 10 a.m. - 12 p.m. (0320) Senior Services CLOSED</p> <hr/> <p>29</p>
<p>30</p> <p>Cesar Chavez Day CENTER CLOSED</p>	<p>31</p> <p>Qi Gong 10–11 a.m. R&B Line Dancing 11 a.m.–12 p.m. Veterans Support Group 1–2 p.m. Bereavement Group 1:15 p.m. (0304) TransC.A.R.E. 2–3 p.m.</p>	<p>Case Management (First-time Clients) • Mon. - Thur. & Sat., 10 a.m.–4 p.m.</p> <p>Lunches now served Mon. - Sat., 12:30–1:30 p.m. at the Senior Center.</p> <p>SENIOR HOUSING LEASE-UP Application Assistance March 1 - March 4</p>			