

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><b>Case Management (First-time Clients)</b> Monday–Thursday, 10 a.m.–4 p.m.</p> <p>Lunch served Mon.-Fri., 12:30–1:30 p.m. at the Senior Center.</p>		<p><b>SENIOR HOUSING LEASE-UP</b> Application assistance available at Senior Center &amp; the Village Weds., February 26 through Weds., March 4</p>			<p>1 Tai Chi 10–11 a.m. Coping with Grief 10–11:30 a.m. (0223) Sound Bowl Therapy 11:15 a.m. Juggling Hour 1–2 p.m.</p>
<p>3 Game Day 10 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0205) V Employment Tips for 50+ 1:30–2:30 p.m.</p>	<p>4 Qi Gong 10–11 a.m. V R&amp;B Line Dancing 11 a.m.–12 p.m. Bereavement Group 1:15 p.m. (Closed) Spirit of Survival 2–4 p.m. (RSVP Closed) T Veterans Pool Tournament 2 p.m. LGBTech w/ Mom's Computer 2:30 p.m.</p>	<p>5 Men's Social Group 10 a.m.–12 p.m. Chair Yoga 11 a.m.–12 p.m. V Beg. Tap Dancing Lessons 1–2 p.m. Aging Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>6 O Men's Hike 9:30 a.m. HICAP 10 a.m. MCC Game Day 12-2 p.m. Men Living with HIV 1:15–3 p.m. Brain Power 1:30- 3 p.m. O Women's Dinner 4 p.m. (0209)</p>	<p>7 Balance &amp; Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. LBQ Women's Chat 1–2 p.m. Film Fridays 1:30 p.m. V Transgender Perceptions 8 p.m.</p>	<p>8 Tai Chi 10–11 a.m. Coping with Grief 10–11:30 a.m. (0223) V Free Tax Prep 10 a.m.–2 p.m. (0226) Sound Bowl Therapy 11:15 a.m. Juggling Hour 1–2 p.m. Performance Practice 12–2 p.m.</p>
<p>10 Game Day 10 a.m.–12 p.m. Farmers Market 11 a.m.–12 p.m. Iyengar Yoga 10:30–11:30 a.m. Senior Writing Group 1–3 p.m. (0205) Reading Opens Minds 1:15–2:45 p.m.</p>	<p>11 O Go Metro to FIDM 10 a.m. (0211) O Get Out &amp; Bowl 10:30 a.m. Life Connections: TED Talks 10:30 a.m. V R&amp;B Line Dancing 11 a.m.–12 p.m. T Movie for Vets 1 p.m. Bereavement Group 1:15 p.m. (Closed) L50+ Movie 1:30 p.m. Spirit of Survival 2–4 p.m. (RSVP Closed)</p>	<p>12 Men's Social Group 10 a.m.–12 p.m. Men's Support Chat 11 a.m. (0207) Chair Yoga 11 a.m.–12 p.m. V Beg. Tap Dancing Lessons 1–2 p.m. Aging Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>13 O Men's Hike 9:30 a.m. O Morning Chat 10–11:30 a.m. (0216) Alzheimer's Caregiver Support 10:30 a.m. Housing Supportive Network 11 a.m. MCC Movie Screening 12–2 p.m. Origami with Larry 1:30–3:30 p.m. Men Living with HIV 1:15–3 p.m.</p>	<p>14 Balance &amp; Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. A Motown Celebration of Love! 12:30–3:30 p.m. Don't Fall for Sweetheart Scams 1:30–2:30 p.m. (0220) V Transgender Perceptions 8 p.m.</p>	<p>15 <b>Senior Services CLOSED</b> V MOCA 50+ 2–4 p.m.</p>
<p>17 <b>President's Day CENTER CLOSED</b></p>	<p>18 Qi Gong 10–11 a.m. V R&amp;B Line Dancing 11 a.m.–12 p.m. Movie for Vets 1 p.m. Bereavement Group 1:15 p.m. (Closed) Spirit of Survival 2–4 p.m. (RSVP Closed)</p>	<p>19 Men's Social Group 10 a.m.–2 p.m. Chair Yoga 11 a.m.–12 p.m. Book Stop 11:30 a.m.–1:30 p.m. V Beg. Tap Dancing Lessons 1–2 p.m. Stitch 'n Bitch Club 2–4 p.m. Aging Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>20 O Co-ed Hike 9:30 a.m. HICAP 10 a.m. MCC Kundalini Meditation/Yoga 11 a.m. MCC LGBTech 12–1:30 p.m. Men Living with HIV 1:15–3 p.m. O Art &amp; Culture 1:30-3:30 p.m. (0217) Brain Power 1:30–3 p.m.</p>	<p>21 Balance &amp; Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. LBQ Women's Chat 1–2 p.m. Film Fridays 1:30 p.m. O Men's Dinner 6:30 p.m. (0210) V Transgender Perceptions 8 p.m.</p>	<p>22 Tai Chi 10–11 a.m. Coping with Grief 10–11:30 a.m. (0223) Sound Bowl Therapy 11:15 a.m. Women's Potluck 12–1:30 p.m. (0201) Bingo! 2–3:30 p.m. V The Future is Black 2–8 p.m.</p>
<p>24 Game Day 10 a.m.–12 p.m. Farmers Market 11 a.m.–12 p.m. Iyengar Yoga 10:30–11:30 a.m. Senior Writing Group 1–3 p.m. (0205) Reading Opens Minds 1:15–2:45 p.m. T Mob Squad 1:30 p.m.</p>	<p>25 Qi Gong 10–11 a.m. V R&amp;B Line Dancing 11 a.m.–12 p.m. Bereavement Group 1:15 p.m. (Closed) Spirit of Survival 2–4 p.m. (RSVP Closed)</p>	<p>26 Opera Talk 10–11 a.m. (0212) Chair Yoga 11 a.m.–12 p.m. V Beg. Tap Dancing Lessons 1–2 p.m. Aging Mastery Program 2–3:30 p.m. (RSVP Closed)</p>	<p>27 O Men's Hike 9:30 a.m. Alzheimer's Caregiver Support 10:30 a.m. Housing Supportive Network 11 a.m. MCC Potluck 12–2 p.m. Men Living with HIV 1:15–3 p.m. Spirit of Survival: The Ancient Art of Mask-making Reception 5 p.m. (0208)</p>	<p>28 Balance &amp; Strengthening 10–11:30 a.m. (0120) Art Lab 10:30 a.m.–12:30 p.m. Film Fridays 1:30 p.m. V Transgender Perceptions 8 p.m.</p>	<p>29 <b>Camp Widow</b> 8 a.m.–9 p.m.</p>