

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	<p>1 <b>R&amp;B Line Dancing</b> 11 a.m.–12 p.m. <b>World AIDS Day Screening</b> 11 a.m.–12:30 p.m. <b>Bereavement</b> 1:15–2:45 p.m. <b>TransC.A.R.E</b> 2–3 p.m.</p>	<p>2 <b>Men’s Social Group</b> 10 a.m.–12 p.m. <b>Chair Yoga</b> 11 a.m.–12 p.m. <b>Veteran’s Support Group</b> 1–2 p.m. <b>Share, Show &amp; Tell</b> 3–4:30 p.m.</p>	<p>3 <b>LBQ Women’s Chat</b> 10–11 a.m. <b>Alzheimer’s Support Group</b> 10:30 a.m.–12 p.m. <b>Belly Dancing</b> 11 a.m.–12 p.m. <b>Brain Power</b> 1–2 p.m. <b>Men Living with HIV</b> 1:30–3 p.m. <b>Housing Supportive Network</b> 3–4 p.m. <b>Community Chat</b> 3:30–4:30 p.m.</p>	<p>4 <b>Balance &amp; Strengthening</b> 10–11:30 a.m. <b>Senior MOB Squad</b> 10:30–11:30 a.m. <b>Benefits Breakdown</b> 1–2 p.m. <b>Managing Your Mental Health</b> 3–4 p.m. <b>Cancer Support Group</b> 3–5 p.m.</p>	<p>5 <b>Tai Chi/Sound Bath</b> 10 a.m.–12 p.m. <b>MasterClass</b> 12–1:30 p.m.</p> <p>6</p>
<p>7 <b>Qi Gong</b> 10–11 a.m. <b>Allies for Racial Justice Open Conversation</b> 11 a.m.–12 p.m. <b>Iyengar Yoga</b> 12–1 p.m. <b>Meditation &amp; Mindfulness</b> 1–2 p.m. <b>Senior Writing Group</b> 1–3 p.m.</p>	<p>8 <b>Employment Tips 50+</b> 10–11 a.m. <b>R&amp;B Line Dancing</b> 11 a.m.–12 p.m. <b>Bereavement</b> 1:15–2:45 p.m. <b>TransC.A.R.E</b> 2–3 p.m. <b>MasterClass</b> 3–4 p.m. <b>LGBTech Mom’s Comp</b> 3–4:30 p.m.</p>	<p>9 <b>Men’s Social Group</b> 10 a.m.–12 p.m. <b>Chair Yoga</b> 11 a.m.–12 p.m. <b>Veteran’s Support Group</b> 1–2 p.m. <b>Beginning Tap Dancing</b> 2–3 p.m. <b>Share, Show &amp; Tell</b> 3–4:30 p.m.</p>	<p>10 <b>LBQ Women’s Chat</b> 10–11 a.m. <b>Sable Talks</b> 11 a.m.–12 p.m. <b>Brain Power</b> 1–2 p.m. <b>Men Living with HIV</b> 1:30–3 p.m. <b>Community Chat</b> 3:30–4:30 p.m.</p>	<p>11 <b>Balance &amp; Strengthening</b> 10–11:30 a.m. <b>Making Gay History</b> 1–2 p.m. <b>Virtual Bingo</b> 2–3 p.m. <b>TransMasc Intergenerational</b> 3–4 p.m. <b>Cancer Support Group</b> 3–5 p.m.</p>	<p>12 <b>Tai Chi/Sound Bath</b> 10 a.m.–12 p.m. <b>Holiday Musicals</b> 12–2 p.m.</p> <p>13</p>
<p>14 <b>Qi Gong</b> 10–11 a.m. <b>Iyengar Yoga</b> 12–1 p.m. <b>Meditation &amp; Mindfulness</b> 1–2 p.m. <b>Senior Writing Group</b> 1–3 p.m. <b>Virtual Holiday Party</b> 3–4 p.m.</p>	<p>15 <b>Medicare &amp; Medi-Cal Updates</b> 10–11 a.m. <b>R&amp;B Line Dancing</b> 11 a.m.–12 p.m. <b>Bereavement</b> 1:15–2:45 p.m. <b>TransC.A.R.E</b> 2–3 p.m. <b>Hook up Culture 101</b> 3–4p.m.</p>	<p>16 <b>Men’s Social Group</b> 10 a.m.–12 p.m. <b>Chair Yoga</b> 11 a.m.–12 p.m. <b>Veteran’s Support Group</b> 1–2 p.m. <b>Beginning Tap Dancing</b> 2–3 p.m. <b>Share, Show &amp; Tell</b> 3–4:30 p.m.</p>	<p>17 <b>LBQ Women’s Chat</b> 10–11 a.m. <b>Alzheimer’s Support Group</b> 10:30 a.m.–12 p.m. <b>Belly Dancing</b> 11 a.m.–12 p.m. <b>Brain Power</b> 1–2 p.m. <b>Men Living with HIV</b> 1:30–3 p.m. <b>Housing Supportive Network</b> 3–4 p.m. <b>Community Chat</b> 3:30–4:30 p.m.</p>	<p>18 <b>Balance &amp; Strengthening</b> 10–11:30 a.m. <b>Ebony Sage Circle</b> 1–2 p.m. <b>Positivity Rocks</b> 2–3 p.m. <b>Cancer Support Group</b> 3–5 p.m.</p>	<p>19 <b>Tai Chi/Sound Bath</b> 10 a.m.–12 p.m. <b>Holiday Musicals</b> 12–2 p.m. <b>MOCA 50+</b> 2–4 p.m.</p> <p>20</p>
<p>21 <b>Qi Gong</b> 10–11 a.m. <b>Allies for Racial Justice Book Club</b> 11 a.m.–12 p.m. <b>Iyengar Yoga</b> 12–1 p.m. <b>Meditation &amp; Mindfulness</b> 1–2 p.m. <b>Senior Writing Group</b> 1–3 p.m. <b>Afternoon at the Met</b> 3–5 p.m.</p>	<p>22 <b>R&amp;B Line Dancing</b> 11 a.m.–12 p.m. <b>Bereavement</b> 1:15–2:45 p.m. <b>TransC.A.R.E</b> 2–3 p.m. <b>LGBTech Mom’s Comp</b> 3–4:30 p.m.</p>	<p>23 <b>Men’s Social Group</b> 10 a.m.–12 p.m. <b>Chair Yoga</b> 11 a.m.–12 p.m. <b>Veteran’s Support Group</b> 1–2 p.m. <b>Beginning Tap Dancing</b> 2–3 p.m. <b>Share, Show &amp; Tell</b> 3–4:30 p.m.</p>	<p>24 <b>LBQ Women’s Chat</b> 10–11 a.m. <b>Sable Talks</b> 11 a.m.–12 p.m. <b>Brain Power</b> 1–2 p.m. <b>Men Living with HIV</b> 1:30–3 p.m. <b>THE CENTER CLOSSES AT 2 P.M.</b></p>	<p>25 <b>HOLIDAY CLOSED</b></p>	<p>26 <b>HOLIDAY CLOSED</b></p> <p>27</p>
<p>28 <b>Qi Gong</b> 10–11 a.m. <b>Iyengar Yoga</b> 12–1 p.m. <b>Meditation &amp; Mindfulness</b> 1–2 p.m. <b>Senior Writing Group</b> 1–3 p.m.</p>	<p>29 <b>R&amp;B Line Dancing</b> 11 a.m.–12 p.m. <b>Bereavement</b> 1:15–2:45 p.m. <b>TransC.A.R.E</b> 2–3 p.m. <b>Surviving a Pandemic</b> 4–5 p.m.</p>	<p>30 <b>Men’s Social Group</b> 10 a.m.–12 p.m. <b>Chair Yoga</b> 11 a.m.–12 p.m. <b>Veteran’s Support Group</b> 1–2 p.m. <b>Beginning Tap Dancing</b> 2–3 p.m. <b>Share, Show &amp; Tell</b> 3–4:30 p.m.</p>	<p>31 <b>LBQ Women’s Chat</b> 10–11 a.m. <b>Brain Power</b> 1–2 p.m. <b>Men Living with HIV</b> 1:30–3 p.m. <b>THE CENTER CLOSSES AT 2 P.M.</b></p>		