

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p>2</p> <p>SENIOR SERVICES CLOSED</p>	<p>3 Qi Gong 10 a.m. Bicycling 101 (Bike Safety) 11–12 p.m. (0928) Crafting with Fred 1–3 p.m. (0902) V R&B Line Dancing 1 p.m. Bereavement 1:15 p.m. (0904) T Veterans Pool Tournament 2 p.m.</p>	<p>4 Men's Social Group 10 a.m. Men's Support Chat 10:30 a.m. (0907) Chair Yoga 11 a.m. T Creative Writing 12:30–1:30 p.m. Sculptural Storytelling 1:30–4 p.m. Juggling Hour 2 p.m.</p>	<p>5 O Men's Hike 9:30 a.m. HICAP 10 a.m. Employment Assistance 10–12 p.m., 1-3 p.m. Mi Walking Club 10 a.m. MCC Game Day 12–2 p.m. MCC Ice Cream Social 12–1:30 p.m. Men Living with HIV 1 p.m. My Service, My Story 2–5 p.m.</p>	<p>6 Healthier Living 10 a.m. (0822) Art Lab 10:30 a.m. Housing Drop-in Assistance 1–4 p.m. Stitch 'n Bitch Club 2:30–4 p.m. Black and White Women's Dance 6–9 p.m. (0925) V Transgender Perceptions 8 p.m.</p>	<p>1/7 Veterans Morning Hike 9 a.m. (0923) Loteria Lunch 12–2 p.m. (0916) Documentary of the Month 2 p.m. Caregiver Training 2–4 p.m. (0818)</p> <hr/> <p>8 Los Angeles Sparks Game: Fan Appreciation Day 2 p.m. (0914)</p>
<p>9 Game Day 10 a.m.–12 p.m. Farmers Market 11 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0905) Reading Opens Minds 1:15 p.m. Employment Tips for 50+ 1:30–2:30 p.m.</p>	<p>10 O Get Out & Bowl 10:30 a.m. (0912) Crafting with Fred 1–3 p.m. (0902) T Movie for Vets 1 p.m. Bereavement 1:15 p.m. (0904) LGBTech w/ Mom's Computer 2:30 p.m.</p>	<p>11 Men's Social Group 10 a.m. Men's Support Chat 10:30 a.m. (0907) Chair Yoga 11 a.m. T Creative Writing 12:30–1:30 p.m. V Beg. Tap Dancing 1 p.m. Sculptural Storytelling 1:30–4 p.m. Juggling Hour 2 p.m.</p>	<p>12 O Men's Hike 9:30 a.m. Alzheimer's Caregiver Support 10:30 a.m. Employment Assistance 10–12 p.m., 1–3 p.m. Housing Supportive Network 11 a.m. MCC Chair Yoga 11:30 a.m. MCC Case Management 12–2 p.m. Men Living with HIV 1 p.m. Brain Power 1 p.m. My Service, My Story 2–5 p.m. O Hollywood Bowl: An American iParis 8 p.m. (0903)</p>	<p>13 Healthier Living 10 a.m. (0822) Art Lab 10:30 a.m. Housing Drop-in Assistance 1–4 p.m. Updating Your Resume, 1–2:30 p.m. (0922) V Movies on Big Screen 1:30 p.m. Karaoke 3–5 p.m. V Transgender Perceptions 8 p.m.</p>	<p>14 Still We Rise 10 a.m. (0917) Photography Workshop 10–12 p.m. (0926) Sound Bowl Therapy 11 a.m. Rusty's Gay Swing & Sway 1 p.m. Women's Support Chat 1–2 p.m. (0906) Caregiver Training 2–4 p.m. (0818)</p> <hr/> <p>15</p>
<p>16 Game Day with Leesa Sleep 11–12:30pm Life Connections 10:30 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0905)</p>	<p>17 Qi Gong 10 a.m. V Country Line Dancing 11 a.m. Crafting with Fred 1–3 p.m. (0902) V R&B Line Dancing 1 p.m. Movie for Vets 1 p.m. Bereavement 1:15 p.m. (0904)</p>	<p>18 Men's Social Group 10 a.m. Men's Support Chat 10:30 a.m. (0907) Chair Yoga 11 a.m. National HIV/AIDS and Aging Awareness Day 12-4:30 p.m. (0924) T Creative Writing 12:30–1:30 p.m. Senior Mobilization Squad 1:30 p.m. Sculptural Storytelling 1:30–4 p.m. Juggling Hour 2 p.m.</p>	<p>19 O Co-ed Hike 9:30 a.m. HICAP 10 a.m. Mi Walking Club 10 a.m. Employment Assistance 10–12 p.m., 1–3 p.m. MCC LGBTech 12–1:30 p.m. MCC Movie Screening 12–2 p.m. Men Living with HIV 1 p.m. Origami with Larry 1 p.m. (0915) My Service, My Story 2–5 p.m.</p>	<p>20 Healthier Living 10 a.m. (0822) Art Lab 10:30 a.m. Culinary Graduation 11:30 a.m. (0920) Ebony Sage Circle 12 p.m. Housing Drop-in Assistance 1–4 p.m. V Transgender Perceptions 8 p.m.</p>	<p>21 Still We Rise 10 a.m. (0917) Ebony Sage Circle 11 a.m.–1 p.m. Women's Support Chat 1–2 p.m. (0906) Caregiver Training 2–4 p.m. (0818) MOCA 50+ 4–6 p.m.</p> <hr/> <p>22</p>
<p>23 Game Day 10 a.m.–12 p.m. Farmers Market 11 a.m.–12 p.m. Reading Opens Minds 1:15 p.m. Senior Writing Group 1–3 p.m. (0905)</p>	<p>24 Qi Gong 10 a.m. V Country Line Dancing 11 a.m. Crafting w/ Fred 1–3 p.m. (0902) V R&B Line Dancing 1 p.m. Bereavement 1:15 p.m. (0904) LGBT Veteran Connections 2 p.m. V Stop Senior Scams 1:30 p.m. (0918)</p>	<p>25 Men's Social Group 10 a.m. Men's Support Chat 10:30 a.m. (0907) Chair Yoga 11 a.m. Book Stop 11:30 a.m.–1:30 p.m.. T Creative Writing 12:30–1:30 p.m. V Beg. Tap Dancing 1 p.m. Sculptural Storytelling 1:30–4 p.m. Juggling Hour 2 p.m. O A Bunch of Old Lesbians Walk Into a Bar 8 p.m.</p>	<p>26 O Men's Hike 9:30 a.m. Alzheimer's Caregiver Support 10:30 a.m. Employment Assistance 10–12 p.m., 1–3 p.m. Housing Supportive Network 11 a.m. MCC Potluck 12–2 p.m. Mi Game Day 12–2 p.m. Brain Power 1 p.m. Men Living with HIV 1 p.m. My Service, My Story 2–5 p.m.</p>	<p>27 Healthier Living 10 a.m. (0822) Art Lab 10:30 a.m. Housing Drop-in Assistance 1–4 p.m. Link Up w/ LinkedIn 1-2:30 p.m. (0913) Bingo! 1–3 p.m. V Movies on Big Screen 1:30 p.m. Karaoke 3–5 p.m. V Transgender Perceptions 8 p.m.</p>	<p>28 Still We Rise 10 a.m. (0917) Veteran Stand Down 10 a.m.–3 p.m. (0900) Women's Potluck 12 p.m. (0901) Women's Circle 1:30 p.m. (0919) Caregiver Training 2–4 p.m. (0818)</p> <hr/> <p>29</p>
<p>30 Game Day 10 a.m.–12 p.m. Senior Writing Group 1–3 p.m. (0905) O Men's Dinner 6:30 p.m. (0910)</p>	<p>Case Management (First-time Clients) Monday–Thursday, 10 a.m.–4 p.m.</p>				
<p>Lunch served Mon.-Fri., 12:30–1:30 p.m. at the Senior Center.</p>					