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RSVP/Message Line: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lalgbtcenter.org
Senior Services strives to create a safe, welcoming, and respectful community where lesbian, gay, bisexual, and transgender people in their 50s, 60s, 70s, 80s, 90s, and beyond can come together to learn, connect, build friendships, gain support, and thrive!

Anita May Rosenstein Campus
1118 N. McCadden Pl.
Los Angeles, CA 90038
RSVP/Message Line
323-860-5830
Toll Free
877-688-4833
seniors@lalgbtcenter.org
lalgbtcenter.org
facebook.com/50pluslgbt

GO GREEN
Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to “Go Green.”

LETTER FROM KIERA

Spring has sprung, and we couldn’t be more excited about our new campus! If you haven’t visited the new Harry and Jeannette Weinberg Foundation Senior Center, please do! Not only is the space brand new and beautiful, but we are also expanding programming to include Saturdays starting in June. On Saturday, June 1, 2019 we’ll be hosting our first Pride Open House featuring a documentary and conversation about the Stonewall riots. This will be followed with an art reception for Aaron Jay Young, the photographer whose portraits currently hang in our new Senior Center. Please see the calendar and newsletter for details.

June also marks two significant additions to our programs. Starting on June 17th, daily lunches will be served at the Senior Center Monday through Friday. All meals are prepared by our onsite culinary arts program in Lu’s Kitchen, right next door to the Senior Center. Our culinary arts programs are truly intergenerational, and all food is prepared and served by our students. The food will be delicious and nutritious. I am also extremely happy to announce we have been awarded a grant under the National Endowment for the Arts (NEA). This is a first for Senior Services. NEA will help support many of our creative arts programs and allow us to expand more programming throughout the year. We couldn’t be happier as so many creative people walk through our doors!

And of course, please join us for Senior Prom titled Pretty in Pink: Totally 80’s Prom, on Saturday, June 29th

Sincerely,
Kiera Pollock, M.S.W.,
Director of Senior Services

SENORS HELPING SENIORS 323-860-5830 • PARKING INFO LINE: 323-860-7397
New RSVP Policy

You may RSVP for events if you are age 50+ and registered as a participant. We are updating our registration and RSVP process for our new Senior Center to better meet the needs of older adults in the age of technology. New participants can contact our RSVP line for more information or register as a member online at seniors.lalgbtcenter.org.

Once you register as a member, you will be able to RSVP for events and case management through the portal. For help setting up an RSVP account or email address, we offer monthly LGBTech classes at the Senior Center and MCC Church in North Hollywood.

For those who cannot access the portal, we will still accept RSVPs through our traditional RSVP/Message Line. If calling or emailing our RSVP line, please provide your full name, event name, event date, and event number. You may only RSVP for yourself and a caregiver, if applicable. Please include the caregiver’s name with your RSVP.

All events allow early RSVP, unless otherwise noted.

You will be notified via email or, if you do not have email, through phone call, if waitlisted and to receive updates about any changes or cancellations.

Note: If you haven’t previously received an email regarding your log-in ID and password, before requesting another one, please check your Spam folder in your email.

Your patience is greatly appreciated as we gradually transition Senior Services activities and events from the Village to the new state-of-the-art activity rooms and technology at the Harry & Jeanette Weinberg Senior Center.

RSVP/Message Line: 323-860-5830 seniors@lalgbtcenter.org

Toll Free: 877-688-4833
Senior Services Newsletter • June 2019

This special fund is available on a limited basis for registered participants. If you need financial assistance to attend a Senior Services activity requiring a fee, please call us at 323-860-5830. All requests are completely confidential. We are always accepting donations to the Seniors Helping Seniors Fund!

Please contact us if you would like to donate.

Seniors helping Seniors

Check-in Kiosks

Check-in kiosks will be available on each floor of the Anita May Rosenstein Campus Senior Center. For security purposes, all participants will be required to check in with their ID Card at the Kiosk upon arrival and verify any activities or case management appointments you RSVP to attend. If you forget your ID Card, you will be able to sign into the Kiosk with your user ID and password. In future months, these Kiosks will be available at Triangle Square, MCC and MiCentro. Staff and volunteers will be available to assist you, as we all learn to use this new technology.

Seniors helping Seniors

Special Accommodations

If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us through our new online RSVP website or via RSVP/Message Line at least 10 days in advance at 323-860-5830. We will do our best to accommodate!

Senior Services ID Cards

Pick up your new Senior Services ID Card at the Weinberg Foundation Senior Center. Please call or email our RSVP/Message Line if you would like to pick it up at an alternate location: Triangle Square, MCC, or MiCentro. If your registration is not up-to-date or we do not have a photo of you, you will need to update this information through the new online RSVP website or in person at the Senior Center to receive your ID Card.
The newsletter is readily available online and posted on our bulletin board. To stop receiving the newsletter by mail, please contact seniors@lalgbtcenter.org or 323-860-5830 and request to "Go Green."
EVERYONE

ART LAB
FRIDAYS, 10:30 A.M.

Get creative... drawing, painting, sculpture, color, and more! Art Lab is a fun way to learn new skills and techniques while also expressing yourself. Participate in a guided art lesson by our new facilitator, Josephine Gildersleeve, or bring your own project from home. All skill levels welcome!

BEGINNING TAP DANCING LESSONS
WED., JUNE 5, 12:30 P.M.
WED., JUNE 19, 12:30 P.M.

The Village at Ed Gould Plaza

Learn the fundamentals of tap dancing with Lauren! Tap is one of the greatest feel-good dances you can enjoy. It’s fun to learn and fun to practice. All skill levels welcome.

BINGO!
FRI., JUNE 21, 1 P.M.

Calling all Bingo lovers for our monthly game of Bingo! Prizes for the winners. Refreshments provided.

BRAIN POWER
THURS., JUNE 6, 1 P.M.
THURS., JUNE 20, 1 P.M.

For Martin Duberman, our major LGBTQ historian, the death of his mother was just the beginning of a twelve-year period of despair, addiction, and the New York hustler scene. Join us for an Outloud Reading of his new book, The Rest of It – the previously untold narrative of the life of this major figure in queer studies and activism.

CHAIR YOGA
WEDNESDAYS, 11 A.M.

Challenge your body and brain with Lucero as you explore ancient Eastern techniques to improve your memory and health.

COUNTRY LINE DANCING WITH MATTHEW
TUES., JUNE 18, 11 A.M.
TUES., JUNE 25, 11 A.M.

Come single or with a partner for this toe-tapping class that’s great movement experience. Beginners welcome! Wear comfortable shoes; boots not required.

EBONY SAGE CIRCLE
FRI., JUNE 21, 12 P.M.

Open to all Black-identified participants, this group aims to promote self-awareness, quality of life, learning, and unity of the Black voice in the LGBT community of Los Angeles, especially at the Center. We want to share our lives and experiences with all under the rainbow.

FARMERS MARKET
TUES., JUNE 11, 2 – 3 P.M.
TUES., JUNE 25, 2 – 3 P.M.

Fresh produce from a
### Weekday Lunches

**Monday - Friday 12:30 P.M.**

**SC** Harry & Jeanette Weinberg Senior Center

Starting Monday, June 17, we will be serving a delicious lunch provided by the chefs and students of the Culinary Arts Training Program. Free for all registered participants.

### Saturday Case Management

(First-Time Clients)

**SC** Harry & Jeanette Weinberg Senior Center

Starting in June, Social Services will be open between 10 A.M. – 4 P.M. for drop-in case management assistance. Appointments are first come-first served basis and are subject to the availability of the staff for the day.

Due to our upcoming Pride month events, Saturday case management will only be available on the following days:

- **June 8** • 10 A.M. – 4 P.M.
- **June 15** • 10 A.M. – 4 P.M.
- **June 22** • 10 A.M. – 4 P.M.

### Housing Drop In Assistance

**Hours:** Fridays 1 P.M. – 4 P.M.

**SC** Harry & Jeanette Weinberg Senior Center

Senior clients seeking assistance with housing can drop in on Friday afternoons for individualized help. A LIMITED number of drop-in appointments will be made available.

**Hours:** Fridays 1 P.M. – 4 P.M.

**SC** Harry & Jeanette Weinberg Senior Center

Senior clients seeking assistance with housing can drop in on Friday afternoons for individualized help. A LIMITED number of drop-in appointments will be made available.
local farmers market provided. Please bring your own bag. First come, first served. Pick up at our new location at the Harry & Weinberg Senior Center!

FIELD TRIP TO SKIRBALL CULTURAL CENTER

TUES., JUNE 11, 9 A.M. – 4:30 P.M.
EVENT 0613
RSVP REQUIRED

Sign up for a full day of learning and the arts! Learn about Advanced Healthcare Directives from Bet Tzedek legal experts, followed by lunch. Next, in honor of Pride month, you will receive a special viewing of the Rudi Gernreich exhibit Fearless Fashion. An out gay man in the 1950s, Gernreich used his avant-garde fashion designs as a social statement for sexual freedom. Finally, you are invited to watch the documentary film The Gospel According to Andre about the life of gay black fashion editor Andre Leon Talley.

Itinerary:
9 a.m.: Bus arrives at Harry & Jeanette Weinberg Senior Center
9:30 a.m.: Bus stops at Triangle Square; Departs to Skirball
10:30 a.m.: Arrive at Skirball
10:45 a.m.: Bet Tzedek presentation - Advanced Healthcare Directives
11:30 a.m.: Lunch
12 p.m.: Fearless Fashion - Rudi Gernreich Exhibit
1:30 p.m.: The Gospel

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11:30 a.m.: Lunch
12 p.m.: Fearless Fashion - Rudi Gernreich Exhibit
1:30 p.m.: The Gospel

According to Andre documentary
3:30 p.m.: Departure from Skirball
Limited seating, 2 ADA compliant seats. First-come, first-served.

"GENERATIONS" ART EXHIBIT

SAT., JUNE 1, 4-6PM

Join us for a reception honoring the noted Los Angeles photographer and artist Aaron Jay Young and his exquisite photographs currently on exhibit at the Harry & Jeanette Weinberg Senior Center. The exhibit, entitled “Generations,” brings to life the vision behind the building of the Anita May Rosenstein Campus. His portraits bring to life the determination and beauty of his subjects, which embody the collective wisdom and strength of the LGBT community.

GET OUT & BOWL

TUES., JUNE 11, 10:30 A.M. – 12:30 P.M.
EVENT 0612
RSVP REQUIRED

Join us for bowling fun at Pickwick Bowling
Pickwick Bowling: 921 W. Riverside Dr., Burbank, 91506. Ramp available for those with limited mobility. Lane and shoe rental is $5.50 for both. Seniors Helping Seniors available upon request.

GO METRO TO HEARTS OF COURAGE!

SUN., JUNE 2, 2 P.M.
EVENT 0611
RSVP REQUIRED

V The Village at Ed Gould Plaza

Take the Metro to a free community concert to celebrate Pride month with VOX Femina and Trans Chorus LA! Meet Mimi at The Village at 2 p.m. Take the Metro bus line 704 or 4 westbound to La Brea. Walk 1 block north on La Brea to Congregation Kol Ami at Lexington. Concert starts at 3 p.m.

HICAP (HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM)

THURS., JUNE 6, 10 A.M.
THURS., JUNE 20, 10 A.M.
RSVP REQUIRED

There’s a lot to know about Medicare and now there’s

Did you know... ?


Starting June 1, seniors and people with disabilities who receive Supplemental Security Income (SSI)/State Supplementary Payment (SSP) will be allowed to receive CalFresh benefits.

Applications can be submitted at getcalfresh.org from anywhere across the state.

- SSI/SSP benefits will NOT be reduced as a result of this change. The change simply means that someone is allowed to receive both SSI and CalFresh at the same time.
- Many SSI recipients will need to affirmatively apply Senior (60+) for CalFresh.
- Households where some members already receive CalFresh may qualify for a new state-funded nutrition benefit in addition to or instead of the CalFresh benefit.
DEFENDING YOU–THE BASICS OF SELF DEFENSE
SATURDAY, JUNE 1, 12 – 2 P.M.
V The Village at Ed Gould Plaza

It’s an exciting time for the trans and GNC communities, but added visibility means we must always remain aware and vigilant. Learn techniques to protect yourself from threats and also how to defuse potentially dangerous situations before they occur. There will be physical work in this class, so make sure to wear comfortable clothes and shoes and bring a water bottle.

REDEFINING MASCULINITIES
TUESDAY, JUNE 18, 7 P.M.
V The Village at Ed Gould Plaza

In this thoughtful, monthly workshop, through discussion and exchange of ideas, you will explore what it is to present/live/play with masculinities and as a masculine person. You will explore what masculinities are authentic for you and how they relate with the world around us, and even some coping mechanisms for all the other times. This discussion group is for all people and identities. All work is done in a safe and non-judgmental environment.

TRANSGENDER PERCEPTIONS
FRIDAYS, 8 P.M.
V The Village at Ed Gould Plaza

Questioning your gender identity can be a lonely process and if you’re in the process of living your true gender, you likely have many questions. This social group will provide a safe space to share your experiences.

TRANS PRIDE L.A.
FRIDAY, JUNE 14, 7:30 P.M.
SATURDAY, JUNE 15, 12 P.M.
V The Village at Ed Gould Plaza

Trans Pride L.A. is a vibrant weekend event full of food, fun, community building, and outreach celebrating the resiliency and strength of our community. The entire weekend is offered completely free to the public.

REGISTER AND RSVP AT TRANSLOUNGE.ORG
help to make sense of it all. Meet with a HICAP counselor to get answers to all your questions. RSVP with Sandy Risdon at 800-824-0780 ext. 3006.

**JUGGLING HOUR**
**WEDNESDAYS, 2 P.M.**

Studies have shown that learning to juggle can improve concentration, increase dexterity, and even reduce stress. Whether you are an experienced juggler or a total beginner, come exercise your brain and body by learning new patterns! No prior experience necessary.

**L.A. PRIDE PARADE**
**SUN., JUNE 9, 11 A.M. – 2 P.M.**

Santa Monica Boulevard in West Hollywood
(Between Fairfax and Doheny)

The annual L.A. Pride Parade returns to Santa Monica Boulevard in West Hollywood. This is one of the highlight events of L.A. Pride Week and definitely should not be missed! Be sure to arrive early to get a great spot along the parade route. The Los Angeles LGBT Center will lead the parade as the 2019 Organizational Grand Marshal in recognition of the 50th Anniversary.

**LGBTECH WITH MOM’S COMPUTER**
**TUES., JUNE 4, 2:30 P.M.**

All questions answered! From computers to cell phones to tablets, bring your tech devices and questions. No broken devices, please. You can also drop by to sign up for your very own online RSVP account – no need to bring anything but yourself.

**LIFE CONNECTIONS 21+ MEETS 50+**
**MON., JUNE 17, 10:30 A.M.**

Meet with Center volunteers for meaningful conversations across generations.

**ORIGAMI WITH LARRY**
**THURS., JUNE 20, 1 P.M.**
**EVENT 0615**
**RSVP REQUIRED**

In this monthly class, Larry teaches how to create origami boxes and other useful items. Make origami out of dollar bills–great for leaving tips–and even make origami towels and napkins! We will supply all materials. Great for manual dexterity, logic, and lots of fun!

**PRETTY IN PINK–A TOTALLY 80s PROM**
**SAT., JUNE 29, 6 – 10 P.M.**
**EVENT 0600**
**RSVP REQUIRED**

The Los Angeles LGBT Center will host a totally 80s prom. Pretty in pink–dress up in your 80s best and enjoy the event! RSVP required.

Now is your chance to
let all those 80s fashions come out of the closet for this totally bitchin’ dance! Don’t miss this once in a lifetime opportunity to dance with somebody all night long dressed pretty in pink or like a virgin. Free parking. Raffle prizes. Cash bar. Photo booth. RSVP by June 21 and include entree choice. Entree options: Lemon Grass Chicken; Grilled Salmon with Citrus Sauce or Salmon with Sauce on the Side; Vegetable Kebobs (Vegan/Vegetarian). Suggested Donation $5-$10.

PRIDE OPEN HOUSE: A STONEWALL CONVERSATION
SAT., JUNE 1, 12 – 4 P.M.

Watch the acclaimed PBS documentary American Experience: Stonewall Uprising (81 mins.) followed by a discussion about the Stonewall Riots. Share your Stonewall stories and experiences to be recorded and submitted to the Library of Congress as part of StoryCorp’s new Stonewall Outloud campaign.
QI GONG
TUES., JUNE 4, 10 A.M.
TUES., JUNE 18, 10 A.M.
TUES., JUNE 25, 10 A.M.

Learn how to coordinate movement, posture, breathing, and meditation to cultivate your “life energy” from our fabulous Qi Gong instructor Alexis!

R&B LINE DANCING
TUES., JUNE 4, 1 P.M.
TUES., JUNE 18, 1 P.M.
TUES., JUNE 25, 1 P.M.
Triangle Square

Come and shake your groove thang with instructor E Talley! R&B line dancing is a great way to learn some new moves and dance to songs that you love. All levels welcome. Join us!

READING OPENS MINDS
MON., JUNE 3, 1:15 P.M.
MON., JUNE 17, 1:15 P.M.

Share your love of reading with others! Engaging books chosen for discussion revolve around life-skills, personal perceptions, and existential questions.

RUSTY’S GAY SWING & SWAY
SAT., JUNE 8, 1 P.M.

FREE Co-ed Ballroom dance lesson. Learn Waltz, Fox Trot, Swing, and Cha-Cha, PLUS Texas Two Step! Beginners welcome! Please no rubber soled shoes. Partner not necessary.

STANDUP COMEDY WORKSHOP
MONDAYS,
JUNE 3, 10, 17, 24,
JULY 1, 8,
3 – 5 P.M.
FINAL PERFORMANCE:
WED., JULY 10, 7 – 9 P.M.
EVENT 0618
RSVP REQUIRED

In this six-week workshop with Caitlin Durante, students will learn the basics of standup comedy and how to perform a short set. The course will cover: crafting original jokes; telling a funny story; finding your voice; performing and delivery; and more!

Caitlin Durante is a Los Angeles-based writer, comedian, and storyteller, performing standup comedy for nine years. She has been featured on Funny or Die and the Women in Comedy Festival, to name a few. Caitlin is the creator and host of many live comedy shows at the Nerdist Showroom at Meltdown Comics in Hollywood, including Luck of the Draw and the Special Occasionally Show. She is also creator and co-host of the comedy podcast The Benchel Cast, a discussion of the portrayal of women in film, one movie at a time.

STITCH ‘N BITCH CLUB
FRI., JUNE 14, 1 – 3 P.M.

Learn how to crochet, bring your own sewing projects, or come for the juicy conversation! No prior experience necessary. Yarn and crochet hooks provided.

MCC CHURCH CASE MANAGEMENT
THURS., JUNE 13, 12 – 2 P.M.
MCC Church, 5730 Cahuenga Blvd., North Hollywood 91601

Meet with a case manag-
er to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First come, first served.

COASTER MAKING ART WORKSHOP
THURS., JUNE 6, 12 P.M.
MCC MCC Church,
5730 Cahuenga Blvd.,
North Hollywood
91601

Handmade coasters are great for home décor or a lovely gift for someone else. Join Volunteer Action for Aging to learn how to make a coaster set out of tiles, fabric, and glue.

GAME DAY
THURS., JUNE 6, 12 P.M.
MCC MCC Church,
5730 Cahuenga Blvd.,
North Hollywood
91601

Play fun games at MCC Church with some of the Center’s volunteers!

LGBTECH WITH MOM’S COMPUTER
THURS., JUNE 13, 12:30 P.M.
MCC MCC Church,
5730 Cahuenga Blvd.,
North Hollywood
91601

All questions answered! From computers to cell phones and tablets, bring your tech devices and questions. No broken devices, please. You can also drop by to sign up for your very own online RSVP account—no need to bring anything but yourself.

MOVIE SCREENING
THURS., JUNE 20, 12 P.M.

Join us for this month’s screening of Boy Erased (2018; 115 mins.). The son of a Baptist preacher is forced to participate in a church-supported gay conversion program after being forcibly outed to his parents.

POTLUCK
THURS., JUNE 27, 12 P.M.
MCC MCC Church,
5730 Cahuenga Blvd.,
North Hollywood
91601

Join us for our monthly potluck at MCC! We'll provide the main dish, please bring a side dish to share.

MI CENTRO
Located in Boyle Heights, Mi Centro is a partnership between the Center and Latino Equality Alliance located at 553 S. Clarence St., Los Angeles, 90033. Nearby street parking is available and it’s just a 15-minute walk from the Mariachi Plaza and Pico/Aliso Gold Line stations; one block from Metro bus lines at 4th and Boyle streets.
WALKING CLUB
THURS., JUNE 6, 10 A.M.
THURS., JUNE 20, 10 A.M.
Hollenbeck Park
(415 S St Louis St, Los Angeles, 90033)

Walking with friends is a great way to get exercise and socialize! Meet near the playground at Hollenbeck Park. Let’s take a walk around the park, followed by some cool down stretches.

GAME DAY
THURS., JUNE 27, 10 – 12 P.M.
Mi Centro
Let’s have some fun playing board games and card games!

CASE MANAGEMENT
THURS., JUNE 27, 12 – 2 P.M.
Mi Centro

Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First come, first served.

Still we Rise
SATURDAYS, MAY 4 THROUGH JUNE 29
10 A.M. – 12 P.M.
EVENT 0517; RSVP REQUIRED

Join us for this writing workshop for women!

This series will explore issues of social justice, sexual identity, language, and the lesbian experience.

On Saturday, June 1, Still We Rise will meet at the Los Angeles County Museum of Art (LACMA). The class will start with gallery activities, including slow looking, group discussion, and a writing prompt with the exhibition *Eleanor Antin: Time’s Arrow*. Then the class will move to a private space to write and share their work. Tickets to LACMA and parking are free.

June 1 class is held at LACMA. June 8, 15, and 22 classes will be held at the Harry & Jeanette Weinberg Senior Center. Class will be held at the Village on June 29.
MOVIE AND COFFEE CLUB

THURS., JUNE 13, 1 P.M.
Mi Centro

Join us for hot coffee and a movie! Enjoy good conversation about what’s on your mind and current events. Stay for our screening of the film, To Wong Foo, Thanks for Everything (1995; 109 mins.) about three drag queens who travel cross-country until their car breaks down, leaving them stranded in a small town.

MI CENTRO

Ubicada en Boyle Heights, Mi Centro es una asociación entre el Centro de Lesbianas, Gays, Bisexuales y Transgéneros de Los Angeles y Alianza Latinia por la Igualdad ubicado en 553 S. Clarence St., Los Angeles, 90033. A solo 15 minutos a pie de las estaciones Mariachi Plaza y Pico / Aliso de la Línea Oro del Metro; A una cuadra de las líneas de autobús que bajan en las calles 4th y Boyle.

CLUB DE CAMINAR

JUEVES, 6 DE JUNIO, 10 A.M.
JUEVES, 20 DE JUNIO, 10 A.M.
Parque Hollenbeck
(415 S St Louis St, Los Angeles, 90033)

¡Caminar con amigos es una excelente manera de hacer ejercicio y socializar! Se reúnan cerca del parque infantil en Hollenbeck Park. Darán un paseo por el parque, seguido de algunos estiramientos.

DÍA DE JUEGO

JUEVES, 27 DE JUNIO, 10 – 12 P.M.

Examen de VIH
CADA MARTES, 3 – 7 P.M.
Mi Centro

¡Vamos a divertirnos jugando juegos de mesa y de cartas!

MANEJO DE CASOS

JUEVES, 27 DE JUNIO, 12 – 2 P.M.
Mi Centro

Reúnsese con un administrador de casos para conocer los valiosos programas y servicios disponibles para usted como persona mayor LGBT, que incluye vivienda, empleo, medicina, salud mental, asistencia legal, asistencia social y más. No es necesario hacer cita.

CLUB DE PELÍCULA Y CAFÉ

JUEVES, 13 DE JUNIO, 1 P.M.
Mi Centro

¡Únese con nosotros para un café caliente y una película! Disfruta de una buena conversación sobre lo que usted tiene en mente y los eventos actuales. Quédese para nuestra proyección de la película, A Wong Foo, Gracias Por Todo (1995; 109 minutos), sobre unas tres drag queens que via-
FOCUS ON: MEN

MEN’S HIKE

THURSDAYS, 9:30 A.M.

Meet at the corner of Fern Dell Drive and Black Oak Drive, 200 ft. North of Los Feliz Boulevard. Parking available along Fern Dell Dr. Wear comfortable shoes; bring water and a snack. Hike is co-ed every third Thursday.

MEN’S DINNER

MON., JUNE 24, 6:30 P.M.

Meet with friends new and familiar for this monthly dinner around town!

MEN’S SOCIAL GROUP

WEDNESDAYS, 10 A.M.

Formerly called “Men’s Support.” Join us to meet new friends and share stories every week. Open to all self-identifying men.

MEN’S SUPPORT CHAT

WEDNESDAYS,

10:30 – 11:30 A.M.

EVENT 0607

RSVP REQUIRED;

NO DROP-INS

Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying men. For more information or if you are new to the group, please call 323-860-7307. No drop-ins.

MOCA 50+

SAT., JUNE 15, 4 – 6 P.M.

Men of color 50 years old and beyond, in cultural solidarity, gather to support each other for gracious living in the face of economic challenges, racism, ageism, homophobia, and health issues. Facilitators: Clarence R. Williams, David Hunter, and Lamar Rucker.
FOCUS ON: WOMEN

DYKE DAY LA
SAT, JUNE 8, 12 – 6 P.M.
Montecillo De Leo Politi Park (at Scott Road & Academy Road, 90012)

Join this annual free event in the park to unify the diverse dyke, trans, non-binary, and queer communities and allies.

Please note: This event is not hosted by Senior Services.

DYKE MARCH
FRI., JUNE 7, 6 – 8 P.M.
WeHo Cares
8300 Santa Monica Blvd, 90069

Join Senior Services & the Center’s Los Angeles Women’s Network for a 6 p.m. gathering for music and protest sign making, a 7 p.m. rally, and a 7:45 p.m. march led by the Nasty Women’s Drum Circle.

WOMEN’S POTLUCK & CIRCLE
SAT., JUNE 22, 12 P.M.
EVENT 0601
RSVP REQUIRED

You are invited to our monthly women’s potluck and women’s circle! Bring a side dish or dessert to share. Stay for the women’s circle at 1:30 p.m. guided by trained facilitator Sofia Rose Smith.

This month’s Circle topic: Connection + Community. Who are we connected to in our lives? What can we ask of them? What can we give them? We’ll begin our Women’s Circle with a guided meditation, and then be invited to speak and listen from our hearts, and share in each other’s stories.

WOMEN’S SUPPORT CHAT
MONDAYS, 3 – 4 P.M.
EVENT 0606
RSVP REQUIRED; NO DROP-INS
Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying women. For more information or if you are new to the group, please call 323-860-7307. No drop-ins.

FOCUS ON: HIV+

HIV+ MEN’S SUPPORT GROUP
THURSDAYS, 1 P.M.

Come to meet new friends. Share your stories and experiences of living with HIV. For the last Thursday of the month, lunch will be provided at 12:30 p.m.

LUNCH FOR THOSE LIVING WITH HIV
THURS., JUNE 27, 12:30 P.M.
EVENT 0608
RSVP REQUIRED

Share your stories of living, surviving, and thriving. Lunch provided; $2 donation requested. You are welcome to stay for the weekly HIV+ Men’s Support Group right after lunch.

FOCUS ON: VETERANS

CAL VET PRIDE
THURSDAY, JUNE 13, 10 A.M. – 2 P.M.
EVENT 0614
RSVP REQUIRED

The Village at Ed Gould Plaza

On June 13, 2019 the CalVet Minority Division–California Department of Veteran Affairs is hosting the first CalVet LGBTQ Veterans Inclusion Forum at the Los Angeles LGBT Center. The CalVet LGBTQ Inclusion Event will bring together Veterans and the LGBTQ Community, State and Federal Agencies, Nonprofits, and FREE Local Resource Agencies to share in Veteran Benefits. The event is open to all who served and supporters.

LGBT VETERAN CONNECTIONS: STORIES OF SERVICE
TUES., JUNE 25, 2 P.M.

Open to all veterans and

EMPLOYMENT ASSISTANCE AND PLANNING
THURSDAYS, 10 A.M. – 12 P.M., 1 – 3 P.M.

Meet with our Senior Services Employment Coordinator for assistance with job searches, resume writing, interview skills, and completing applications! Get up-to-date information on development workshops, open positions, and job fairs. Please bring a copy of your resume, if available. For appointments, please call (323) 860-5830 and state that you would like to schedule an appointment with the Employment Coordinator.

Harry & Jeanette Weinberg Senior Center
active servicemembers. Come to connect with other veterans and share experiences.

**MOVIE FOR VETS**

**TUES., JUNE 11, 1 P.M.**  
Triangle Square

**TUES., JUNE 18, 1 P.M.**

Join us for *Burning Blue* (2013; 104 mins.) about a close-knit squadron of Navy pilots who are the focus of a criminal investigation, and a forbidden affair that is exposed!

**VETERANS POOL TOURNAMENT**

**TUES., JUNE 4, 2 P.M.**  
Triangle Square

Enjoy a competitive pool tournament with your Veteran friends. Non-Veteran allies are also invited. Shoot some pool and have some fun!

**VETERANS SUPPORT GROUP**

**TUES., JUNE 25, 1 P.M.**

Support for LGBT military veterans in a safe and welcoming space.

**FOCUS ON: SOCIAL SERVICES**

**ALZHEIMER’S AND RELATED DEMENTIA CAREGIVER SUPPORT GROUP**

**THURS., JUNE 13, 10:30 A.M.**

**THURS., JUNE 27, 10:30 A.M.**

RSVP REQUIRED

Join the Alzheimer’s Association LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. It will help you develop a support system, exchange practical information, talk
through challenges, share feelings, and learn about resources. Before attending, please call 323-486-6632 to confirm meeting date and time.

**BEREAVEMENT GROUP**

**TUESDAYS, 1:15 P.M.**
**EVENT 0604**
**RSVP REQUIRED; NO DROP-INS**

If you are experiencing pain from the loss of a loved one, partner, family, friend, or pet, please consider joining this weekly group in partnership with Tranquil Care Hospice. For more information or if you are new to the group, please call 323-860-7307. No drop-ins.

**CASE MANAGEMENT (FIRST-TIME CLIENTS)**

**MONDAY – THURSDAY, 10 A.M. – 4 P.M.**

New clients only. Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior including: housing, employment, medical, mental health, legal, social support, and more! A LIMITED number of appointments will be available daily. Appointments are subject to the availability of the case management staff for the day.

**HIV TESTING**

**WEEKDAYS, 11 A.M. – 7 P.M.**

Free testing on a walk-in basis.

**HOUSING SUPPORTIVE NETWORK**

**2ND & 4TH THURSDAYS 11 A.M. – 12 P.M.**

A social support group for LGBT seniors with housing issues. Come for community and housing resources specifically for LGBT seniors.

**REST IN PEACE**

**A DEAR FRIEND OF SENIOR SERVICES**

Que Mars

(September 13, 1957 – April 21, 2019)
Pretty in Pink
A Totally 80s Prom

Saturday June 29
6-10 P.M. Event 0600

RSVP by June 21 and include entree choice
323-860-5830 or seniors@lalgbtcenter.org

Pickwick Gardens
Royal Crest Room
1001 W. Riverside Dr.
Burbank, CA 91506

Doors open at 5 p.m.
Dinner served at 6 p.m.

Entree Options
• Lemon Grass Chicken
• Grilled Salmon with Citrus Sauce
• Vegetable Ravioli (Vegetarian)
• Vegan/Gluten-free Option on request

Free Parking
Raffle Prizes
Cash Bar
Suggested Donation
$5 to $10