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Senior Services strives to create a safe, welcoming, and respectful community where lesbian, gay, bisexual, and transgender people in their 50s, 60s, 70s, 80s, 90s, and beyond can come together to learn, connect, build friendships, gain support, and thrive!

The Village
at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038
RSVP/Message Line
323-860-5830
Toll Free
877-688-4833
seniors@lalgbtcenter.org
lalgbtcenter.org
facebook.com/50pluslgbt

GO GREEN
Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lalgbtcenter.org requesting to “Go Green.”

LETTER FROM KIERA

The Center has been planning the new Anita May Rosenstein Intergenerational Campus for more than a decade! This month, we will open the new Campus that includes a new, two-floor Senior Center that provides you with the opportunity to connect with each other, broaden community, and create new connections through expanded programming. I hope that many of you will join us for the grand opening and ribbon cutting on April 7 at 11 a.m. to share this proud moment with our entire community! The Senior Housing portion of the campus is estimated to open in March 2020. Formal applications for the new housing will not be available until approximately six months before the new housing opens. Those who have asked to be a part of our housing interest list will be sent emails notifying you when applications are available. Over the course of the year we will host some additional information meetings to provide more information on the housing lease up and answer questions. Plans are still being set for the date of our program’s actual move into the new Senior Center. For up to date information on when programs will begin in the new space, please continue to check your email and our Facebook page. The staff and I look forward to welcoming each of you to the new Senior Center. See you at the Grand Opening on April 7!

Sincerely,
Kiera Pollock, M.S.W.,
Director of Senior Services

Senior Services thanks Albertsons Company Foundation for a $2,500 grant in support of senior hunger relief! This funding supports meals at Triangle Square and The Village as well as our food pantry programs.
How to RSVP

You may RSVP for events if you are age 50+ and registered as a participant. To become a registered participant, contact our RSVP line for more information and registration form.

Call or email RSVP line on or after the 1st of the month, at least 2 business days before an event. Early RSVPs are allowed for select events noted in the calendar.

Provide your full name, event name, event date, and event number. You may only RSVP for yourself and a caregiver, if applicable. Please include the caregiver’s name with your RSVP.

Requests for special accommodations or Seniors Helping Seniors must be received 10 days in advance of event.

You will be notified if confirmed or waitlisted and will receive updates about any changes or cancellations.

RSVP/Message Line: 323-860-5830
seniors@lalgbtcenter.org

Toll Free: 877-688-4833

This special fund is available on a limited basis for registered participants. If you need financial assistance to attend a Senior Services activity requiring a fee, please call us at 323-860-5830.

All requests are completely confidential.

We are always accepting donations to the Seniors Helping Seniors Fund! Please contact us if you would like to donate.

If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us at least 10 days in advance at 323-860-5830. We will do our best to accommodate!
**STAFF**

<table>
<thead>
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</tr>
</tbody>
</table>

**LOCATIONS**

- **T** Triangle Square 1602 Ivar Ave.
- **M** McDonald/Wright 1625 N. Schrader Blvd.
- **H** Highland Annex 1220 N. Highland Ave.
- **V** The Village at Ed Gould Plaza 1125 N. McCadden Place
- **W** Center WeHo 8745 Santa Monica Blvd.
- **Mi** MiCentro 553 S. Clarence St.
- **O** Other locations Please check listing
- **MCC** MCC Church 5730 Cahuenga Blvd., North Hollywood

**GO GREEN!**

HELP US SAVE THE TREES.
The newsletter is readily available online and posted on our bulletin board. To stop receiving the newsletter by mail, please contact seniors@lalgbtcenter.org or 323-860-5830 and request to "Go Green."

**PARKING AT THE VILLAGE AT ED GOULD PLAZA**

Please allow extra time to find street parking or consider public transportation or a ride share service. Public transportation is available to The Village via Metro Red Line to Hollywood/Highland Station and via Bus Lines 4, 237, and 704.
Join Us!

Grand Opening Community Celebration
Anita May Rosenstein Campus

Sunday, April 7
11 a.m. – 5 p.m. • 12 p.m. Ribbon Cutting
Tours • Entertainment • Refreshments

Updates and RSVP at lalgbtcenter.org/opening

Los Angeles LGBT Center
Anita May Rosenstein Campus
1118 N. McCadden Place
Los Angeles, CA 90038

Street parking, where available. Strongly encouraged to use public transportation or a ride share service.
EVERYONE

ART LAB
FRIDAYS, 10:30 A.M.
DROP-IN
The Village at
Ed Gould Plaza

Get creative... drawing, painting, sculpture, color, and more! Art Lab is a fun way to learn new skills and techniques while also expressing yourself. Participate in a guided art lesson by our new facilitator, Josephine Gildersleeve, or bring your own project from home.

Note: No class on April 5.

BEGINNING TAP DANCING LESSONS
WED., APRIL 17, 12:30 P.M.
WED., APRIL 24, 12:30 P.M.
DROP-IN
The Village at
Ed Gould Plaza

Learn the fundamentals of tap dancing with Lauren! Tap is one of the greatest feel-good dances you can enjoy. It’s fun to learn and fun to practice. All skill levels welcome.

SIGN UP!

BALANCE & STRENGTHENING
FRIDAYS, 4/12, 4/26, 5/10, 5/24, 6/14, 6/21,
10–12 P.M.
EVENT 0413
RSVP REQUIRED
The Village at
Ed Gould Plaza

Sign up for this 6-session course with Body Economics founder, Marco Beghin. Learn to find balance and core strength in yourself. Access your natural upward energy while experiencing mindfulness in daily tasks such as walking, standing, sitting, and lying down. Learn to rely on support, breathing and equilibrium to move with a sense of freedom, fluidity and confidence.

At the end of the program, participants will be able to apply basic principles on how the body-brain works, including:

• Upright balance & tone
• Integrated alertness & coordination
• Sensory body awareness
• Clarity in thinking & focus
• Harmonious breathing
• Strength & inner confidence

A one-hour long group session is followed by individual sessions in which students work one-on-one with the instructor. Space is limited. Each session builds skills progressively and attendance to all classes is highly recommended.

SIGN UP!
**BINGO!**

**FRI., APRIL 26, 1 P.M. DROP-IN**

The Village at Ed Gould Plaza

Calling all Bingo lovers for our monthly game of Bingo! Prizes for the winners. Refreshments provided.

**BRAIN POWER**

**THURS., APRIL 4, 1 P.M. DROP-IN**

The Village at Ed Gould Plaza

Join us for a screening of David Carter’s celebrated documentary *Stonewall Uprising* based on his book *Stonewall: The Riots that Sparked the Gay Revolution.*

**CHAIR YOGA**

**WEDNESDAYS, 11 A.M. DROP-IN**

The Village at Ed Gould Plaza

Challenge your body and brain with Lucero as you explore ancient Eastern techniques to improve your memory and health.

**COUNTRY LINE DANCING WITH MATTHEW**

**TUES., APRIL 23, 11 A.M. TUES., APRIL 30, 11 A.M. DROP-IN**

The Village at Ed Gould Plaza

Come single or with a partner for this toe-tapping class that’s great movement experience. Beginners welcome! Wear comfortable shoes; boots not required.

**EBONY SAGE CIRCLE**

**FRI., APRIL 19, 12 P.M. DROP-IN**

The Village at Ed Gould Plaza

Open to all Black-identified participants, this group aims to promote self-awareness, quality of life, learning, and unity of the Black voice in the LGBT community of Los Angeles, especially at the Center. We want to share Negro Baseball Leagues Presentation 2019.
our lives and experiences with all under the rainbow.

**FARMERS MARKET**

**TUES., APRIL 9, 2–3 P.M.**
**TUES., APRIL 23, 2–3 P.M.**
**DROP-IN**

The Village at Ed Gould Plaza

Fresh produce from a local farmers market provided. Please bring your own bag. First come, first served.

**GET OUT & BOWL**

**TUES., APRIL 9, 10:30 A.M.–12:30 P.M.**
**EVENT 0412**
**RSVP REQUIRED**

Pickwick Bowling
921 W. Riverside Dr., Burbank 91506

Join us for bowling fun at Pickwick Bowling: 921 W. Riverside Dr. Burbank, 91506. Ramp available for those with limited mobility. Lane and shoe rental is $5.50 for both. Seniors Helping Seniors available upon request.

**GO METRO TO FIDM!**

**SAT., APRIL 6, 10:30 A.M.–1:30 P.M.**
**EVENT 0411**
**RSVP REQUIRED**

FIDM Museum
919 S. Grand Ave., Los Angeles, 90015

Meet Mimi at the FIDM Museum for the 27th annual costume design exhibition that has become a tradition for LA locals and movie lovers alike. The exhibit will feature costumes from a variety of film genres, including Academy Award nominees!

**HICAP (HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM)**

**THURS., APRIL 4, 10 A.M.**
**THURS., APRIL 18, 10 A.M.**
**RSVP REQUIRED**

The Village at Ed Gould Plaza

There’s a lot to know about Medicare and now there’s help to make sense of it all. Meet with a HICAP counselor to get answers to all your questions. RSVP with Sandy Risdon at 800-824-0780 ext. 3006.

**JUGGLING HOUR**

**WED., APRIL 3, 2 P.M.**
**WED., APRIL 10, 2 P.M.**
**DROP-IN**

The Village at Ed Gould Plaza

Studies have shown that
learning to juggle can improve concentration, increase dexterity, and even reduce stress. Whether you are an experienced juggler or a total beginner, come exercise your brain and body by learning new patterns! No prior experience necessary.

**LA QUEER HISTORY: BABY, YOU ARE MY RELIGION**

TUES., APRIL 2, 5:15 P.M. DROP-IN
 Triangle Square

Attend a panel discussion with Triangle Square residents, Dr. Marie Cartier, and CSUN students about the history of queer culture and the bar scene which was a means of building community. *Baby, You Are My Religion* argues that American butch-femme bar culture of the mid-20th century should be interpreted as a sacred space for its community prior to Stonewall. Dr. Cartier will discuss her book while LGBT seniors will recall their early bar experiences.

---

Do you take care of your partner, friends, neighbors, or family?
We can help!

**Wednesdays, April 17–May 29**
1–3 p.m.

**EVENT 0403**
RSVP REQUIRED
V The Village at Ed Gould Plaza

Our new, free, 7-session Caregiver Training will help you with:

- Caring for yourself while caring for others
- Communication and decision-making strategies
- Understanding the ways in which memory loss, Alzheimer’s and/or related dementia impact caregiving
- Connecting with other people who are caregiving and creating a network of support
- Identifying resources that can help you and the person you support
<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
<th>Location</th>
<th>Description</th>
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<tbody>
<tr>
<td>Feminine Form: Posture, Gesture &amp; Attitude Thru Belly Dance</td>
<td>Saturday, April 13, 12–1:30 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>This exciting, body-moving course will explore feminine posture, gesture and movement through belly dancing.</td>
</tr>
<tr>
<td>Name &amp; Gender Change Clinic</td>
<td>Tuesday, April 16, 7–9 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>The Trans* Lounge and UCLA's Let's Go Liberation present this name &amp; gender change clinic. Come in with a valid form of ID and we will help you complete your name &amp; gender change packet so it is ready to submit to the courts.</td>
</tr>
<tr>
<td>Redefining Masculinities</td>
<td>Tuesday, April 16, 7–8:30 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>This monthly discussion group is for all people and identities, who want to actively redefine and explore the possibilities of what it can and should mean to be masculine in this world. We encourage all participants to bring topics, questions, and issues of your own to share and explore!</td>
</tr>
<tr>
<td>Transgender Perceptions</td>
<td>Fridays, 8 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>Questioning your gender identity can be a lonely process and if you’re in the process of living your true gender, you likely have many questions. This social group will provide a safe space to share your experience.</td>
</tr>
<tr>
<td>Trans* Spectrum</td>
<td>Tuesday, April 2, 7–8:30 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>A monthly group for trans and non-binary folks who are on the neurodiverse spectrum.</td>
</tr>
<tr>
<td>True Voice (Feminine Edition)</td>
<td>Saturday, April 6, 12-3:30 P.M.</td>
<td>The Village at Ed Gould Plaza</td>
<td>True Voice is a vocal development program, designed specifically for individuals in the trans &amp; non-binary community, that utilizes vocal music technique to safely and conscientiously develop aspects of your given instrument to achieve the voice that aligns with your self-identified gender. This session is for trans feminine folks only!</td>
</tr>
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</table>

Register and RSVP at [TransLounge.org](https://www.translounge.org)
**LGBTECH WITH MOM’S COMPUTER**

**TUES., APRIL 2, 2:30 P.M.**
**DROP-IN**

**V** The Village at Ed Gould Plaza

All questions answered! From computers to cell phones to tablets, bring your tech devices and questions. No broken devices, please.

---

**LIFE CONNECTIONS 21+ MEETS 50+**

**WEDS., APRIL 17, 2 P.M.**
**DROP-IN**

**V** The Village at Ed Gould Plaza

Meet with Center volunteers for meaningful conversations across generations.

---

**ONE VOICE SPRING CONCERT**

**WED., APRIL 24, 6:30 P.M.**
**DROP-IN**

**T** Triangle Square

Join the One Voice Choir for their Spring Concert! This season they will be focusing on Broadway music from the 30s through 80s. Come sing along!

---

**ORIGAMI WITH LARRY**

**THURS., APRIL 18, 1 P.M.**
**EVENT 0414**
**RSVP REQUIRED**

**V** The Village at Ed Gould Plaza

In this monthly class, Larry teaches how to create origami boxes and other useful items. Make origami out of dollar bills—great for leaving tips—and event make origami towels and napkins! We will supply all materials. Great for manual dexterity, logic, and lots of fun!

---

**PASSOVER SEDER**

**TUE., APRIL 23, 6 P.M.**
**EVENT 0415**
**RSVP REQUIRED**

**T** Triangle Square

Come celebrate Passover with our friends from Congregation Kol Ami. Rabbi Max will sing with his guitar and tell us all about the beautiful history of this important holiday. RSVP Required. Limited seating is available.

---

**QI GONG**

**TUES., APRIL 2, 10 A.M.**
**TUES., APRIL 23, 10 A.M.**
**TUES., APRIL 30, 10 A.M.**
**DROP-IN**

**V** The Village at Ed Gould Plaza

Learn how to coordinate movement, posture, breathing and meditation to cultivate your “life energy” from our fabulous Qi Gong instructor Alexis!
FRIDAY, APRIL 12, 1:30 P.M.

*Up* (2009; 96 mins.)
Seventy-eight-year-old Carl flies away on an unbelievable adventure with Russell, an 8-year-old, unexpectedly in tow.

FRIDAY, APRIL 19, 1:30 P.M.

*Pina* (2011; 103 mins.)
A tribute to the late German choreographer, Pina Bausch, as her dancers perform her most famous creations.

FRIDAY, APRIL 26, 1:30 P.M.

*The Boys in the Band* (1970; 119 mins.)
An insightful look into gay male culture in Manhattan in the late ‘60s.

DROP-IN • The Village at Ed Gould Plaza
**R&B LINE DANCING**

**TUES., APRIL 2, 1 P.M.**  
**TUES., APRIL 23, 1 P.M.**  
**TUES., APRIL 30, 1 P.M.**  
**DROP-IN**  
**Triangle Square**

Come and shake your groove thang with Instructor, E Talley! R&B line dancing is a great way to learn some new moves and dance to songs that you love. All levels welcome. Join us!

**READING OPENS MINDS**

**MON., APRIL 8, 1:15 P.M.**  
**MON., APRIL 22, 1:15 P.M.**  
**DROP-IN**  
**The Village at Ed Gould Plaza**

Share your love of reading with others! Engaging books chosen for discussion revolve around life-skills, personal perceptions, and existential questions.

**RUSTY’S GAY SWING & SWAY**

**SAT., APRIL 13, 1 P.M.**  
**DROP-IN**  
**Triangle Square**

FREE Co-ed Ballroom dance lesson. Learn Waltz,

**MI CENTRO FOCUS GROUP**

**THURS., APRIL 25, 10 A.M.-12 P.M.**  
**EVENT 0416**  
**RSVP REQUIRED**  
**Mi Centro**

Are you a Boyle Heights community member? Do you live in downtown or on the eastside of L.A. County? What types of activities and programs do you want to see at the Mi Centro location? We want to hear from you! Please join us for a continental breakfast and discussion about LGBT Senior Services.

¿Es usted un miembro de la comunidad de Boyle Heights? ¿Vive en el centro de la ciudad o la parte este del condado de Los Angeles? Qué tipo de actividades y programas desea ver en la ubicación de Mi Centro? ¡Queremos oir su opinión! Por favor únese a nosotros por un desayuno y una discusión sobre los Servicios para Gente Mayor de 50+ LGBT.
Fox Trot, Swing and Cha-Cha, PLUS Texas Two Step! Beginners welcome! Please no rubber soled shoes. Partner not necessary.

**STITCH ‘N BITCH CLUB**

THURS., APRIL 4, 10 A.M.–12 P.M. DROP-IN

**Mi Centro**

Learn how to crochet, bring your own sewing projects, or come for the juicy conversation! Spanish speakers welcome. No prior experience necessary. Yarn and crochet hooks provided.

**TRANS Q&A WITH GINA**

TUES., APRIL 16, 12–1 P.M. DROP-IN

**The Village at Ed Gould Plaza**

Do you have questions or curiosity about trans issues, but don’t know who to ask? Meet with Gina to ask questions and receive answers in a non-judgmental environment.

---

Still we Rise

SATURDAYS, MAY 4 THROUGH JUNE 29

10 A.M. – 12 P.M.

EVENT 0517; RSVP REQUIRED

**The Village at Ed Gould Plaza**

Join us for this writing workshop for women!

- Excavate and ignite your stories
- Create and share in a community of acceptance
- Connect with your sense of self, identity, and purpose
- Explore your personal, political and spiritual power
- Experience inspiring music and excerpts
- Learn the practice of contemplative writing to generate new material

This series will explore issues of social justice, sexual identity, language, and the lesbian experience.

About the Instructor

Alicia Vogl Saenz is a poet, meditator, and arts educator who brings her queer and mixed immigrant background to her writing and teaching. Her work has appeared in journals and anthologies such as *Grand Street, Blue Mesa Review, Mischief, Caprice, and Other Poetic Strategies* (Red Hen Press), and she is the author of the chapbook *The Day I Wore the Red Coat* (VCP Press, 2001). Alicia has performed her poetry throughout Los Angeles, most recently as part of the community celebrations of The Secret City. She is a member of Macondo Writers Workshop, the Lezarati Writer’s Group, and has been in residence at Hedgebrook, a retreat for women writers. She also brings her passion for breadmaking, cooking, and craftivism (especially knitting) to her writing. Her blog *Translucent Matter* can be found at aliciabird.me
Open to all participants. Refreshments will be provided.

**THURSDAYS AT MCC CHURCH**

**CASE MANAGEMENT**

**THURS., APRIL 11, 12–2 P.M. DROP-IN**

MCC Church,  
5730 Cahuenga Blvd.,  
North Hollywood  
91601

Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First come, first served.

**GAME DAY**

**THURS., APRIL 4, 12 P.M. DROP-IN**

MCC Church,  
5730 Cahuenga Blvd.,  
North Hollywood  
91601

Play fun games at MCC Church with some of the Center’s volunteers!

**LGBTECH WITH MOM’S COMPUTER**

**THURS., APRIL 11, 12 P.M. DROP-IN**

MCC Church,  
5730 Cahuenga Blvd.,  
North Hollywood  
91601

All questions answered! From computers to cell phones and tablets, bring your tech devices and questions. No broken devices, please.

**MOVIE SCREENING**

**THURS., APRIL 18, 12 P.M. DROP-IN**

MCC Church,  
5730 Cahuenga Blvd.,  
North Hollywood  
91601

Don’t miss the blockbuster hit *Crazy Rich Asians* (2018; 121 mins.)! Native New Yorker Rachel accompanies her longtime
boyfriend Nick to meet his family in Singapore – and Nick neglected to mention a few key details about his life as an heir to one of the country’s wealthiest families.

**POTLUCK**

**THURS., APRIL 25, 12 P.M. DROP-IN**

MCC MCC Church, 5730 Cahuenga Blvd., North Hollywood 91601

Join us for our monthly potluck at MCC! We’ll provide the main dish, please bring a side dish to share.

**CASE MANAGEMENT**

**THURS., APRIL 25, 12–2 P.M. DROP-IN**

Mi Centro

Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First come, first served.

**MOVIE AND COFFEE CLUB**

**THURS., APRIL 11, 1 P.M. DROP-IN**

Mi Centro

Join us for hot coffee and a movie! Enjoy good conversation about what’s on your mind and current events. Stay for our screening of the film, *I Shot Andy Warhol* (1996; 103 mins.) about the shooting of pop-art icon Andy Warhol by a deranged Valerie Solanas after he ignored the screenplay she wrote.

**STITCH ‘N BITCH CLUB**

**THURS., APRIL 25, 2-4 P.M. DROP-IN**

Mi Centro

Learn how to crochet, bring your own projects, or
come for the juicy conversation! Spanish speakers welcome. No prior experience necessary. Yarn and crochet hooks provided.

FOCUS ON: MEN

MEN’S HIKE
THURSDAYS, 9:30 A.M.
DROP-IN
Griffith Park

Meet at the corner of Fern Dell Drive and Black Oak Drive, 200 ft. North of Los Feliz Blvd. Parking available along Fern Dell Dr. Wear comfortable shoes; bring water and a snack. **Hike is co-ed every third Thursday.**

MEN’S DINNER
MON., APRIL 29, 6:30 P.M.
EVENT 0410
RSVP REQUIRED
Ivanhoe (formerly Home)
2500 Riverside Dr., Los Angeles, 90039

Meet with friends new and familiar for this monthly dinner around town!

MEN’S SOCIAL GROUP
WEDNESDAYS, 10 A.M.
DROP-IN
The Village at
Ed Gould Plaza

Men of Color 50 years old and beyond, in cultural solidarity, gather to support each other for gracious living in the face of economic challenges, racism, ageism, homophobia, and health issues. Facilitators: Clarence R. Williams, David Hunter, and Lamar Rucker.

EMPLOYMENT ASSISTANCE AND PLANNING
THURSDAYS, 10 A.M.–12 P.M., 1–3 P.M.
The Village at
Ed Gould Plaza

Meet with our Senior Services Employment Coordinator for assistance with: job searches, resume writing, interview skills, and completing applications! Get up-to-date information on development workshops, open positions, and job fairs. Please bring a copy of your resume, if available. For appointments, please call (323) 860-5830 and state that you would like to schedule an appointment with the Employment Coordinator.

Ed Gould Plaza

“Men’s Drop-in Support.” Join us to meet new friends and share stories every week. Open to all self-identifying men.

MEN’S SUPPORT CHAT
WEDNESDAYS,
10:30–11:30 A.M.
EVENT 0407
RSVP REQUIRED; NO DROP-INS
The Village at
Ed Gould Plaza

Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying men. For more information or if you are new to the group, please call 323-860-7307. No Drop-ins allowed.

MOCA 50+
SAT., APRIL 20, 4–6 P.M.
DROP-IN
The Village at
Ed Gould Plaza

Men of Color 50 years old and beyond, in cultural solidarity, gather to support each other for gracious living in the face of economic challenges, racism, ageism, homophobia, and health issues. Facilitators: Clarence R. Williams, David Hunter, and Lamar Rucker.
FOCUS ON: WOMEN

PERFORMANCE PRACTICE

FRI., APRIL 26, 6 P.M.  DROP-IN  V  The Village at Ed Gould Plaza

Practice becoming more comfortable sharing your art in front of others. The first half of the class will be devoted to “present” practices of focus and concentration. The second half will be for individual performance time of prepared pieces. Music, poetry, teachings, etc.

WOMEN’S CIRCLE & POTLUCK

SUN., APRIL 14, 10 A.M.  EVENT 0401  RSVP REQUIRED

V  The Village at Ed Gould Plaza

Join us for a Women’s Circle to learn the process of Council and talk about our commonalities as women. Guided by a trained facilitator, Sofia Rose Smith, Council is an age-old practice which allows us to speak and listen from the heart, honor the rich stories of our lives, and connect deeply to ourselves and each other. We’ll enjoy a potluck together afterwards. Bring a side dish or dessert to share.

WOMEN’S SUPPORT CHAT

MONDAYS, 3–4 P.M.  EVENT 0406  RSVP REQUIRED; NO DROP-INS  V  The Village at Ed Gould Plaza

Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying women. For more information or if you are new to the group, please call 323-860-7307. No Drop-ins allowed.
FOCUS ON: HIV+

HIV+ MEN’S SUPPORT GROUP
THURSDAYS, 1 P.M.
DROP-IN
The Village at 
Ed Gould Plaza

Come to the Village to meet new friends. Share your stories and experiences of living with HIV. For the last Thursday of the month, lunch will be provided at 12:30 p.m.

FOCUS ON: VETERANS

LGBT VETERAN CONNECTIONS: STORIES OF SERVICE
TUES., APRIL 30, 2 P.M.
DROP-IN
The Village at 
Ed Gould Plaza

Open to all veterans and active servicemembers. Come to connect with other veterans and share experiences.

FOCUS ON: HIV+

LUNCH FOR THOSE LIVING WITH HIV
THURS., APRIL 25,
12:30 P.M.
EVENT 0408
RSVP REQUIRED
The Village at 
Ed Gould Plaza

Share your stories of living, surviving, and thriving. Lunch provided; $2 donation requested. You are welcome to stay for the weekly HIV+ Men’s Support Group right after lunch.

FOCUS ON: HIV+

BRAIN POWER: DR. SHARON RAFAEL
THURS., APRIL 11, 1 P.M.
DROP-IN
The Village at 
Ed Gould Plaza

You are invited to a special presentation featuring Dr. Sharon Raphael, an out lesbian gerontologist and professor. A renowned researcher of ageism and “lesbophobia,” Dr. Raphael is also a key member of Old Lesbians Organizing for Change and cofounder of the first LGBT synagogue in Los Angeles. She is featured on the Harvey Milk Promenade Wall of Honor in Long Beach. She will have copies of her upcoming book, Coming Out: The Emergence of the Movement Lesbian.
VETERAN STAND DOWN
SATURDAY, APRIL 27, 10 A.M.–3 P.M.
EVENT 0400
RSVP REQUIRED
The Village at Ed Gould Plaza

You are invited to our bi-annual Veterans resource fair! Open to all active service members and veterans. Services provided include: benefits enrollment, VA Health System, VASH/housing, legal services, medical, mental health services.

MOVIE FOR VETS
TUES., APR 9, 1 P.M.
DROP-IN
Triangle Square

Join us for A Marine Story (2010; 93 mins.) about a decorated Marine who returns from war and is recruited to help a troubled teen prepare for boot camp.

VETERANS POOL TOURNAMENT
TUES., APRIL 2, 2 P.M.
DROP-IN
Triangle Square

Enjoy a competitive pool tournament with your Veteran friends. Non-Veteran allies are also invited. Shoot some pool and have some fun!

VETERANS SUPPORT GROUP
TUES., APRIL 30, 1 P.M.
DROP-IN
The Village at Ed Gould Plaza

Support for LGBT military veterans in a safe and welcoming space.

FOCUS ON: SOCIAL SERVICES

ALZHEIMER’S AND RELATED DEMENTIA CAREGIVER SUPPORT GROUP
THURS., APRIL 11, 10:30 A.M.
THURS., APRIL 25, 10:30 A.M.
RSVP REQUIRED
The Village at Ed Gould Plaza

Join the Alzheimer’s Association LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. It will help you develop a support system, exchange practical information, talk
through challenges, share feelings, and learn about resources. Before attending, please call 323-486-6632 to confirm meeting date and time.

BEREAVEMENT GROUP

TUESDAYS, 1:15 P.M.
EVENT 0404
RSVP REQUIRED;
NO DROP-INS

If you are experiencing pain from the loss of a loved one, partner, family, friend, or pet, please consider joining this weekly group in partnership with Tranquil Care Hospice. For more information or if you are new to the group, please call 323-860-7307. No Drop-ins allowed.

CASE MANAGEMENT (FIRST-TIME CLIENTS)

MONDAY-THURSDAY, 10 A.M.–4 P.M.
DROP-IN

New clients only. Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior including: housing, employment, medical, mental health, legal, social support, and more! A LIMITED number of drop-in appointments will be available daily. Appointments are subject to the availability of the case management staff for the day.

HIV TESTING

WEEKDAYS,
11 A.M.–7 P.M.

M McDonald/Wright Building
1625 N. Schrader Blvd., Los Angeles, 90028

W Center-WeHo
8745 Santa Monica Blvd., West Hollywood, 90069

Free testing on a walk-in basis.

HOUSING SUPPORTIVE NETWORK

THURS., APRIL 11, 11 A.M.
THURS., APRIL 25, 11 A.M.
DROP-IN

HSN is now meeting twice each month. Get assistance with searching for housing and additional information about Section 8 and other housing specifically for LGBT seniors.
THE LOS ANGELES LGBT CENTER INVITES YOU TO ATTEND OUR

VETERAN STAND DOWN
OPEN TO ALL ACTIVE SERVICE MEMBERS AND VETERANS

SATURDAY, APRIL 27, 2019
10 a.m. — 3 p.m.

SERVICES PROVIDED INCLUDE:
Benefits enrollment, VA Health System,
VASH/Housing, Legal services,
Medical, Mental Health

Los Angeles LGBT Center
The Village at Ed Gould Plaza
1125 N. McCadden Place
Los Angeles, CA 90038

RSVP:
seniors@lalgbtcenter.org
323-860-5830
Event #0400

VA U.S. Department of Veterans Affairs