

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
|---|---|--|--|---|---|
| 2 | 3 Qi Gong 10 a.m. Bereavement Group 1:15 p.m. (0704) Veterans Pool Tournament 2 p.m. | 4 CLOSED for Independence Day | 5 Senior Services Offices CLOSED Men's Hike 9:30 a.m. Game Day 12 p.m. | 6 Art Lab 10:30 a.m. Lunch for Everyone 12 p.m. (0720) Performance Practice 6 p.m. Perceptions 8 p.m. | 7 July 1 July 8 |
| 9 Lunch for Those Living with HIV 12:30 p.m. (0708) Movie for Those Living with HIV 1 p.m. | 10 Qi Gong 10 a.m. Get Out & Bowl 10:30 a.m. (0728) Bereavement Group 1:15 p.m. (0704) Movie for Vets 1 p.m. Email Set-up with Mom's Computer 2 p.m. Food Bank 2-3 p.m. Reducing the Risk of Dementia 3 p.m. (0720) | 11 Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Case Management 10 a.m. – 12 p.m., 1 p.m. – 3 p.m. Brain Power 1 p.m. (0701) Documentary of the Month 1 p.m. | 12 Men's Hike 9:30 a.m. Juggling Hour 10 a.m. Alzheimer's Caregiver Support 10:30 a.m. (0724) Beginning Tap Dancing Lessons 11 a.m. (0706) Housing Supportive Network 11 a.m. HIV+ Men's Support 1 p.m. Coffee Club 1 p.m. Movie Club 2 p.m. | 13 Art Lab 10:30 a.m. Women's Movie 1 p.m. Performance Practice 6 p.m. Perceptions 8 p.m. | 14 Rusty's Gay Swing & Sway 1 p.m. (0723) 15 Go Metro to the Lotus Festival 11 a.m. (0732) |
| 16 | 17 Country Line Dancing 11 a.m. (0711) Movie for Vets 1 p.m. Bereavement Group 1:15 p.m. (0704) | 18 Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Case Management 10 a.m. – 12 p.m., 1 p.m. – 3 p.m. Bette Davis for Everyone 1 p.m. Memories in the Making 2 p.m. (0721) Life Connections 21+ Meets 50+ 3 p.m. (0729) | 19 Co-ed Hike 9:30 a.m. Juggling Hour 10 a.m. HICAP 10 a.m. Email Set-up 12 p.m. Movie Screening 12 p.m. HIV+ Men's Support 1 p.m. Origami with Larry 1-3 p.m. (0712) | 20 Art Lab 10:30 a.m. Performance Practice 6 p.m. Perceptions 8 p.m. | 21 Still We Rise 10 a.m.-1 p.m. (0719) Shea 50+ 2 p.m.-4 p.m. 22 |
| 23 | 24 Qi Gong 10 a.m. Pageant of the Masters Field Trip 12:30 p.m. (0700) Veterans Support Group 1 p.m. Bereavement Group 1:15 p.m. (0704) LGBT Veteran Connections 2 p.m. (0707) Food Bank 2-3 p.m. | 25 Men's Drop-in Support 10 a.m. Chair Yoga 11 a.m. Case Management 10 a.m. – 12 p.m., 1 p.m. – 3 p.m. Brain Power 1 p.m. (0701) Movie for Everyone 1 p.m. My Life is Poetry Workshop 3 p.m. (0709) | 26 Men's Hike 9:30 a.m. Juggling Hour 10 a.m. Alzheimer's Caregiver Support 10:30 a.m. (0724) Beginning Tap Dancing Lessons 11 a.m. (0706) Pot Luck 12 p.m. Coffee Chat with Tripp 12 p.m. HIV+ Men's Support 1 p.m. Coffee Club 1 p.m. | 27 Art Lab 10:30 a.m. Bingo! 1 p.m. (0705) Performance Practice 6 p.m. Perceptions 8 p.m. | 28 29 |
| 30 Men's Movie 1 p.m. Standup Comedy Workshop 3-5 p.m. (0726) Men's Dinner 6:30 p.m. (0716) | 31 Qi Gong 10 a.m. Healthy Aging 10:30 a.m. (0703) Country Line Dancing 11 a.m. (0711) Broadway to Hollywood 1 p.m. Bereavement Group 1:15 p.m. (0704) | 1 | 2 | 3 | 4 |