EVERYONE
General Activities  Page 5

FOCUS ON: WOMEN
Women's programing  Page 15

THURSDAYS AT MCC CHURCH
At MCC Church in North Hollywood  Page 12

FOCUS ON: HIV+
For those living with HIV  Page 17

THURSDAYS AT MI CENTRO
At Boyle Heights location  Page 14

FOCUS ON: VETERANS
Programming for military veterans  Page 18

FOCUS ON: MEN
Men's programming  Page 14

FOCUS ON: SOCIAL SERVICES
Safety net services  Page 18

RSVP/Message Line: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lalgbtcenter.org
2018 is coming to an end. This has been a year of transition for our department, as we look toward the opening of the new campus at the end of the first quarter of 2019. Change is propelling us forward. This year we saw tremendous growth in terms of expanded programs and marketing, allowing us to reach a program of more than 5700 registered seniors and more than 30,000 services provided by a small but dedicated staff. Each of us has enjoyed spending time with you all this year, hearing your suggestions and diligently planning and implementing new workshops and dances to expand community connections. If we haven’t seen you this year, we hope to see you in 2019, as we make a historic leap with the new Anita May Rosenstein campus opening. The Senior Housing will be opening in the first quarter of 2020. Senior Services staff and I wish you all Happy Holidays and a healthy 2019.

Sincerely,
Kiera Pollock, M.S.W.
Director of Senior Services

How to RSVP to an event

Only registered participants may RSVP for activities. We do not accept registrations by one participant for another participant. Caregivers are welcome to accompany registered participants. We encourage non-registered guests who are 50+ to become registered participants. Contact our office for a registration form or for more information.

RSVPs must be made on or after the 1st of the month, at least 2 business days before an event, or by the RSVP deadline. Early RSVPs will be allowed for select events and will be noted in the Calendar.

To RSVP, please provide your full name, event name, event date, event number, and the name of a caregiver or guest, if applicable. Requests for special accommodations or Seniors Helping Seniors must be received 10 days in advance.

Once you RSVP, you are confirmed for the event, unless you are notified you are on a waitlist. Both confirmed and waitlisted participants will be notified about any changes or cancellations.

RSVP/Message Line: 323-860-5830
Toll Free: 877-688-4833
seniors@lalgbtcenter.org

This special fund is available on a limited basis for registered participants. If you need financial assistance to attend a Senior Services activity requiring a fee, please call us at 323-860-5830. All requests are completely confidential.

We are always accepting donations to the Seniors Helping Seniors Fund! Please contact us if you would like to donate.
ART LAB
FRIDAYS, 10:30 A.M.
DROP-IN
The Village at Ed Gould Plaza
Get creative! Drawing, painting, sculpture, color, and more: ART LAB is a fun way to learn new skills and techniques while also expressing yourself. Participate in a guided art lesson by our new facilitator, Josephine Gildersleeve, or bring your own project from home. All skill levels welcome!

BEGINNING TAP DANCING LESSONS
WED., DEC. 5, 12:30 P.M.
WED., DEC. 19, 12:30 P.M.
DROP-IN
The Village at Ed Gould Plaza
Learn the fundamentals of tap dancing with Lauren and Carl! Tap is one of the greatest feel-good dances you can enjoy. It’s fun to learn and fun to practice. All skills levels welcome. All participants are encouraged to attend Carl’s brush-up sessions every Thursday from 11 a.m. - Noon!

BALANCE & STRENGTHENING PROGRAM
FRIDAYS, DEC. 14 - MARCH 22, 10–11:30 A.M.
EVENT 1237
RSVP REQUIRED
The Village at Ed Gould Plaza
Sign up for this 14-week course with Body Economics founder Marco Beghin. Learn to find balance and core strength in yourself. Access your natural upward energy while experiencing mindfulness in daily tasks, such as walking, standing, sitting, and lying down. Learn to rely on support, breathing, and equilibrium to move with a sense of freedom, fluidity, and confidence.

At the end of the program, participants will be able to apply basic principles on how the body-brain works, including:
- Upright balance and tone
- Integrated alertness and coordination
- Sensory body awareness
- Clarity in thinking and focus
- Harmonious breathing
- Strength and inner confidence

Space is limited. Each session builds skills progressively. Attendance at each session is highly recommended.

PARKING AT THE VILLAGE AT ED GOULD PLAZA
Due to construction of the new Anita May Rosenstein Campus, we no longer have parking available onsite at The Village. If you are attending programs at The Village, please allow extra time to find street parking or consider using public transportation or a ride share service. Public transportation is available to The Village via Metro Red Line to the Hollywood/Highland Station and via Bus Lines 4, 237, and 704.

STAFF
Kiera Pollock, MSW
Director
323-860-5827
kpollock@lalgbtcenter.org

Tripp Mills
Deputy Director
323-860-5826
trmill@lalgbtcenter.org

Yelba Carrillo, M.Ed Psy, MSW
Manager of Social Services
323-860-7307
ycarrillo@lalgbtcenter.org

Michael Wolfson
Departmental Assistant
323-860-7322
mwolfson@lalgbtcenter.org

Veronica Macias
Activities Coordinator
vmacias@lalgbtcenter.org

Jesse (Jesus) Ortiz-Barreto
Activities Coordinator
Veterans Affairs
jortizbarreto@lalgbtcenter.org

Michael Kelly
Triangle Square
Case Manager
mikelly@lalgbtcenter.org

Kira Preston
Activities Coordinator
kpreston@lalgbtcenter.org

Jonathan Willett
Case Manager
jwillett@lalgbtcenter.org

Keith Lamont
Triangle Square
Resident Services Coordinator
klamont@lalgbtcenter.org

Kiera Pollock, MSW
Director
323-860-5827
kpollock@lalgbtcenter.org

Tripp Mills
Deputy Director
323-860-5826
trmill@lalgbtcenter.org

Yelba Carrillo, M.Ed Psy, MSW
Manager of Social Services
323-860-7307
ycarrillo@lalgbtcenter.org

Michael Wolfson
Departmental Assistant
323-860-7322
mwolfson@lalgbtcenter.org

Veronica Macias
Activities Coordinator
vmacias@lalgbtcenter.org

SPECIAL NEEDS
If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us at least 10 days in advance at 323-860-5830. We will do our best to accommodate!

LOCATIONS
T = Triangle Square
W = Center WeHo
M = McDonald/Wright
C = MiCentro
H = Highland Annex
O = Other locations
V = The Village at Ed Gould Plaza
MC = MCC Church

If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us at least 10 days in advance at 323-860-5830. We will do our best to accommodate!

LOCATIONS
T = Triangle Square
W = Center WeHo
M = McDonald/Wright
C = MiCentro
H = Highland Annex
O = Other locations
V = The Village at Ed Gould Plaza
MC = MCC Church

BALANCE & STRENGTHENING PROGRAM
FRIDAYS, DEC. 14 - MARCH 22, 10–11:30 A.M.
EVENT 1237
RSVP REQUIRED
The Village at Ed Gould Plaza
Sign up for this 14-week course with Body Economics founder Marco Beghin. Learn to find balance and core strength in yourself. Access your natural upward energy while experiencing mindfulness in daily tasks, such as walking, standing, sitting, and lying down. Learn to rely on support, breathing, and equilibrium to move with a sense of freedom, fluidity, and confidence.

At the end of the program, participants will be able to apply basic principles on how the body-brain works, including:
- Upright balance and tone
- Integrated alertness and coordination
- Sensory body awareness
- Clarity in thinking and focus
- Harmonious breathing
- Strength and inner confidence

Space is limited. Each session builds skills progressively. Attendance at each session is highly recommended.
BETTE DAVIS FOR EVERYONE

WED., DEC. 19, 1 P.M. DROP-IN
The Village at Ed Gould Plaza
Join us for The Anniversary (1968) with Bette Davis as the imperious one-eyed Mrs. Taggart who despised her late husband but gathers her sons each year to commemorate the couple's anniversary. (95 mins.)

BRAIN POWER

WED., DEC. 12, 1 P.M. DROP-IN
The Village at Ed Gould Plaza
Challenge your body and brain with ancient Eastern techniques to improve your memory and health.

BROADWAY TO HOLLYWOOD ON THE BIG SCREEN

WED., DEC. 26, 1 P.M. DROP-IN
The Village at Ed Gould Plaza
Come single or with a partner for this toe-tapping class that's great movement experience. Beginners welcome! Wear comfortable shoes; boots not required.

CHAIR YOGA

WEDNESDAYS, 11 A.M. DROP-IN
The Village at Ed Gould Plaza
Challenge your body and brain with ancient Eastern techniques to improve your memory and health.

COUNTRY LINE DANCING WITH MATTHEW

TUES., DEC. 11, 11 A.M. TUES., DEC. 18, 11 A.M. DROP-IN
The Village at Ed Gould Plaza
Join us for our special holiday game of Bingo! Prizes for the winners. Refreshments provided.

DOCUMENTARY OF THE MONTH

THURS., DEC. 6, 1 P.M. DROP-IN
The Village at Ed Gould Plaza
Join us for a screening of this documentary Dolores (2017) which follows Dolores Huerta's fight for workers' rights and gender equality as she was pushed out of the union she helped co-found in the 1960s. (97 mins.)

EBONY SAGE CIRCLE

FRI., DEC. 21, 12 P.M. DROP-IN
The Village at Ed Gould Plaza
Join us for a special viewing on the big screen in the Davidson/Valentini Theatre! We will watch the musical thriller Sweeney Todd: The Demon Barber on Fleet Street (1982) with George Hearn as the wrongfully imprisoned and insane barber. Also starring gay icon Angela Landsbury as the warped Mrs. Lovett! (140 mins.)

EBONY SAGE CIRCLE

THURSDAY, DECEMBER 6

FARMERS MARKET

TUES., DEC. 11, 2–3 P.M. DROP-IN
The Village at Ed Gould Plaza
Fresh produce from a local farmers market provided. Please bring your own bag. First-come, first-served.

GET OUT & BOWL

TUES., DEC. 11, 10:30 A.M.–12:30 P.M. EVENT 1228 RSVP REQUIRED
Pickwick Bowling
(921 W. Riverside Dr., Burbank 91506)
Join us for bowling fun at Pickwick Bowling. Ramp available for those who cannot throw a ball. Lane and shoe rental is $5.50 for both. Seniors Helping Seniors available.

GO METRO TO THE L.A. COUNTY HOLIDAY CELEBRATION!

MON., DEC. 23, 3–6 P.M. EVENT 1231 RSVP REQUIRED
The Broad Museum
(221 S. Grand Ave., Los Angeles 90012)
Take Bus Line 4 or the Metro Red Line to the Civic Center station. Check-in with Mimi at the entrance between 2-3 p.m.

GET OUT & BOWL

TUES., DEC. 11, 10:30 A.M.–12:30 P.M. EVENT 1228 RSVP REQUIRED
Pickwick Bowling
(921 W. Riverside Dr., Burbank 91506)
Join us for bowling fun at Pickwick Bowling. Ramp available for those who cannot throw a ball. Lane and shoe rental is $5.50 for both. Seniors Helping Seniors available.

GO METRO TO THE L.A. COUNTY HOLIDAY CELEBRATION!

MON., DEC. 23, 3–6 P.M. EVENT 1231 RSVP REQUIRED
The Broad Museum
(221 S. Grand Ave., Los Angeles 90012)
Take Bus Line 4 or the Metro Red Line to the Civic Center station. Check-in with Mimi at the entrance between 2-3 p.m.
The 59th annual L.A. County Holiday Celebration provides Angelenos of all ages an opportunity to come together during the holidays to experience and honor the dynamic, rich cultures of the county. During the free event, many diverse L.A.-based artists and community groups showcase their talent, artistry, and traditions on The Music Center’s iconic Dorothy Chandler Pavilion stage.

**HICAP (HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM)**

**THURS., DEC. 6, 10 A.M.**
**THURS., DEC. 20, 10 A.M.**
**RSVP REQUIRED**

**The Village at Ed Gould Plaza**

**LGBTECH WITH MOM’S COMPUTER**

**TUES., DEC. 11, 2:30 P.M.**
**DROP-IN**

**The Village at Ed Gould Plaza**

All questions answered! From computers to cell phones to tablets, bring your tech devices and questions. No broken devices, please.

**LIFE CONNECTIONS 21+ MEETS 50+**

**WED., DEC. 26, 3 P.M.**
**DROP-IN**

**The Village at Ed Gould Plaza**

Meet with Center volunteers for meaningful conversations across generations.

**JUGGLING HOUR**

**THURSDAYS, 10 A.M.**
**DROP-IN**

**The Village at Ed Gould Plaza**

Studies have shown that learning to juggle can improve concentration, increase dexterity, and even reduce stress. Whether you are an experienced juggler or a total beginner, come exercise your brain and body by learning new patterns! No prior experience necessary.

**NAUGHTY OR NICE HOLIDAY EXTRAVAGANZA**

**MON., DEC. 10, 1–5 P.M.**
**EVENT 1200**
**RSVP REQUIRED**

**Friendship Auditorium**

(3201 Riverside Dr. Los Angeles 90027)

Whether you’ve been naughty or nice, you are invited to join us for our annual holiday extravaganza! Don’t miss this jolly holiday with food catered by Chef Layne, live entertainment, holiday giveaways, raffle prizes, Mom’s Computer Espresso Café, and a photo booth. Free parking available.

**ORIGAMI WITH LARRY**

**THURS., DEC. 20, 1–3 P.M.**
**EVENT 1212**
**RSVP REQUIRED**

**The Village at Ed Gould Plaza**

In this monthly class, Larry teaches how to create origami boxes and other useful items. Make origami out of dollar bills—great for leaving tips—and even make origami towels and napkins! We will supply all materials, and you can take your projects home! For total beginners or those with prior experience. Great for manual dexterity and logic. Lots of fun!

**QI GONG**

**TUES., DEC. 4, 10 A.M.**
**TUES., DEC. 11, 10 A.M.**
**TUES., DEC. 18, 10 A.M**
**DROP-IN**

**The Village at Ed Gould Plaza**

Learn how to coordinate movement, posture, breathing, and meditation to cultivate your “life ener-
“gy” from our fabulous Qi Gong instructor Alexis!

**READING OPENS MINDS**

**MON., DEC. 3, 1:15 P.M.**  
**MON., DEC. 17, 1:15 P.M.**  
**DROP-IN**  
**The Village at Ed Gould Plaza**  
Share your love of reading with others! Engaging books chosen for discussion revolve around life-skills, personal perceptions, and existential questions.

**STITCH ‘N BITCH CLUB**

**FRI., DEC. 7, 2–4 P.M.**  
**DROP-IN**  
**The Village at Ed Gould Plaza**  
Learn how to crochet, bring your own projects, or come for the juicy conversation! No prior experience necessary. Yarn and crochet hooks provided.

**THURSDAYS AT MCC CHURCH**

**GAME DAY**  
**THURS., DEC. 6, 12 P.M.**  
**DROP-IN**  
**MCC Church in North Hollywood**  
Play fun games at MCC Church with some of the Center’s volunteers!

**LGBT TECH WITH MOM’S COMPUTER**  
**THURS., DEC. 13, 12 P.M.**  
**DROP-IN**  
**MCC Church in North Hollywood**  
All questions answered! From computers to cell phones and tablets, bring your tech devices and questions. No broken devices, please.

**TRANS* LOUNGE HOLIDAY PARTY**

**SUNDAY, DEC. 16, 4-8 P.M.**  
**The Village at Ed Gould Plaza**  
Join the Trans* Lounge and your chosen family for an evening of holiday cheer with a FREE catered dinner from Cantalini’s Salerno Beach Restaurant, dancing, carols sung by the Trans Chorus of Los Angeles, and lots of giveaways as we say THANK YOU for another amazing year!  
RSVP to: TLHolidayParty2018.eventbrite.com

**RESOURCES & EVENTS for Trans and Gender Non-Conforming Seniors**

**TRANSGENDER ECONOMIC EMPOWERMENT PROJECT**  
Free services to help transgender individuals develop professional skills, find employment with trans-friendly employers, and thrive in the workplace.  
Contact: 323-860-3713 or teep@lalgbtc.org

**TRANSGENDER HEALTH PROGRAM**  
In addition to a full range of primary care services, providers offer hormone therapy, including education and management; pre- and post-surgical care; and trans-sensitive pap smears, pelvic exams, and prostate exams.  
Contact: 323-993-7500

**TRANS* LOUNGE**  
Free workshops, labs, groups, and events dedicated to serving Los Angeles’ trans and gender non-conforming community.  
Contact: translounge@lalgbtc.org or visit translounge.org

**TRANS WELLNESS CENTER**  
Providing a safe place and resources for transgender and non-binary individuals.  
Contact: 323-993-2900 or transwellness@lalgbtc.org

**TRANSGENDER PERCEPTIONS**

**FRIDAYS, 8 P.M. • DROP-IN**  
**Highland Annex**  
Questioning your gender identity can be a lonely process. If you’re in the process of living your true gender, you likely have many questions. Join this social group at the Center’s Highland Annex, 1220 N. Highland Ave. 90038. $3 - $5 suggested donation.  
Parking available in lot.

**TRANSGENDER LEGAL SERVICES**  
If you need to legally change your name or have experienced anti-trans discrimination.  
Contact: 323-993-7410
MOVIE SCREENING
THURS., DEC. 20, 12 P.M.
MCC Church in North Hollywood
Watch the recently released *Disobedience* (2018). A spellbinding drama about a woman as she returns to the Orthodox Jewish community that shunned her decades earlier for an attraction to a friend, and witness their relationship reignite. (114 mins.)

MOVIE AND COFFEE CLUB
THURS., DEC. 13, 1 P.M.
Mi Centro
Join us for hot coffee and a movie! Enjoy good conversation about what’s on your mind and current events. Stay for an adaptation of Charles Dickens’ immortal tale of Ebenezer Scrooge in *A Christmas Carol* (1999) starring Patrick Stewart, as he is visited from the spirits of past, present, and future (94 mins).

POTLUCK
THURS., DEC. 27, 12 P.M.
MCC Church in North Hollywood
Join us for our monthly potluck at MCC! We’ll provide the main dish. Please bring a side dish to share.

MOVIE SCREENING
THURS., DEC. 20, 12 P.M.
MCC Church in North Hollywood
Watch the recently released *Disobedience* (2018). A spellbinding drama about a woman as she returns to the Orthodox Jewish community that shunned her decades earlier for an attraction to a friend, and witness their relationship reignite. (114 mins.)

POTLUCK
THURS., DEC. 27, 12 P.M.
MCC Church in North Hollywood
Join us for our monthly potluck at MCC! We’ll provide the main dish. Please bring a side dish to share.

THURSDAYS AT MI CENTRO
Located in Boyle Heights, Mi Centro is a partnership between the Center and Latino Equality Alliance located at 553 S. Clarence St., Los Angeles 90033. Nearby street parking is available. It’s just a 15-minute walk from the Mariachi Plaza and Pico/Aliso Gold Line stations; one block from Metro bus lines at 4th and Boyle streets.

MEN’S MOVIE
FRI. DEC. 21, 1 P.M.
The Village at Ed Gould Plaza
Watch the Oscar-nominated Tim Burton favorite *Batman Returns* (1992), to follow Batman as he battles three new villains—the hideous Penguin (Danny DeVito), the corrupt businessman Max Shreck (Christopher Walken), and the mysterious Catwoman (Michelle Pfeiffer) (126 mins).

MEN’S SUPPORT CHAT
WEDNESDAYS, 10:30–11:30 A.M.
EVENT 1207
RSVP REQUIRED; NO DROP-INS
The Village at Ed Gould Plaza
Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying men. For more information, or if you are new to the group, please call 323-860-7307.

MEN’S SOCIAL GROUP
WEDNESDAYS, 10 A.M.
EVENT 1207
RSVP REQUIRED; NO DROP-INS
The Village at Ed Gould Plaza
Formerly called “Men’s Drop-in Support,” join us to meet new friends and share stories every week. Open to all self-identifying men.

WOMEN’S HIKE
SAT., DEC. 15, 8:30–10:30 A.M.
EVENT 1221
RSVP REQUIRED
Audubon Center at Debs Park
(4700 Griffin Ave, Los Angeles 90031)
Hike with Veronica and Dora! All women-identified participants are invited. Meet at Audubon Center at Debs Park. Ample parking is available in their lot or along the street. There are picnic tables, birding opportunities, and a small museum to visit. Bring snacks, water,
a hat, sunscreen, etc. The hike is 3 miles roundtrip on a somewhat shaded dirt loop, including a stop at the Eastside’s secret Peanut Lake! Rain cancels.

**WOMEN’S MOVIE**
**THURS., DEC. 27, 1 P.M.**
**DROP-IN**
The Village at Ed Gould Plaza
Join us for the recently released *Disobedience* (2018). A spellbinding drama about a woman as she returns to the Orthodox Jewish community that shunned her decades earlier for an attraction to a friend, and witness their relationship reignite. (114 mins.)

**WOMEN’S SUPPORT CHAT**
**MON., DEC. 3, 3 P.M.**
**MON., DEC. 17, 3 P.M.**
**EVENT 1206**
**RSVP REQUIRED; NO DROP-INS**
The Village at Ed Gould Plaza
Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying women. For more information, or if you are new to the group, please call 323-860-7307. No drop-ins allowed.

**WOMEN’S CIRCLE & POTLUCK**
**SUN., DEC. 9, 10 A.M.**
**EVENT 1215**
**RSVP REQUIRED**
The Village at Ed Gould Plaza
All women-identified participants are invited to a Women’s Circle guided by facilitator Sofia Rose Smith followed by a potluck with the remarkable members of the Los Angeles Women’s Network. Bring your favorite holiday side dish!

**WOMEN’S DINNER**
**THURS., DEC. 27, 6:30 P.M.**
**EVENT 1209**
**RSVP REQUIRED**
Casita del Campo (1920 Hyperion Ave. Los Angeles 90027)
Meet with friends new and familiar for this monthly dinner around town!
Parking lot available.

**FOCUS ON: HIV+**

**HIV+ MEN’S SUPPORT GROUP**
**THURSDAYS, 1 P.M.**
**DROP-IN**
The Village at Ed Gould Plaza
Join us for the holiday classic *Home Alone* (1990) starring Macaulay Culkin as the mischievous Kevin. When a pair of burglars set their sights on Kevin’s house, he is ready to defend his territory! (102 mins.)

**LUNCH FOR THOSE LIVING WITH HIV**
**THURS., DEC. 27, 12:30 P.M.**
**EVENT 1208**
**RSVP REQUIRED**
The Village at Ed Gould Plaza
Share your stories of living, surviving, and thriving. Lunch provided. $2 donation requested.

**MOVIE FOR THOSE LIVING WITH HIV**
**TUES., DEC. 4, 1 P.M.**
**DROP-IN**
The Village at Ed Gould Plaza
Come to The Village to meet new friends. Share your stories and experiences of living with HIV.
FOCUS ON: VETERANS

MOVIE FOR VETS
TUES., DEC. 11, 1 P.M. DROP-IN
Triangle Square

TUES., DEC. 18, 1 P.M. DROP-IN
The Village at Ed Gould Plaza

Join us for the classic holiday comedy White Christmas (1954). Bing Crosby and Danny Kaye play war buddies-turned-entertainers who fall for two sisters. The boys follow the girls to a resort owned by their former commanding officer, and he’s in danger of losing the place. (120 mins.)

VETERANS POOL TOURNAMENT
TUES., DEC. 4, 2 P.M. DROP-IN
Triangle Square

Enjoy a competitive pool tournament with your veteran friends. Non-veteran allies are also invited. Shoot some pool and have some fun!

VETERANS SUPPORT GROUP
TUES., DEC. 4, 1 P.M. DROP-IN
Triangle Square

Support for LGBT military veterans in a safe and welcoming space.

NOTE: Veterans Support Group and LGBT Veteran Connections: Stories of Service are CANCELLED on Tues., Dec 25.

ALZHEIMER’S AND RELATED DEMENTIA CAREGIVER SUPPORT GROUP
THURS., DEC. 13, 10:30 A.M.
THURS., DEC. 27, 10:30 A.M.
EVENT 1224
RSVP REQUIRED
The Village at Ed Gould Plaza

Join the Alzheimer’s Association LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. It will help you develop a support system, exchange practical information, talk through challenges, share feelings, and learn about resources. Before attending, please call 323-486-6632 to confirm meeting date and time.

BEREAVEMENT GROUP
TUESDAYS, 1:15 P.M.
EVENT 1204
RSVP REQUIRED; NO DROP-INS

The Village at Ed Gould Plaza

If you are experiencing pain from the loss of a loved one, partner, family, friend, or pet, please consider joining this weekly group in partnership with Tranquil Care Hospice. For more information, or if you are new to the group, please call 323-860-7307. No drop-ins allowed.

CASE MANAGEMENT (FIRST-TIME, NEW CLIENTS)
WEDNESDAYS, 10 A.M.–1 P.M., 1–3 P.M.
EVENT 1204
The Village at Ed Gould Plaza

For new clients only. Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First-come, first-served. Please note that case management appointments must be requested by the client in need with the exception of an authorized person.

NOTE: Case management available Thursdays at Mi Centro by appointment only. Call 323-860-7307 to schedule an appointment.

HIV TESTING
WEEKDAYS, 11 A.M.–2 P.M., 4–7 P.M.
Center-WeHo
8745 Santa Monica Blvd., West Hollywood, 90069

Free testing on a walk-in basis.

HOUSING SUPPORTIVE NETWORK
THURS., DEC. 13, 11 A.M.
EVENT 1204
RSVP REQUIRED; NO DROP-INS

The Village at Ed Gould Plaza

Get assistance with searching for housing and additional information about Section 8 and other housing specifically for LGBT seniors.
LOS ANGELES LGBT CENTER
SENIOR SERVICES

NAUGHTY OR NICE

HOLIDAY EXTRAVAGANZA

MONDAY, DECEMBER 10 | 1-5 P.M.

FRIENDSHIP AUDITORIUM
3201 Riverside Dr.
Los Angeles, CA 90027
Event #1200 • RSVP Required
323-860-5830
seniors@lalgbtcenter.org

RAFFLE PRIZES
Holiday Giveaways
Mom’s Computer Espresso Café
Holiday Photo Booth by
Center’s Young Professionals Council

All Participants MUST be registered with Senior Services for this event.
Free parking available.