



LOS ANGELES
LGBT
CENTER®

SENIOR
SERVICES

50+

DECEMBER 2018



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RSVP/Message Line: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lgbtcenter.org



**LOS ANGELES
LGBT CENTER**
SENIOR SERVICES

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

The Village
at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038

RSVP/Message Line
323-860-5830

Toll Free
877-688-4833

seniors@lgbtcenter.org
lgbtcenter.org
[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lgbtcenter.org requesting to "Go Green."

LETTER FROM KIERA

2018 is coming to an end. This has been a year of transition for our department, as we look toward the opening of the new campus at the end of the first quarter of 2019. Change is propelling us forward. This year we saw tremendous growth in terms of expanded programs and marketing, allowing us to reach a program of more than 5700 registered seniors and more than 30,000 services provided by a small but dedicated staff. Each of us has enjoyed spending time with you all this year, hearing your suggestions and diligently planning and implementing new workshops and dances to expand community connections. If we haven't seen you this year, we hope to see you in 2019, as we make a historic leap with the new Anita May Rosenstein campus opening. The Senior Housing will be opening in the first quarter of 2020. Senior Services staff and I wish you all Happy Holidays and a healthy 2019.

Sincerely,
Kiera Pollock, M.S.W.,
Director of Senior Services



Long Beach Veterans Day Parade 2018

How to RSVP to an event

- ➔ Only registered participants may RSVP for activities. We do not accept registrations by one participant for another participant. Caregivers are welcome to accompany registered participants. We encourage non-registered guests who are 50+ to become registered participants. Contact our office for a registration form or for more information.
- ➔ RSVPs must be made on or after the 1st of the month, at least 2 business days before an event, or by the RSVP deadline. Early RSVPs will be allowed for select events and will be noted in the Calendar.
- ➔ To RSVP, please provide your full name, event name, event date, event number, and the name of a caregiver or guest, if applicable. Requests for special accommodations or Seniors Helping Seniors must be received 10 days in advance.
- ➔ Once you RSVP, you are confirmed for the event, unless you are notified you are on a waitlist. Both confirmed and waitlisted participants will be notified about any changes or cancellations.

RSVP/Message Line:
323-860-5830
seniors@lgbtcenter.org

Toll Free:
877-688-4833

Seniors helping SENIORS

This special fund is available on a limited basis for registered participants. If you need financial assistance to attend a Senior Services activity requiring a fee, please call us at **323-860-5830**. All requests are completely confidential.

We are always accepting donations to the Seniors Helping Seniors Fund! Please contact us if you would like to donate.

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PARKING AT THE VILLAGE AT ED GOULD PLAZA

Due to construction of the new Anita May Rosenstein Campus, we no longer have parking available onsite at The Village. If you are attending programs at The Village, please allow extra time to find street parking or consider using public transportation or a ride share service. Public transportation is available to The Village via Metro Red Line to the Hollywood/Highland Station and via Bus Lines 4, 237, and 704.

SPECIAL NEEDS

If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us at least 10 days in advance at **323-860-5830**. We will do our best to accommodate!

LOCATIONS

T Triangle Square
1602 Ivar Ave.

M McDonald/Wright
1625 N. Schrader Blvd.

H Highland Annex
1220 N. Highland Ave.

V The Village at Ed Gould Plaza
1125 N. McCadden Place

W Center WeHo
8745 Santa Monica Blvd.

C MiCentro
553 S. Clarence St.

O Other locations
Please check listing

MC MCC Church
5730 Cahuenga Blvd., North Hollywood

EVERYONE

ART LAB

**FRIDAYS, 10:30 A.M.
DROP-IN**

V The Village at
Ed Gould Plaza

Get creative! Drawing, painting, sculpture, color, and more: ART LAB is a fun way to learn new skills and techniques while also expressing yourself. Participate in a guided art lesson by our new facilitator, Josephine Gildersleeve, or bring your own project from home. All skill levels welcome!

BEGINNING TAP DANCING LESSONS

**WED., DEC. 5, 12:30 P.M.
WED., DEC. 19, 12:30 P.M.
DROP-IN**

V The Village at
Ed Gould Plaza

Learn the fundamentals of tap dancing with Lauren and Carl! Tap is one of the greatest feel-good dances you can enjoy. It's fun to learn and fun to practice. All skills levels welcome. All participants are encouraged to attend Carl's brush-up sessions every Thursday from 11 a.m. - Noon!



BALANCE & STRENGTHENING PROGRAM

**FRIDAYS, DEC. 14 - MARCH 22, 10-11:30 A.M.
EVENT 1237
RSVP REQUIRED**

V The Village at Ed Gould Plaza

Sign up for this 14-week course with Body Economics founder Marco Beghin. Learn to find balance and core strength in yourself. Access your natural upward energy while experiencing mindfulness in daily tasks, such as walking, standing, sitting, and lying down. Learn to rely on support, breathing, and equilibrium to move with a sense of freedom, fluidity, and confidence.

At the end of the program, participants will be able to apply basic principles on how the body-brain works, including:

- Upright balance and tone
- Integrated alertness and coordination
- Sensory body awareness
- Clarity in thinking and focus
- Harmonious breathing
- Strength and inner confidence

Space is limited. Each session builds skills progressively. Attendance at each session is highly recommended.



BETTE DAVIS FOR EVERYONE

WED., DEC. 19, 1 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Join us for *The Anniversary* (1968) with Bette Davis as the imperious one-eyed Mrs. Taggart who despised her late husband but gathers her sons each year to commemorate the couple's anniversary. (95 mins.)

BINGO!

FRIDAY, DEC. 28, 1 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Join us for our special holiday game of Bingo! Prizes for the winners. Refreshments provided.

BRAIN POWER

WED., DEC. 12, 1 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Participants will read aloud from the Samuel Beckett play *Waiting for Godot*. We will also search for the meanings found in this celebrated work. How did Beckett's life impact his vision? Films and photos will be included.

BROADWAY TO HOLLYWOOD ON THE BIG SCREEN

WED., DEC. 26, 1 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Join us for a special viewing on the big screen in

the Davidson/Valentini Theatre! We will watch the musical thriller *Sweeney Todd: The Demon Barber on Fleet Street* (1982) with George Hearn as the wrongfully imprisoned and insane barber Also starring gay icon Angela Lansbury as the warped Mrs. Lovett! (140 mins).

CHAIR YOGA

WEDNESDAYS, 11 A.M. DROP-IN

✓ The Village at Ed Gould Plaza

Challenge your body and brain with ancient Eastern techniques to improve your memory and health.

COUNTRY LINE DANCING WITH MATTHEW

TUES., DEC. 11, 11 A.M. TUES., DEC. 18, 11 A.M. DROP-IN

✓ The Village at Ed Gould Plaza

Come single or with a partner for this toe-tapping class that's great movement experience. Beginners welcome! Wear comfortable shoes; boots not required.



DOCUMENTARY OF THE MONTH

THURS., DEC. 6, 1 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Join us for a screening of this documentary *Dolores* (2017) which follows Dolores Huerta's fight for workers' rights and gender equality as she was pushed out of the union she helped co-found in the 1960s (97 mins).

EBONY SAGE CIRCLE

FRI., DEC. 21, 12 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Open to all Black-identified participants, this group aims to promote self-awareness, quality of

life, learning, and unity of the Black voice in the LGBT community of Los Angeles, especially at the Center. We want to share our lives and experiences with all under the rainbow.

FARMERS MARKET

TUES., DEC. 11, 2-3 P.M. DROP-IN

✓ The Village at Ed Gould Plaza

Fresh produce from a local farmers market provided. Please bring your own bag. First-come, first-served.

GET OUT & BOWL

TUES., DEC. 11, 10:30 A.M.-12:30 P.M. EVENT 1228 RSVP REQUIRED

✓ Pickwick Bowling

(921 W. Riverside Dr., Burbank 91506)

Join us for bowling fun at Pickwick Bowling. Ramp available for those who cannot throw a ball. Lane and shoe rental is \$5.50 for both. Seniors Helping Seniors available.

GO METRO TO THE L.A. COUNTY HOLIDAY CELEBRATION!

MON., DEC. 23, 3-6 P.M. EVENT 1231

RSVP REQUIRED
 ✓ The Broad Museum (221 S. Grand Ave., Los Angeles 90012)

Take Bus Line 4 or the Metro Red Line to the Civic Center station. Check-in with Mimi at the entrance between 2-3 p.m.



Disobedience
Thursday, December 20 & 27

The 59th annual L.A. County Holiday Celebration provides Angelenos of all ages an opportunity to come together during the holidays to experience and honor the dynamic, rich cultures of the county. During the free event, many diverse L.A.-based artists and community groups showcase their talent, artistry, and traditions on The Music Center's iconic Dorothy Chandler Pavilion stage.

HICAP (HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM)

THURS., DEC. 6, 10 A.M.
THURS., DEC. 20, 10 A.M.
RSVP REQUIRED
The Village at Ed Gould Plaza

There's a lot to know about Medicare, and now there's help to make sense of it all. Meet with a HICAP counselor to get answers to all your questions. RSVP with Sandy Risdon at 800-824-0780 Ext. 3006.

JUGGLING HOUR

THURSDAYS, 10 A.M.
DROP-IN
The Village at Ed Gould Plaza

Studies have shown that learning to juggle can improve concentration, increase dexterity, and even reduce stress. Whether you are an experienced juggler or a total beginner, come exercise your brain and body by learning new patterns! No prior experience necessary.

LGBTECH WITH MOM'S COMPUTER

TUES., DEC. 11, 2:30 P.M.
DROP-IN
The Village at Ed Gould Plaza

All questions answered! From computers to cell phones to tablets, bring your tech devices and questions. No broken devices, please.

LIFE CONNECTIONS 21+ MEETS 50+

WED., DEC. 26, 3 P.M.
DROP-IN
The Village at Ed Gould Plaza

Meet with Center volunteers for meaningful conversations across generations.

MOVIE FOR EVERYONE

FRI., DEC. 28, 1 P.M.
DROP-IN
The Village at Ed Gould Plaza

Join us for this dark holiday feature *Gremlins* (1984). A man brings home a rare creature from Chinatown as a Christmas present for his son that comes with three simple instructions: no water, no food after midnight, and no bright lights. But when those rules are ignored, it makes for a horrifying holiday (94 mins).

NAUGHTY OR NICE HOLIDAY EXTRAVAGANZA

MON., DEC. 10, 1-5 P.M.
EVENT 1200
RSVP REQUIRED
Friendship Auditorium (3201 Riverside Dr. Los Angeles 90027)

Whether you've been naughty or nice, you are invited to join us for our annual holiday extravaganza! Don't miss this jolly holiday with food catered by Chef Layne, live entertainment, holiday giveaways, raffle prizes, Mom's Computer Espresso Café, and a photo booth. Free parking available.



Holiday Party 2017

OPEN BOOK SESSION WITH GINA

TUES., DEC. 11, 3:30 P.M.
DROP-IN
The Village at Ed Gould Plaza

Do you have questions or curiosity about trans issues but don't know who to ask? Come to this open book session with Gina to ask questions and receive answers in a non-judgmental environment. Open to all participants. Refreshments will be provided.

ORIGAMI WITH LARRY

THURS., DEC. 20, 1-3 P.M.
EVENT 1212
RSVP REQUIRED
The Village at Ed Gould Plaza

In this monthly class, Larry teaches how to create origami boxes and other useful items. Make origami out of dollar bills—great for leaving tips—and even make origami towels and napkins! We will supply all materials, and you can take your projects home! For total beginners or those with prior experience. Great for manual dexterity and logic. Lots of fun!

QI GONG

TUES., DEC. 4, 10 A.M.
TUES., DEC. 11, 10 A.M.
TUES., DEC. 18, 10 A.M.
DROP-IN
The Village at Ed Gould Plaza

Learn how to coordinate movement, posture, breathing, and meditation to cultivate your "life ener-



Holiday Party 2017

STITCH 'N BITCH CLUB

**FRI., DEC. 7, 2-4 P.M.
DROP-IN**

V The Village at Ed Gould Plaza

Learn how to crochet, bring your own projects, or come for the juicy conversation! No prior experience necessary. Yarn and crochet hooks provided.

THURSDAYS AT MCC CHURCH

GAME DAY

**THURS., DEC. 6, 12 P.M.
DROP-IN**

MC MCC Church in North Hollywood

Play fun games at MCC Church with some of the Center's volunteers!

LGBTECH WITH MOM'S COMPUTER

**THURS., DEC. 13, 12 P.M.
DROP-IN**

MC MCC Church in North Hollywood

All questions answered! From computers to cell phones and tablets, bring your tech devices and questions. No broken devices, please.

dance lesson. Learn waltz, foxtrot, swing and cha-cha, PLUS Texas Two-Step! Beginners welcome! Please no rubber soled shoes. Partner not necessary.

STANDUP COMEDY PERFORMANCE

**WED., DEC. 12, 7-9 P.M.
EVENT 1226**

RSVP REQUIRED

V The Village at Ed Gould Plaza

Join us for the final performance of our six-week Standup Comedy Workshop. Hosted by facilitator Caitlin Durante. The Senior Services participants will have you laughing yourself silly with their short standup sets. Refreshments will be provided.

gy" from our fabulous Qi Gong instructor Alexis!

READING OPENS MINDS

MON., DEC. 3, 1:15 P.M.

MON., DEC. 17, 1:15 P.M.

DROP-IN

V The Village at Ed Gould Plaza

Share your love of reading with others! Engaging books chosen for discussion revolve around life-skills, personal perceptions, and existential questions.

RUSTY'S GAY SWING & SWAY

SAT., DEC. 8, 1 P.M.

DROP-IN

V The Village at Ed Gould Plaza

FREE co-ed ballroom

RESOURCES & EVENTS for Trans and Gender Non-Conforming Seniors

TRANSGENDER ECONOMIC EMPOWERMENT PROJECT

Free services to help transgender individuals develop professional skills, find employment with trans-friendly employers, and thrive in the workplace.

Contact: 323-860-3713 or teep@lgbtcenter.org

TRANSGENDER HEALTH PROGRAM

In addition to a full range of primary care services, providers offer hormone therapy, including education and management; pre- and post-surgical care; and trans-sensitive pap smears, pelvic exams, and prostate exams.

Contact: 323-993-7500

TRANSGENDER LEGAL SERVICES

If you need to legally change your name or have experienced anti-trans discrimination.

Contact: 323-993-7410

TRANS* LOUNGE

Free workshops, labs, groups, and events dedicated to serving Los Angeles' trans and gender non-conforming community.

Contact: translounge@lgbtcenter.org or visit translounge.org.

TRANS WELLNESS CENTER

Providing a safe place and resources for transgender and non-binary individuals.

Contact: 323-993-2900 or transwellness@lgbtcenter.org

TRANSGENDER PERCEPTIONS

FRIDAYS, 8 P.M. • DROP-IN

H Highland Annex

Questioning your gender identity can be a lonely process. If you're in the process of living your true gender, you likely have many questions. Join this social group at the Center's Highland Annex, 1220 N. Highland Ave. 90038. \$3 - \$5 suggested donation.

Parking available in lot.

TRANS* LOUNGE HOLIDAY PARTY

SUNDAY, DEC. 16, 4-8 P.M.

V The Village at Ed Gould Plaza

Join the Trans* Lounge and your chosen family for an evening of holiday cheer with a FREE catered dinner from Cantalini's Salerno Beach Restaurant, dancing, carols sung by the Trans Chorus of Los Angeles, and lots of giveaways as we say THANK YOU for another amazing year!

RSVP to: [TLHolidayParty2018.eventbrite.com](https://www.eventbrite.com/e/TLHolidayParty2018)

MOVIE SCREENING

THURS., DEC. 20, 12 P.M. DROP-IN

MC MCC Church in North Hollywood

Watch the recently released *Disobedience* (2018). A spellbinding drama about a woman as she returns to the Orthodox Jewish community that shunned her decades earlier for an attraction to a friend, and witness their relationship reignite. (114 mins.)

POTLUCK

THURS., DEC. 27, 12 P.M. DROP-IN

MC MCC Church in North Hollywood

Join us for our monthly potluck at MCC! We'll provide the main dish. Please bring a side dish to share.

THURSDAYS AT MI CENTRO

Located in Boyle Heights, Mi Centro is a partnership between the Center and Latino Equality Alliance located at 553 S. Clarence St., Los Angeles 90033. Nearby street parking is available. It's just a 15-minute walk from the

Mariachi Plaza and Pico/Aliso Gold Line stations; one block from Metro bus lines at 4th and Boyle streets.

MOVIE AND COFFEE CLUB

THURS., DEC. 13, 1 P.M. DROP-IN

C Mi Centro

Join us for hot coffee and a movie! Enjoy good conversation about what's on your mind and current events. Stay for an adaptation of Charles Dickens' immortal tale of Ebenezer Scrooge in *A Christmas Carol* (1999) starring Patrick Stewart, as he is visited from the spirits of past, present, and future (94 mins).

FOCUS ON: MEN

MEN'S HIKE

THURSDAYS, 9:30 A.M. DROP-IN

C Griffith Park

Meet at the corner of Fern Dell Dr. and Black Oak Dr., 200 ft. north of Los Feliz Blvd. Parking available along Fern Dell Dr. Wear comfortable shoes. Bring water and a snack. **Hike is co-ed every third Thursday.**

MEN'S HOLIDAY DINNER

MON., DEC. 17, 6:30 P.M. EVENT 1216

RSVP REQUIRED

C Palermo's Italian Restaurant (1858 N. Vermont Avenue, Los Angeles 90027)

Meet with friends new and familiar for this monthly dinner around town!

MEN'S MOVIE

FRI. DEC. 21, 1 P.M. DROP-IN

V The Village at Ed Gould Plaza

Watch the Oscar-nominated Tim Burton favorite *Batman Returns* (1992), to follow Batman as he battles three new villains—the hideous Penguin (Danny DeVito), the corrupt businessman Max Shreck (Christopher Walken), and the mysterious Catwoman (Michelle Pfeiffer) (126 mins).

MOCA 50+

SAT., DEC. 15, 4–6 P.M. DROP-IN

V The Village at Ed Gould Plaza

Men of Color 50 years

VETERANS:

To ensure your records are up-to-date, please submit a copy of your DD-214 or V.A. identification card to Senior Services.

Copies can be submitted to your assigned case manager or Jesus Ortiz-Barreto via email jortizbarreto@lgbtcenter.org.

old and beyond, in cultural solidarity, gather to support each other for gracious living in the face of economic challenges, racism, ageism, homophobia, and health issues. Facilitators: Clarence R. Williams, David Hunter, and Lamar Rucker.

MEN'S SOCIAL GROUP

WEDNESDAYS, 10 A.M. DROP-IN

V The Village at Ed Gould Plaza

Formerly called "Men's Drop-in Support," join us to meet new friends and share stories every week. Open to all self-identifying men.

MEN'S SUPPORT CHAT

WEDNESDAYS, 10:30–11:30 A.M. EVENT 1207
RSVP REQUIRED; NO DROP-INS

V The Village at Ed Gould Plaza

Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying men. For more information, or if you are new to the group, please call 323-860-7307. No drop-ins allowed.

FOCUS ON: WOMEN

WOMEN'S HIKE

SAT., DEC. 15, 8:30–10:30 A.M. EVENT 1221
RSVP REQUIRED

C Audubon Center at Debs Park (4700 Griffin Ave, Los Angeles 90031)

Hike with Veronica and Dora! All women-identified participants are invited. Meet at Audubon Center at Debs Park. Ample parking is available in their lot or along the street. There are picnic tables, birding opportunities, and a small museum to visit. Bring snacks, water,



A Christmas Carol
Thursday, December 13

a hat, sunscreen, etc. The hike is 3 miles roundtrip on a somewhat shaded dirt loop, including a stop at the Eastside's secret Peanut Lake! Rain cancels.

WOMEN'S CIRCLE & POTLUCK

SUN., DEC. 9, 10 A.M.
EVENT 1215
RSVP REQUIRED
The Village at Ed Gould Plaza

All women-identified participants are invited to a Women's Circle guided by facilitator Sofia Rose Smith followed by a potluck with the remarkable members of

the Los Angeles Women's Network. Bring your favorite holiday side dish!

WOMEN'S DINNER

THURS., DEC. 27, 6:30 P.M.
EVENT 1209
RSVP REQUIRED

The Village at Ed Gould Plaza (1920 Hyperion Ave. Los Angeles 90027)

Meet with friends new and familiar for this monthly dinner around town!

Parking lot available.

WOMEN'S SUPPORT CHAT

MON., DEC. 3, 3 P.M.
MON., DEC. 17, 3 P.M.
EVENT 1206
RSVP REQUIRED;
NO DROP-INS

The Village at Ed Gould Plaza

Come share life experiences in a safe and supportive environment with others. Through group discussion and activities, members learn and practice new ways to process challenging life experiences. Open to all self-identifying women. For more information, or if you are new to the group, please call 323-860-7307. No drop-ins allowed.



Home Alone
Tuesday, December 4

WOMEN'S MOVIE

THURS., DEC. 27, 1 P.M.
DROP-IN

The Village at Ed Gould Plaza

Join us for the recently released *Disobedience* (2018). A spellbinding drama about a woman as she returns to the Orthodox Jewish community that shunned her decades earlier for an attraction to a friend, and witness their relationship reignite. (114 mins.)

FOCUS ON: HIV+

HIV+ MEN'S SUPPORT GROUP

THURSDAYS, 1 P.M.
DROP-IN

The Village at Ed Gould Plaza

Come to The Village to meet new friends. Share your stories and experiences of living with HIV.

LUNCH FOR THOSE LIVING WITH HIV

THURS., DEC. 27, 12:30 P.M.

EVENT 1208
RSVP REQUIRED
The Village at Ed Gould Plaza

Share your stories of living, surviving, and thriving. Lunch provided. \$2 donation requested.

MOVIE FOR THOSE LIVING WITH HIV

TUES., DEC. 4, 1 P.M.
DROP-IN

The Village at Ed Gould Plaza

Join us for the holiday classic *Home Alone* (1990) starring Macaulay Culkin as the mischievous Kevin. When a pair of burglars set their sights on Kevin's house, he is ready to defend his territory! (102 mins.)



Batman Returns
Friday, December 21



Gremlins
Friday, December 28

FOCUS ON: VETERANS

MOVIE FOR VETS

**TUES., DEC. 11, 1 P.M.
DROP-IN**

T Triangle Square

**TUES., DEC. 18, 1 P.M.
DROP-IN**

V The Village at
Ed Gould Plaza

Join us for the classic holiday comedy *White Christmas* (1954). Bing Crosby and Danny Kaye play war buddies-turned-entertainers who fall for two sisters. The boys follow the girls to a resort owned by their former commanding officer, and he's in danger of losing the place. (120 mins.)

VETERANS POOL TOURNAMENT

**TUES., DEC. 4, 2 P.M.
DROP-IN**

T Triangle Square

Enjoy a competitive pool tournament with your veteran friends. Non-veteran allies are also invited. Shoot some pool and have some fun!

VETERANS SUPPORT GROUP

**TUES., DEC. 4, 1 P.M.
DROP-IN**

T Triangle Square

Support for LGBT military veterans in a safe and welcoming space.

NOTE: Veterans Support Group and LGBT Veteran Connections: Stories of Service are **CANCELLED** on Tues., Dec 25.

FOCUS ON: SOCIAL SERVICES

ALZHEIMER'S AND RELATED DEMENTIA CAREGIVER SUPPORT GROUP

**THURS., DEC. 13,
10:30 A.M.**

**THURS., DEC. 27,
10:30 A.M.**

EVENT 1224

RSVP REQUIRED

V The Village at
Ed Gould Plaza

Join the Alzheimer's Association LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. It will help you develop a support system, exchange practical information, talk through challenges, share feelings, and learn about resources. Before attending, please call 323-486-6632 to confirm meeting date and time.

BEREAVEMENT GROUP

TUESDAYS, 1:15 P.M.

EVENT 1204

**RSVP REQUIRED;
NO DROP-INS**



White Christmas
Tuesday, December 11 & 18

V The Village at
Ed Gould Plaza

If you are experiencing pain from the loss of a loved one, partner, family, friend, or pet, please consider joining this weekly group in partnership with Tranquil Care Hospice. For more information, or if you are new to the group, please call 323-860-7307. No drop-ins allowed.

CASE MANAGEMENT (FIRST-TIME, NEW CLIENTS)

**WEDNESDAYS,
10 A.M.–12 P.M., 1–3 P.M.
DROP-IN**

V The Village at
Ed Gould Plaza

For new clients only. Meet with a case manager to learn about valuable

programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First-come, first-served. Please note that case management appointments must be requested by the client in need with the exception of an authorized person.

NOTE: Case management available Thursdays at Mi Centro by appointment only. Call 323-860-7307 to schedule an appointment.

HIV TESTING

**WEEKDAYS,
11 A.M.–7 P.M.**

M McDonald/Wright
Building
1625 N. Schrader
Blvd., Los Angeles,
90028

**WEEKDAYS,
11 A.M.–2 P.M., 4–7 P.M.**

W Center-WeHo
8745 Santa Monica
Blvd., West Hollywood,
90069

Free testing on a walk-in basis.

HOUSING SUPPORTIVE NETWORK

**THURS., DEC. 13, 11 A.M.
DROP-IN**

V The Village at
Ed Gould Plaza

Get assistance with searching for housing and additional information about Section 8 and other housing specifically for LGBT seniors.



LOS ANGELES LGBT CENTER®

SENIOR SERVICES

NAUGHTY

OR

NICE

HOLIDAY EXTRAVAGANZA

MONDAY, DECEMBER 10 | 1-5 P.M.

FRIENDSHIP AUDITORIUM

3201 Riverside Dr.
Los Angeles, CA 90027

Event #1200 • RSVP Required
323-860-5830
seniors@lalgbtcenter.org

RAFFLE PRIZES

Holiday Giveaways
Mom's Computer Espresso Café
Holiday Photo Booth by
Center's Young Professionals Council

All Participants **MUST** be registered
with Senior Services for this event.
Free parking available.

