



LOS
ANGELES
LGBT
CENTER®

SENIOR
SERVICES

50+

OCT 2017



RSVP/Message Line: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lgbtcenter.org



**LOS ANGELES
LGBT
CENTER**
**SENIOR
SERVICES**

Senior Services strives to create a safe, welcoming and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

The Village
at Ed Gould Plaza
1125 N. McCadden Pl.
Los Angeles, CA 90038

RSVP/Message Line
323-860-5830

Toll Free
877-688-4833

seniors@lgbtcenter.org
lgbtcenter.org
[facebook.com/50pluslgbt](https://www.facebook.com/50pluslgbt)

GO GREEN



Remove yourself from the mailing list and access the newsletter and calendar online through our e-mail list. Send an e-mail to seniors@lgbtcenter.org requesting to "Go Green."

LETTER FROM KIERA

For October, we worked with the Center's Marketing & Communications team to make the newsletter more reader-friendly and clear. We look forward to your feedback about your experience with the new design.

I am also pleased to announce that Yelba M. Carillo has joined us as our new Manager of Social Services. Yelba has worked in diverse settings within the social service field as a therapist, researcher, and consultant. She holds a Master of Social Work degree in Community, Organization, Planning, and Administration (COPA) with a sub-concentration in Military Social Work from the University of Southern California. She previously worked with homeless military veterans in Los Angeles. Her passion is creating social change, raising awareness of social issues, and advocating for underserved populations. Stop by and meet Yelba next time you're at The Village.

We also are moving forward with an initiative to expand our L50+ lesbian and bisexual women's programming in the next few months. An advisory group has been assisting us with ideas, locations, and speaker/facilitator suggestions. We have added a potluck and book club, and for October we have a special hike and potluck at Griffith Park led by Dora Olea of the Gay and Lesbian Sierrans.

We appreciate all of your suggestions regarding events and activities you would like to see provided in Senior Services.

Sincerely,

Kiera Pollock, M.S.W.

Director of Senior Services

LOCATIONS

T Triangle Square
1602 Ivar Ave.

M McDonald/Wright
1625 N. Schrader Blvd.

H Highland Annex
1220 N. Highland Ave.

W Center WeHo
8745 Santa Monica, Blvd.

C MiCentro
553 S. Clarence St.

O Other locations
Please check listing

V The Village at Ed Gould Plaza
1125 N. McCadden Place

MC MCC Church
5730 Cahuenga Blvd., North Hollywood

SENIORS HELPING SENIORS 323-860-5830 • PARKING INFO LINE: 323-860-7397

HOW TO RSVP TO AN EVENT

RSVP request must be made on or after the 1st of the month at at least two (2) business days in advance of an event or by the RSVP deadline where noted. Please provide the full name(s) of your guest(s) when RSVPing, if applicable. Events are free and transportation is not provided,

unless otherwise noted.

Space in activities/events can be limited. Once you RSVP, you are confirmed for an event/activity, unless you receive a call or email notifying you that you are on a wait-list. In case of an event cancellation, only those participants who made an RSVP

call or e-mail will be notified. Please be advised that only CONFIRMED guests will receive reminder calls and/or e-mails for events requiring an RSVP.

RSVP/Message Line:
323-860-5830
Toll-Free: 877-688-4833
seniors@lalgbtcenter.org

SENIORS HELPING SENIORS

This special fund is available on a limited basis for select activities, classes, and events. If you need financial assistance to attend a class, dinner or event, please call us at **323-860-5830**.

All requests are completely confidential. Please contact

us if you would like to make a donation to the Seniors Helping Seniors Fund! Please only come to The Village to pay for ticketed events, to pick up ticket(s) or to attend a ticketed event if you have received a confirmation e-mail for the event.

SPECIAL NEEDS

If you have any special needs, including dietary restrictions, accessible seating requirements, or sign language accommodations, please notify us at least 10 days in advance at **323-860-5830**. Will we always do our best to accommodate you!

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CHAIR YOGA

WEDNESDAYS, 11 A.M.

DROP-IN

V The Village
at Ed Gould Plaza

Challenge your body and brain with ancient Eastern techniques to improve your memory and health with Master Lakshmi.

ART LAB

FRIDAYS, 10:30 A.M.

DROP-IN

V The Village
at Ed Gould Plaza

Get creative and bring out your inner-artist with Carolyn.

VETERANS' SUPPORT GROUP

MONDAY, OCT. 2, 1 P.M.

T Triangle Square

MONDAY, OCT. 30, 1 P.M.

V The Village
at Ed Gould Plaza

DROP-IN

Support for LGBT military veterans in a safe and welcoming space.



LIFE CONNECTIONS 21+ MEETS 50+

TUESDAY, OCT. 3, 1 P.M.

WEDNESDAY, OCT. 18, 2 P.M.

EVENT 1029

RSVP required.

V The Village
at Ed Gould Plaza

Meet with volunteers from the Center for discussion and community time.

MY LIFE IS POETRY READING

TUESDAY, OCT. 3, 7:30 P.M.

EVENT 1025

RSVP required.

V The Village
at Ed Gould Plaza

Join us for the culmination of this autobiographical writing class for LGBT seniors led by

West Hollywood City Poet Steven Reigns. Reception with light refreshments follows. Reading will be approximately one hour; please arrive promptly.

OPERA SCREENING: DIE FLEDERMAUS (THE BAT)

FRIDAY, OCT. 6, 11 A.M.

EVENT 1026

RSVP required.

V The Village
at Ed Gould Plaza

Composed by Johann Strauss II and often considered an “operetta” for its light and humorous plot involving a New Year’s Eve ball, mistaken identities, and much frivolity...with a happy ending for all. 127 mins.

NATIONAL COMING OUT MONTH

INTERGENERATIONAL PANELS

FRIDAY, OCT. 6, 1 P.M.

Gay Panel:

EVENT 1033A

T Triangle Square

FRIDAY, OCT. 13, 1 P.M.

Transgender Panel:

EVENT 1033B

T Triangle Square

FRIDAY, OCT. 20, 1 P.M.

Lesbian Panel:

EVENT 1033C

T Triangle Square

FRIDAY, OCT. 27, 1 P.M.

Bisexual, Queer,
Pansexual Panel:

EVENT 1033D

T Triangle Square

Join us on Fridays in October to hear inspiring coming out stories from three generations of gay, lesbian, transgender, bisexual, queer, and pansexual individuals.



Photograph: Courtesy Tom of Finland House Foundation/Tom House/Martyn Thompson

PRIVATE TOUR OF TOM OF FINLAND HOUSE

FRIDAY, OCT. 13, 10:30 A.M.

EVENT 1035 • RSVP required.

Tom of Finland House

Private tour led by Tom of Finland Foundation of the "Tom House." This two-story Craftsman home in Echo Park reflects Los Angeles' contributions to the evolution of erotic art, given its association with internationally celebrated artist Tom of Finland.

A native of the Finnish countryside, Touko Laaksonen (1920-1991) adopted the pseudonym "Tom of Finland" in 1957. He soon became a renowned illustrator of gay erotica. He split his time evenly between Finland and Los Angeles. It was designated as a Historic-Cultural Monument by the Los Angeles City Council in 2016.

Meet Matthew for the tour in front of the house at 1421 Laveta Terrace, Los Angeles, 90026. Please note: erotic art will be on display. Limited street parking; public transportation encouraged (take the #2 Sunset or #4 Santa Monica bus, get off at Echo Park Boulevard and walk up Laveta Stairs). Must be able to walk up stairs to Laveta Terrace and the house has many narrow staircases.



READING OPENS MINDS

MONDAY, OCT. 9, 11 A.M.

MONDAY, OCT. 23, 11 A.M.

EVENT 1002

RSVP required.

V The Village
at Ed Gould Plaza

Share your love of reading with others! Engaging books chosen for discussion revolve around life-skills, personal perceptions, and existential questions.

TECH SUPPORT WITH MOM'S COMPUTER

TUESDAY, OCT 10, 2:30 P.M.

DROP IN

V The Village
at Ed Gould Plaza

THURSDAY, OCT. 19, 1 P.M.

DROP IN

MC MCC Church
in North Hollywood

From computers to cell phones and tablets, bring your tech devices and questions. No broken devices, please.

THINK BETTER, LIVE HAPPY

TUESDAY, OCT. 10, 1 P.M.

TUESDAY, OCT. 24, 1 P.M.

EVENT 1030

RSVP required.

V The Village
at Ed Gould Plaza

Discover the skills to create an amazing life and make your thoughts reality, as positive minds + positive vibes = positive life. Bilingual instructor.

BOWLING

**TUESDAY, OCT. 10,
10:30 A.M.**

EVENT 1028

RSVP required.

Pickwick Bowling

Join us for bowling fun

at Pickwick Bowling,
921 W. Riverside Dr.,
Burbank, 91506.

Lane and shoe rental is
\$4.75 for both. Seniors
Helping Seniors available.

BRAIN POWER

WEDNESDAY, OCT. 11, 1 P.M.

WEDNESDAY, OCT. 25, 1 P.M.

EVENT 1001

RSVP required.

V The Village
at Ed Gould Plaza

Join us for podium readings focused on the adventurous, tumultuous, and often untold stories of the life of Mary Todd Lincoln, wife of President Abraham Lincoln. From biographer Jean H. Baker: "Mary Todd Lincoln is still often portrayed in one dimension, as the stereotype of the best-hated faults of all women." Be there as her life is restored for us in whole.

TRANS 101 TRAINING

THURSDAY, OCT. 12, 1 P.M.

EVENT 1023

RSVP required.

V The Village
at Ed Gould Plaza

**THURSDAY, OCT. 12,
2:30 P.M.**

EVENT 1023T

Elvira, Mistress of the Dark.
Friday, Oct. 13



RSVP required.

T Triangle Square

Join us for this informative, interactive discussion about gender and gender identities. Learn more about gender neutral pronouns and when to use them, non-binary identities, and gender transitions. Learn what it means to be an ally to the transgender community and how to create more inclusive environments.

SPOOKTACULAR MOVIE SCREENING

FRIDAY, OCT. 13, 11:30 A.M.

EVENT 1018

RVSP required.

V The Village
at Ed Gould Plaza

Celebrate Friday the 13th

with us and two spooky classics: *Witches and Warlocks* followed by *Elvira, Mistress of the Dark*.

BROADWAY TO HOLLYWOOD

MONDAY, OCT. 16, 1 P.M.

EVENT 1013

RSVP required.

V The Village
at Ed Gould Plaza

Join us for *Little Shop of Horror*, the 1960's musical version stars Jonathan Haze as a down-on-his-luck plant shop employee who creates a talking venus flytrap that is hungry for blood!

FINANCIAL CHAT WITH CAROLYN

TUESDAY, OCT. 17, 1 P.M.:

**“FINDING SAFETY IN
VOLATILE MARKETS”**

EVENT 1022A

RSVP required.

V The Village
at Ed Gould Plaza

THURSDAY, OCT. 26, 1P.M.:

“HOW TO MANAGE RISK”

EVENT 1022A

RSVP required.

V The Village
at Ed Gould Plaza

COUNTRY LINE DANCING

TUESDAY, OCT. 17, 11 A.M.

TUESDAY, OCT. 24, 11 A.M.

EVENT 1011

RSVP required.

V The Village
at Ed Gould Plaza

Come single or with a partner for this toe-tapping class with Matthew that's great movement experience. Beginners welcome! Wear comfortable shoes; boots not required.



ELDER ABUSE PREVENTION

TUESDAY, OCT. 17, 2 P.M.

EVENT 1027

RSVP required.

V The Village
at Ed Gould Plaza

Get an overview of Adult Protective Services (APS), a 24-hour, state-mandated program that investigates reports of elder (age 65 or older) and dependent adult (age 18 to 64) abuse. Learn how to recognize signs and types of abuse and how to make a report.

SENIOR MOBILIZATION SQUAD

TUESDAY, OCT. 17, 5 P.M.

EVENT 1055

RSVP required.

T Triangle Square

Join us for the latest policy updates and actions. Since

July, the Senior Mobilization Squad has written more than 300 postcards and letters to elected officials, shared health care stories with local representatives, and participated in National Voter Registration Day. Dinner provided.

BETTE DAVIS FOR EVERYONE

WEDNESDAY, OCT. 18, 1 P.M.

EVENT 1017

RSVP required.

V The Village
at Ed Gould Plaza

Join us for *What Ever Happened to Baby Jane*, starring Bette Davis and Joan Crawford as the Hudson sisters. Davis plays Jane, a former child star who torments her paraplegic sister in their decaying Hollywood mansion.

WE WILL THRIVE

**WEDNESDAY, OCT. 18,
6:30 P.M.**

RSVP required.

V The Village
at Ed Gould Plaza

Don't miss 10 Things to Know About Estate Planning, a free panel and discussion. Speakers include Willow MC Jilton, a specialist in trust, estate, and probate law. Doors open 6 p.m. Not a Seniors Services event; RSVP at lgbtcenter.org/wewillthrive.

HICAP (HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM)

**THURSDAY, OCT. 19, 10 A.M.
THURSDAY, OCT. 26, 10 A.M.**

RSVP required.

V The Village
at Ed Gould Plaza



Pan's Labyrinth,
Thursday, Oct. 26

LARRY'S COMPUTER CLASS

**WEDNESDAY, OCT. 25,
1:30 P.M.**

EVENT 1032

RSVP required.

V The Village
at Ed Gould Plaza

Larry is back to teach the latest in technology updates.

FOCUS ON: WOMEN L50+ BOOK CLUB *NEW*

THURSDAY, OCT. 26, 7 P.M.

EVENT 1020

RSVP required.

0 Meeting a private
residence.

Join us for our new L50+ Book Club! Book Selection: The Price of Salt by Patricia Highsmith

There's a lot to know about Medicare and now there's help to make sense of it all. Meet with a HICAP counselor to get answers to all your questions. RSVP with Sandy Risdon at 800-824-0780 ext. 3006.

FINDING YOUR TRUE SELF WITH LOIS

MONDAY, OCT. 23, 1 P.M.

EVENT 1037

RSVP required.

V The Village
at Ed Gould Plaza

Explore and find your true self and learn life practices to better understand and take care of yourself.

GO METRO: SECOND ANNUAL OLDER ADULT TRANSPORTATION EXPO

TUESDAY, OCT. 24, 10 A.M.

EVENT 1014

RSVP required.

Union Station

Learn everything there is to know about using public transportation in Los Angeles. Meet at the Ticketing Concourse at Union Station, 800 N. Alameda St., Los Angeles, 90012.

MOVIE FOR TWO AT 2

THURSDAY, OCT. 26, 2 P.M.

DROP IN

M Mi Centro

Join us for *Pan's Labyrinth* (2006), director Guillermo del Toro's Spanish-language horror film about a young child who meets a mythical faun. She must carry out three perilous tasks before becoming princess of the Underworld. 120 mins. At Mi Centro, 553 S. Clarence St., 90033. Street parking available between 4th and 6th street bridges; 15-minute walk from Mariachi Plaza and Pico/Aliso Gold Line stations. One block from Metro bus lines at 4th and Boyle streets.

KIDNEY SMART

THURSDAY, OCT. 26, 2 P.M.

EVENT 1034

RSVP required.

V The Village at Ed Gould Plaza

Get help to learn more about and take control of your chronic kidney disease (CKD), including issues related to diabetes and high blood pressure.

BINGO!

FRIDAY, OCT. 27, 1 P.M.

EVENT 1005

RSVP required.

V The Village at Ed Gould Plaza

Join us for fun Bingo games and prizes!

CELEBRATE HALLOWEEN!

TUESDAY, OCT. 31, 12 P.M.

EVENT 1000

RSVP required.

V The Village at Ed Gould Plaza

Join us for a spooktacular Halloween party with our very own in-house DJ Rachel, a special Halloween-edition of Bingo, other fun games, and a costume contest.

THURSDAYS IN NOHO

Valley Thursday's in NoHo meets at the MCC Church located at 5730 Cahuenga Blvd., North Hollywood, Ca 91601

CHAIR YOGA

THURSDAY, OCT. 5, 12 P.M.

DROP-IN

MC MCC Church in North Hollywood

Challenge your body and brain with ancient Eastern techniques to improve your memory and health. At MCC Church, 5730 Cahuenga Blvd., North Hollywood, 91601.

GAME DAY

THURSDAY, OCT. 12, 12 P.M.

DROP IN

MC MCC Church in North Hollywood

Play fun games with some of the Center's volunteers! At MCC Church, 5730 Cahuenga Blvd., North Hollywood, 91601.

TECH SUPPORT WITH MOM'S COMPUTER

THURSDAY, OCT. 19, 12 P.M.

DROP IN

MC MCC Church in North Hollywood

From computers to cell phones and tablets, bring your tech devices and questions. No broken devices,



The Birds.
Thursday, Oct. 5

please. At MCC Church, 5730 Cahuenga Blvd., North Hollywood, 91601.

MOVIE SCREENING

**THURSDAY, OCT. 19, 12 P.M.
DROP IN**

MC MCC CHURCH IN NORTH HOLLYWOOD

Join us for this screening of Alfred Hitchcock's *The Birds* (1963). The townsfolk of Bodega Bay, including gorgeous socialite and her love interest, face a massive avian onslaught with feathered fiends inexplicably attacking at random. 120 mins. At MCC Church, 5730 Cahuenga Blvd., North Hollywood, 91601.

POT LUCK

**THURSDAY, OCT. 26, 12 P.M.
DROP IN**

MC MCC Church
in North Hollywood

We'll provide the main dish, please bring a side dish to share. At MCC Church, 5730 Cahuenga Blvd., North Hollywood, 91601.

FOCUS ON: MEN MEN'S SUPPORT GROUPS

**WEDNESDAYS, 10 A.M.
DROP-IN**

V The Village
at Ed Gould Plaza

Join us to meet new friends and share stories every week.

MEN'S HIKES

**THURSDAYS, 9:30 A.M.
DROP-IN**
Griffith Park

Meet at the corner of Fern Dell Drive and Black Oak Drive, 200 ft. north of Los Feliz Boulevard. Parking available along Fern Dell Drive. Wear comfortable shoes; bring water and a snack. Hike is co-ed every third Thursday.

MEN'S MOVIE

**WEDNESDAY, OCT. 25, 1 P.M.
EVENT 1021**

RSVP required.
V The Village
at Ed Gould Plaza

Join us for *The Haunting* (1963), which follows three people recruited by a paranormal investigator to help uncover the secrets of a mansion that's overwhelmed by the spirits of its former residents. 112 mins.

MEN'S DINNER

**MONDAY, OCT. 30, 6:30 P.M.
EVENT 1016**

RSVP required.
Sizzler

Enjoy dinner out at Sizzler, 400 S. Vermont Ave., Los Angeles, 90005.

FOCUS ON: WOMEN PERFORMANCE PRACTICE

FRIDAYS, 5:30 P.M.

EVENT 1038

RSVP required.

V The Village
at Ed Gould Plaza

Practice becoming more comfortable sharing your performance craft in front of an audience. Everyone will have a set time to deliver a prepared piece. Musicians, poets, teachers, etc. welcome. Class ends at 7:30 p.m.

SILVER SENSUALITY WITH SHE-AH

MONDAY, OCT. 2, 11 A.M.

EVENT 1009

RSVP required.

V The Village
at Ed Gould Plaza

Share fun, friendly, and meaningful experiences concerning the various feelings mature women experience as their bodies change.

WOMEN'S MOVIE

THURSDAY, OCT. 5, 1 P.M.

EVENT 1031

RSVP required.

Where is it?

Join us for this screening of Alfred Hitchcock's *The Birds* (1963). The townsfolk of Bodega Bay, including gorgeous socialite and her love interest, face a massive avian onslaught with feathered fiends inexplicably attacking at random. 120 mins.

L50+ DINNER

SUNDAY, OCT. 6, 6 P.M.

EVENT 1010

RSVP required.

Home Restaurant

Join us for a wonderful evening out with the gals! Look for Alice at Home Restaurant, 2500 Riverside Dr., Los Angeles, 90039. Parking with validation or available on Riverside Drive. RSVP to 323-860-5830.

L50+ POLUCK & HIKE

**SUNDAY, OCT. 22,
10:30 A.M.**

EVENT 1015

RSVP required.

Bronson Canyon Caves
in Griffith Park

Join us for some community and fun on a hike through scenic Bronson Canyon Caves followed by a pot-



LOS ANGELES LGBT CENTER®
HEALTH SERVICES

The Center's medical providers are experts at caring for the LGBT community. We accept Medi-Cal, Medicare, most major insurance plans and some HMOs. If you lack insurance or have limited financial means, we will help you determine your eligibility for medical and drug assistance programs.

**For hours and locations,
call 323-993-7500.**



FOCUS ON: HEALTH AND MENTAL HEALTH SERVICES

CASE MANAGEMENT (FIRST-TIME, NEW CLIENTS)

**WEDNESDAYS,
10 A.M. – 12 P.M.,
1 P.M. – 3 P.M.**

DROP IN

v The Village
at Ed Gould Plaza

Meet with a case manager to learn about valuable programs and services available to you as an LGBT senior, including housing, employment, medical, mental health, legal, social support, and more. First come, first served.

HOUSING SUPPORTIVE NETWORK

THURSDAY, OCT. 12, 11 A.M.

DROP IN

v The Village
at Ed Gould Plaza

Get assistance with searching for housing and additional information about Section 8 and other housing specifically for LGBT seniors.

luck lunch at 12 p.m. Hike led by Dora Olea from the Gay and Lesbian Sierrans Los Angeles Chapter. Meet at 3200 Canyon Drive, Los Angeles, 90068.

FOCUS ON: HIV+ HIV+ MEN'S SUPPORT GROUP

THURSDAYS, 1 P.M.

DROP IN

v The Village
at Ed Gould Plaza

Meet new friends and share your stories and experiences of living with HIV.

HIV+ LUNCH

**MONDAY, OCT. 30
12:30 P.M.**

EVENT 1008

RSVP required.

v The Village
at Ed Gould Plaza
Share your stories of living, surviving, and thriving. Lunch provided; \$2 donation requested.

HIV+ MOVIE

MONDAY, OCT. 30, 1 P.M.

DROP IN

v The Village
at Ed Gould Plaza

Join us for The Haunting (1959). A devilish millionaire offers five strangers \$10,000 to stay overnight in a remote haunted mansion, where they are terrorized by grizzly apparitions. Will any of the guests survive to win? 75 minutes.

RSVP/Message Line: **323-860-5830**

Email: seniors@lalgbtcenter.org

BEREAVEMENT GROUP

TUESDAYS, 1 P.M.
*Cancelled on Tuesday,
October 31*

EVENT 1004

RSVP required.

V The Village
at Ed Gould Plaza

If you are experiencing pain from the loss of a loved one, partner, family, friend, or pet, please consider joining this weekly group in partnership with Tranquil Care Hospice. For more information or if you are new to the group, please call 323-860-5827.

ALZHEIMER'S AND RELATED DEMENTIA CAREGIVER SUPPORT GROUP

**THURSDAY, OCT. 12,
10:30 A.M.**

**THURSDAY, OCT. 26,
10:30 A.M.**

EVENT 1024

RSVP required.

V The Village
at Ed Gould Plaza

A safe place for caregivers, family members, and friends caring for an LGBT loved one. Join this Alzheimer's Association



LGBT support group for caregivers, family members, and friends caring for an LGBT loved one. It will help you develop a support system, exchange practical information, talk through challenges, share feelings, and learn about community resources. Before attending, please call 323-486-6632 to confirm meeting date and time.

TRANSGENDER PERCEPTIONS

FRIDAYS, 8 P.M.

DROP IN

H Highland Annex

Questioning your gender identity can be a lonely process and, if you're considering or in the process of living your true gender, you likely have many questions. Join this social group

Fridays at the Center's Highland Annex, 1220 N. Highland Ave., 90038. Parking available in lot. \$3 - \$5 suggested donation.

HIV TESTING

WEEKDAYS, 11 A.M. – 7 P.M.

MW McDonald/Wright Building
1625 N. Schrader Blvd.,
Los Angeles, 90028

**WEEKDAYS, 11 A.M. – 2 P.M.,
4 P.M. – 7 P.M.**

G Center-WeHo
8745 Santa Monica Blvd.,
West Hollywood, 90069
Free testing on a walk-in basis.



LOS ANGELES
LGBT
CENTER
SENIOR
SERVICES

L50+

Hike & Potluck

Sunday,
October 22

**Bronson Canyon Caves
in Griffith Park**
3200 Canyon Drive

Arrive at 10:15 a.m.
Hike starts at 10:30 a.m.

Can't make the hike?

Join us at 12 p.m. for the potluck.

*(Potluck will be at the picnic
tables at the beginning of the
route—look for the L50+ signs.)*

RSVP at 323-860-5830
Event #1015

Join us for some community and fun on a hike through scenic Bronson Canyon Caves followed by a potluck lunch. Hike led by Dora Olea from the Gay and Lesbian Sierrans, Los Angeles Chapter.

The historic Bronson Canyon Caves in Griffith Park have been featured in many film and television productions, including as the site of the original Bat Cave. We'll follow an easy two-mile route on dirt. The hike is rated as easy and good for all skill levels. Bring sunscreen, sturdy walking shoes, water, and a potluck item to share at the picnic tables following the hike.

Directions: Turn north onto Canyon Dr. off Franklin Ave. (between N. Van Ness Avenue and N. Bronson Avenue) in the southwest section of Griffith Park. Drive for about one (1) mile and enter the park. There are two FREE parking lots or park on the curve. Look for the L50+ sign. Carpooling encouraged. If you need transportation assistance to attend, contact us in advance for assistance through the Seniors Helping Seniors fund.

L50+: Los Angeles LGBT Center's programming for lesbian and bisexual senior women