



LOS
ANGELES
LGBT
CENTER®

SENIOR
SERVICES

50+

JUNE 2026

PRIDE MONTH

*The Bravest Thing You
Can Be Is Yourself!*

RSVP/Hotline: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lalgbtcenter.org

Senior Services strives to create a safe, welcoming, and respectful community where lesbian,

gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg
Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

Mailing Address:

Senior Services
6725 Santa Monica Blvd
Los Angeles, CA 90038

Helpline:
323-860-5830

Toll Free:
877-688-4833

For questions, more information or to RSVP for upcoming events, please contact us at seniors@lgbtcenter.org or **323-860-5830**.

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our email list. Send an email to seniors@lgbtcenter.org requesting to "Go Green."



LETTER FROM KIERA

Juneteenth is upon us. A national holiday commemorating the liberation of all Black people from enslavement in the U.S., its origin still remains unknown by many. Our annual Juneteenth event aims to address this with a special educational element. But let's not forget that it's also a celebration. There will be good food and some pleasant surprises, including a Black Folx Talent Showcase. RSVP early to reserve a spot for this event on June 16, 1:30–3PM at Ariadne Getty Senior Housing.

June is also Pride month, when we celebrate all the brilliant, beautiful aspects of our community, including our elders living and past who fought for our rights and our ability to be ourselves and love who we love. It's also a time to consider the areas of liberation we have still not achieved and our collective work for the future. Keep an eye out for more information on Senior Services engagements during a variety of Pride events this month in our weekly e-blasts to connect in community to celebrate. I look forward to seeing many of you.



Sincerely,
Kiera Pollock, M.S.W.
Director of Senior Services



Senior Services is supported in part by the City of West Hollywood, The Jewish Community Foundation of Los Angeles, City of Los Angeles Department of Aging, and Gilead Sciences.

Senior Services is here for you!

Shower & Laundry Facilities:

Showers and laundry are available free of charge for registered senior participants Monday–Friday from 9AM–12:30PM. Sign up at the kiosk at the front desk. Shower and laundry facilities are drop-in and based on availability.

*Laundry available every other day.

Cyber Center:

The Cyber Center is open for computer use on Tuesdays, Wednesdays, and Thursdays, from 10AM to 1PM and 2PM to 5PM, based on availability. Location: The Village at Ed Gould Plaza, 1125 N. McCadden Pl., Los Angeles, CA 90038.



PARKING TICKETING SYSTEM

Parking in the parking garage is free with a validation card. Validation cards are available to registered participants attending one of our programs or a meeting with Senior Center staff.

Participants are required to take a ticket upon entrance of parking garage. Parking is available on P-1 and is based on availability. Obtain parking validation card at the front desk of the Senior Center to exit the garage. If you do not obtain a parking validation card, you will need to pay for parking to exit.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

DROP-IN CASE MANAGEMENT

Mondays, Wednesdays, & Fridays | 9:30am-3pm

Get assistance signing up for benefits, housing information, caregiver assistance, health and mental health services, and more.

Sign up for an appointment through our kiosk.
Appointments based on availability.

If you are currently assigned a case manager, please contact them for an appointment.
Drop-in hours are only for those not currently enrolled in case management.

Los Angeles LGBT Center
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, 90038

323-860-5830 and seniors@lalgbtcenter.org



LOS ANGELES LGBT CENTER
SENIOR SERVICES

CONSULTORÍA DE CASOS

Lunes, Miércoles, y Viernes | 9:30am-3pm

Obtén asistencia para completar aplicaciones relacionadas a vivienda, beneficios (de diferentes índoles), asistencia con cuidadores, salud (física y mental), entre muchos otros temas.

Inscríbete para obtener una cita por medio de nuestro quiosco.
Citas según disponibilidad.

Si ya tienes un trabajador social asignado, contactálo para obtener una cita.
El horario de consultoría de casos es exclusivo para aquellos clientes sin un trabajador social designado.

Los Angeles LGBT Center Anita May Rosenstein Campus
Harry & Jeanette Weinberg Senior Center 1118 N.
McCadden Place, 90038

Nuestra línea Telefónica es: 323-860-5830
Nuestro correo electrónico es: seniors@lalgbtcenter.org



PANTRY PICK-UP

2 DAYS A WEEK



Senior Services Pride Pantry is available to registered participants up to twice per month.

Please bring your Senior Services card when picking up your items. Only 1 bag per client allowed.

Senior Pride Pantry Pick-up:
Tuesdays 1:30-3 PM
Thursdays 9:30-11 AM

Senior Pantry Pick-up Location:
1111 N. Las Palmas, Los Angeles, CA 90038



For more information contact
seniors@lalgbtcenter.org or 323-860-5830.

DISPENSARÍA DE COMIDA

2 DÍAS A LA SEMANA



El servicio Senior Services Pride Pantry está disponible para los participantes registrados hasta dos veces al mes.

Por favor, traiga su tarjeta de Servicios para Adultos Mayores cuando recoja sus artículos. Solo se permite una bolsa por cliente.

Dispensaría de comida:
Martes 1:30-3 PM
Jueves 9:30-11 AM

Dirección:
1111 N. Las Palmas, Los Angeles, CA 90038



Para obtener más información, comuníquese con
seniors@lalgbtcenter.org o llame al 323-860-5830.



WHAT'S ON YOUR MIND?

TO GIVE US FEEDBACK, MAKE A SUGGESTION, OR SUBMIT A GRIEVANCE, OPEN YOUR CELL PHONE CAMERA AND POINT IT AT THE QR CODE BELOW.

SCAN ME!

or <https://www.surveymonkey.com/r/SSFeedbackForm>

HELPLINE: 323-860-4833 OR SENIORS@LALGBTCENTER.ORG

WeHo Pride Community Event

KALEIDOSCOPE

WHERE LEGACY LIVES IN COLOR

THURSDAY, JUNE 11
4-8 PM

Join us for a vibrant evening honoring the legacy, resilience, and contributions of LGBTQ elders—while building meaningful new connections across generations. Guests are invited to wear a monochromatic outfit inspired by a color from the Pride flag and will be seated with others in the same color to spark conversation and connection.

Enjoy a buffet dinner, mocktails, a heartfelt recognition program, and lively music and dancing. Come honor our elders, share your story, and find your people—one color at a time. Further information coming soon - wehopride.com

Fiesta Hall, Plummer Park, West Hollywood

farmers market

JOIN US THE FIRST WEDNESDAY OF THE MONTH FOR FARMER'S MARKET! IN COLLABORATION WITH SEEDS OF HOPE, SHOP FOR FREE, FRESH AND NUTRITIOUS PRODUCE.

**WEDNESDAY, JUNE 3
11:00AM-1:00PM**

**BAYARD RUSTIN PLAZA
ANITA MAY ROSENSTEIN CAMPUS**

1118 N. McCadden Place,
Los Angeles 90038



Must be 50+ and
a registered participant
of the Senior Center

For more information, contact
seniors@lalgbtcenter.org or
(323) 860-5830



LOS ANGELES LGBT CENTER
SENIOR SERVICES



UPCOMING CLOSURES

SENIOR SERVICES WILL BE
CLOSED THE FOLLOWING
DATES/TIMES IN JUNE

FRIDAY, JUNE 5 - SENIOR PROM

FRIDAY, JUNE 19 - JUNETEENTH

MONDAY, JUNE 22 - CLOSSES AT 1:30PM

WE APOLOGIZE FOR ANY INCONVENIENCE.
PLEASE PLAN ACCORDINGLY.



LOS ANGELES LGBT CENTER
SENIOR SERVICES

STILL WE RISE PRESENTS

WILD & WITTY WOMEN COMEDY SHOW

Join us for a women-led mix of comedy, spoken word, and real conversations. Basically... a space to laugh, connect, and hear some real stories from women who are not holding back. Light snacks and refreshments will be provided. Curated by Paula Odysseos.

**TUESDAY, JUNE 2
3-5 PM**



LOS ANGELES LGBT CENTER
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

STILL WE RISE PRESENTS



"Count it All Poetry"

Poetry Reading Culmination Performance

You are cordially invited to "Count it All Poetry," A women-led Poetry Showcase. Join our workshop participants for a cozy evening of literary sharing. Hear intimate poetry readings exploring themes of identity, self-discovery, and transformation. Light snacks and refreshments will be provided. Curated by Alysha Wise.

**TUESDAY, JUNE 9
5-7 PM**

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038



FALLS PREVENTION RESEARCH STUDY

We at Senior Services invite you to take part in a research project funded by the National Council on Aging (NCOA). This study is for clients ages 60+.

R&B LINE DANCING

W/ E TALLEY II

Come and shake your groove thing with instructor E. Talley II. Learn some new moves and dance to songs you love. All levels welcome!

Tuesdays 11AM-12PM

AS PART OF THIS PROJECT, YOU'LL BE ASKED TO COMPLETE:

Informed Consent – an optional (but highly encouraged) form that explains the project and your role, so you can make the best choice about participating.

Pre/Post Surveys – questionnaires given at the start and end of the series.



Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

RSVP AT: 323.860.5830 OR SENIORS@LALGBTCENTER.ORG

MONDAYS

RACIAL JUSTICE ALLIES

11AM–12PM

Come study the history of race, racism, and white privilege in America. Learn the ways history and legacy create policy and trauma that impacts all identities. This group meets weekly on Zoom and in person at the Senior Center.

Meeting ID: 913 4967 4772

Passcode: 427757

SENIOR WRITING GROUP

11AM-1PM

Join our Senior Writing Group! Create prose or poetry from writing prompts and assignments. Contact seniors@lalgbtcenter.org or 323-860-5830 to join.

Meeting ID: 949 3045 5017

Passcode: 218422

JIU-JITSU

1:30-3PM

Join our Jiu-Jitsu workshop with Erin Muscatelli from our Culinary Arts Team! Learn practical self-defense techniques for real-life situations, like grabs, holds, and ground attacks. This intergenerational group welcomes all ages and abilities and includes participants from the Trans Lounge class, fostering a supportive and inclusive learning environment.

Location: Senior Center

TUESDAYS

DANCE, MEDITATION, & MOVEMENT

10–11AM >>>



Every Thursday 10-11AM

BRAIN GAMES

Brain games for seniors. Come stimulate your cognitive functions like memory, focus, and problem-solving, with activities such as word search, puzzles, and memory card games. Competitive fun with prizes.

Facilitated by Activities Coordinator Jennifer.



HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

Join instructor E Talley II for a gentle and joyful class that blends deep breathing, calming stretches, some mindful Tai Chi/ Qigong movements and Dance. All levels welcome!

Location: Senior Center

R&B LINE DANCING

11AM–12PM

Come and shake your groove thing with instructor E. Talley II. Learn some new moves and dance to songs you love. All levels welcome! Participants ages 60+ will be asked to complete an informed consent and pre/post surveys.

Location: Senior Center

CARDIO SOUL DANCE

1:30–2:30PM

Come join E. Talley II as you learn a series of contemporary dance routines to help reach your daily recommended steps in a fun and uplifting experience.

Location: Senior Center

MOVING FORWARD AFTER LOSS

1:30–3PM

A social group for those who have lost a loved one and are interested in exploring life after loss. This is an inclusive space for all. Space is limited.

For those interested in joining or for a referral to other supports, please contact us at 323-860-5830 or seniors@lalgbtcenter.org.

Location: Senior Center

SPILLING THE TEA

1:30–2:30PM

A social and support group for transgender and gender non-conforming senior adults to support one another and build community. Gain the necessary tools to increase >>>

FALLS PREVENTION RESEARCH STUDY

We at Senior Services invite you to take part in a research project funded by the National Council on Aging (NCOA). This study is for clients ages 60+.

Cardio Soul Dance Class

Come join E Talley II to learn a series of contemporary dance routines that will help you reach your daily recommended steps in a fun and uplifting environment



AS PART OF THIS PROJECT, YOU'LL BE ASKED TO COMPLETE:
Informed Consent – an optional (but highly encouraged) form that explains the project and your role, so you can make the best choice about participating.
Pre/Post-Test Surveys – questionnaires given at the start and end of the series.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

RSVP AT: 323.860.5830 OR SENIORS@LALGBTCENTER.ORG

SPILLING THE TEA

SPILLING THE TEA

SPILL THE TEA, DON'T BE SHY.

A SOCIAL AND SUPPORT GROUP FOR TRANSGENDER AND GENDER NON-CONFORMING ADULTS TO SUPPORT ONE ANOTHER AND BUILD COMMUNITY.

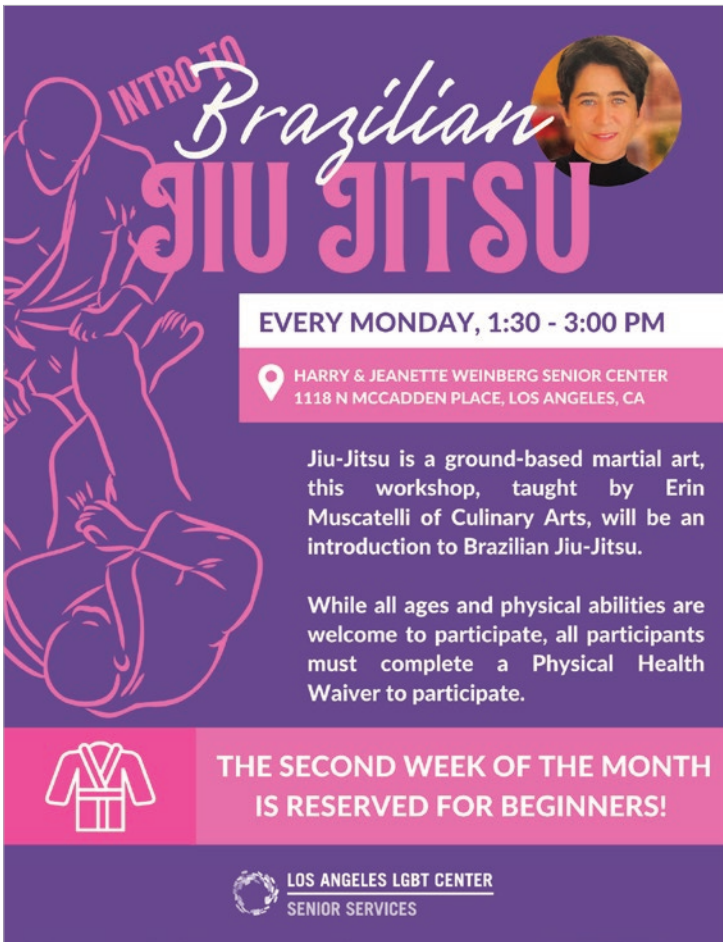
Tuesdays
1:30-2:30 PM

***Group does not meet on the 4th Tuesday of every other month, beginning January 2026.**

In Person, Senior Center or
Meeting ID: 976 9741 6232 Passcode: 786547

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038




INTRO TO
Brazilian
JIU JITSU

EVERY MONDAY, 1:30 - 3:00 PM

 **HARRY & JEANETTE WEINBERG SENIOR CENTER**
1118 N MCCADDEN PLACE, LOS ANGELES, CA

Jiu-Jitsu is a ground-based martial art, this workshop, taught by Erin Muscatelli of Culinary Arts, will be an introduction to Brazilian Jiu-Jitsu.

While all ages and physical abilities are welcome to participate, all participants must complete a Physical Health Waiver to participate.

 **THE SECOND WEEK OF THE MONTH IS RESERVED FOR BEGINNERS!**

 **LOS ANGELES LGBT CENTER**
SENIOR SERVICES

empowerment. Group does not meet on the 4th Tuesday of the month when we host our bi-monthly potluck.

Location: Senior Center
or **Meeting ID:** 976 9741 6232
Passcode: 786547

SENIOR SERVICES PRIDE PANTRY (NEW DAY ADDED)

1:30-3PM

Senior Services Pride Pantry is available to registered participants up to twice per month. Please bring your Senior Services card when picking up your items. Only 1 bag per client allowed.

Location: Senior Pride Pantry, 1111 N. Las Palmas, Los Angeles, CA 90038

WEDNESDAYS

MEN'S SOCIAL GROUP

10AM-12PM

Meet new friends and share stories. Open to all self-identifying men to share in a safe, supportive space.

Location: Senior Center
or **Meeting ID:** 932 7122 4639
Passcode: 249740

CHAIR YOGA

11AM-12PM

Join our facilitator Lucero for a fun and supportive class that challenges both body and mind. Together, you'll explore gentle techniques to boost balance, build stability, support memory, and improve overall health. Participants ages 60+ will be asked to complete an informed consent and pre/post test surveys.

Location: Senior Center
or **Meeting ID:** 981 4546 9997
Passcode: 418978



CHAIR
YOGA

Join Lucero for a fun and supportive class that challenges both body and mind. Together, you'll explore gentle techniques to boost balance, build stability, support memory, and improve overall health.

WEDNESDAYS 11AM-12PM

IN-PERSON AND VIA ZOOM
MEETING ID: 981 4546 9997
PASSCODE: 418978

AS PART OF THIS PROJECT, YOU'LL BE ASKED TO COMPLETE:

Informed Consent – an optional (but highly encouraged) form that explains the project and your role, so you can make the best choice about participating.

Pre/Post Surveys – questionnaires given at the start and end of the series.

 **LOS ANGELES LGBT CENTER**
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

BEGINNING TAP DANCE

1:30–2:30PM

Learn the fundamentals of tap dancing with Lauren & Carl! Tap is one of the greatest feel-good dances you can enjoy. It's fun to learn and fun to practice. All skill levels welcome.

Location: Senior Center

HOUSING APPLICATION DAYS

1:30–3PM

Looking for More Affordable Housing Options? Join our hands-on workshop designed specifically for older adults seeking affordable housing. Learn how to search for housing opportunities, complete applications, and take actionable steps—all in one session. Our team is here to support you as you explore options and work toward securing a place that fits your budget. Don't wait—let's take the first steps together! Meets every Wednesday in the Cyber Center.

Space is limited, please arrive on time to secure a computer.

Location: The Village at Ed Gould Plaza, Cyber Center, 1125 N. McCadden Pl., Los Angeles, CA 90038

VETERAN'S SUPPORT GROUP

2–3PM

This group offers support for LGBTQ+ military veterans in a safe and welcoming space.

Location: Senior Center

or **Meeting ID:** 997 4154 4863

Passcode: 301481

THURSDAYS

MEN'S HIKING GROUP

9:30AM

Join Senior Services volunteer Daryl Dean at the corner of Fern Dell Dr. and >>>





EVERYDAY MOVEMENT

FOR ALL

LEARN MIND/BODY AWARENESS AS WE EXPLORE HOW TO SIT, STAND, AND MOVE WITH GREATER EASE AND LESS PAIN. AN ALEXANDER TECHNIQUE TAUGHT BY BECKY SANDLER.

MEETING ID: 202 631 4079
Password: 7tmxHL

FRIDAYS | 11:30AM-12:30PM



Black Oak Dr., 200 ft. north of Los Feliz Blvd. for a weekly hike. Comfortable shoes, water, and snacks are recommended. Co-ed hiking is on the 3rd Thursday of the month.

Location: Griffith Park

SENIOR SERVICES PRIDE PANTRY

9:30–11AM

Senior Services Pride Pantry is available to registered participants up to twice per month. Please bring your Senior Services card when picking up your items. Only one (1) bag per client allowed.

Location: Senior Pride Pantry, 1111 N. Las Palmas, Los Angeles, CA 90038

BRAIN GAMES

10–11AM

Brain games for seniors. Come stimulate your cognitive functions like memory, focus, and problem-solving, with activities such as word search, puzzles, and memory card games. Competitive fun with prizes. Facilitated by Activities Coordinator Jennifer.

Location: Senior Center

MEN LIVING WITH HIV

1:30–3PM

Share your stories and experiences of living with HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

Location: Senior Center

2ND & 4TH FRIDAY
3-4:30 P.M.

EBONY SAGE CIRCLE

Open to all black and brown-identified senior (50+) participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color.

in person & online via Zoom.

2nd Friday: Senior Center (1118 N McCadden Place)
4th Friday: Center South
(2313 W. Martin Luther King Jr. Blvd)

Meeting ID: 735 732 7145 Passcode: n90pm

FRIDAYS

EVERYDAY MOVEMENT FOR ALL

11:30AM–12:30PM

Learn how to bring balance & joy to daily activities through this Alexander Technique class with Becky Sandler. Learn improved mind/body awareness as we explore >>>

how to sit, stand, and move with greater ease and less pain.

Meeting ID: 202 631 4079

Password: 7tmxHL

LGBTQ+ SENIORS CANCER SUPPORT GROUP

3-5PM

This online support group for LGBTQ+ seniors impacted by cancer offers a comfortable online environment to share experiences and learn from others. RSVP to info@cancersupportla.org

Location: Virtual



LOS ANGELES LGBT CENTER
SENIOR SERVICES

Breakfast BINGO

MONDAY | JUNE 15

Join us this month for Breakfast Bingo!

Coffee, tea, and snacks begin at 9:30 AM
Bingo starts promptly at 10 AM

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

HIV & AGING

DINNER DISCUSSION

TUESDAY, JUNE 23RD

6 - 8 PM

JUNE TOPIC

HIV Long-Term Survivors Awareness Day

Join us in a session that will honor, uplift and inform our long-term HIV+ community in collaboration with our medical partners.

Harry and Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038



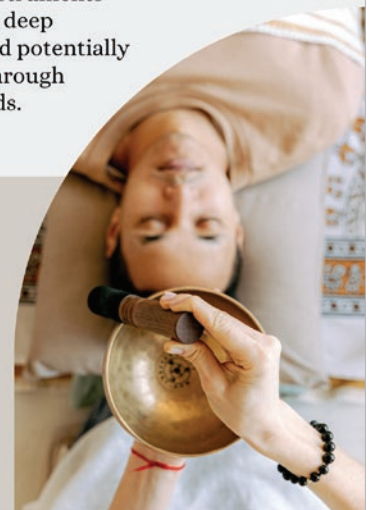
SOUND BATH

Monday, June 22

11 AM-12 PM

with Alex

A meditative practice where participants lie down or sit and are "bathed" in a wash of sounds produced by various instruments with the intention of inducing deep relaxation, stress reduction, and potentially promoting a sense of healing through vibrations created by the sounds.



Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Pl. Los Angeles, CA 90038

MONDAY	TUESDAY	WEDNESDAY
<p>1</p> <p>Quick & Healthy Meals on a Budget! 10-11AM</p> <p>Racial Justice Allies 11AM-12PM</p> <p>Senior Writing Group 11AM-1PM</p> <p>Jiu-Jitsu 1:30-3PM</p> <p>LGBTech 1:30-3PM</p>	<p>2</p> <p>Dance Meditation & Movement 10-11AM</p> <p>Legal Services Office Hours 10AM-12PM</p> <p>R&B Line Dancing 11AM-12PM</p> <p>Cardio Soul Dance 1:30-2:30PM</p> <p>Moving Forward 1:30-3PM</p> <p>Spilling the Tea 1:30-2:30PM</p> <p>Senior Pantry Pickup 1:30-3PM</p> <p>Still We Rise Presents: Wild & Witty Women: A Standup Comedy Class Finale 3-5PM</p> <p>Still We Rise Presents: Count it All Poetry 5-7PM</p>	<p>3</p> <p>Cyber Center 10AM-1PM & 2-5 PM</p> <p>Men's Social Group 10AM-12PM</p> <p>Medicare Counseling 10AM-2PM</p> <p>Farmers Market 11AM-1PM</p> <p>Chair Yoga 11AM-12PM</p> <p>Beginning Tap 1:30-2:30PM</p> <p>Housing Application Days 1:30-3PM</p> <p>Veteran's Support Group 2-3PM</p>
<p>8</p> <p>Morning Movie 10-11:30AM</p> <p>Racial Justice Allies 11AM-12PM</p> <p>Senior Writing Group 11AM-1PM</p> <p>Jiu-Jitsu 1:30-3PM</p>	<p>9</p> <p>Cyber Center 10AM-1PM & 2-5PM</p> <p>Dance Meditation & Movement 10-11AM</p> <p>R&B Line Dancing 11AM-12PM</p> <p>Cardio Soul Dance 1:30-2:30PM</p> <p>Moving Forward 1:30-3PM</p> <p>Spilling the Tea 1:30-2:30PM</p> <p>Senior Pantry Pickup 1:30-3PM</p> <p>Still We Rise Presents: Count it All Poetry Finale 5-7PM</p> <p>Prostate Cancer Support Group 7-9PM</p>	<p>10</p> <p>Cyber Center 10AM-1PM & 2-5 PM</p> <p>Men's Social Group 10AM-12PM</p> <p>Chair Yoga 11AM-12PM</p> <p>Beginning Tap 1:30-2:30PM</p> <p>Housing Application Days 1:30-3PM</p> <p>Pride Month Docuseries 1:30-3PM</p> <p>Veteran's Support Group 2-3PM</p>
<p>15</p> <p>Breakfast Bingo 9:30-11AM</p> <p>Medicare Counseling 10AM-2PM</p> <p>Racial Justice Allies 11AM-12PM</p> <p>Senior Writing Group 11AM-1PM</p> <p>Jiu-Jitsu 1:30-3PM</p> <p>LGBTech 1:30-3PM</p>	<p>16</p> <p>Cyber Center 10AM-1PM & 2-5PM</p> <p>Dance Meditation & Movement 10-11AM</p> <p>Legal Services Office Hours 10AM-12PM</p> <p>R&B Line Dancing 11AM-12PM</p> <p>Cardio Soul Dance 1:30-2:30PM</p> <p>Moving Forward 1:30-3PM</p> <p>Senior Pantry Pickup 1:30-3PM</p> <p>Spilling the Tea 1:30-2:30PM</p> <p>Out on the Table 6-8PM</p>	<p>17</p> <p>Cyber Center 10AM-1PM & 2-5 PM</p> <p>Men's Social Group 10AM-12PM</p> <p>Chair Yoga 11AM-12PM</p> <p>Beginning Tap 1:30-2:30PM</p> <p>Housing Application Days 1:30-3PM</p> <p>Pride Month Docuseries 1:30-3PM</p> <p>Veteran's Support Group 2-3PM</p>
<p>22</p> <p>Meditation Techniques 10-11AM</p> <p>Sound Bath 11AM- 12 PM</p> <p>Racial Justice Allies 11AM-12PM</p> <p>Senior Writing Group 11AM-1PM</p> <p>Senior Services Closes at 1:30PM</p>	<p>23</p> <p>Cyber Center 10AM-1PM & 2-5PM</p> <p>Dance Meditation & Movement 10-11AM</p> <p>R&B Line Dancing 11AM-12PM</p> <p>Cardio Soul Dance 1:30-2:30PM</p> <p>Moving Forward 1:30-3PM</p> <p>Spilling the Tea 1:30-3PM</p> <p>Senior Pantry Pickup 1:30-3PM</p> <p>Veteran's Potluck Dinner 6-7:30PM</p> <p>HIV Dinner & Discussion 6-8PM</p> <p>Prostate Cancer Support Group 7-9PM</p>	<p>24</p> <p>Cyber Center 10AM-1PM & 2-5 PM</p> <p>Men's Social Group 10AM-12PM</p> <p>Chair Yoga 11AM-12PM</p> <p>Beginning Tap 1:30-2:30PM</p> <p>Housing Application Days 1:30-3 PM</p> <p>Pride Month Docuseries 1:30-3PM</p> <p>Veteran's Support Group 2-3PM</p>
<p>29</p> <p>Pride Cookie Decorating 10-11AM</p> <p>Racial Justice Allies 11AM-12PM</p> <p>Senior Writing Group 11AM-1PM</p> <p>Café Mortality 1:30-3PM</p> <p>Jiu-Jitsu 1:30-3PM</p> <p>The Trash Goes out On Tuesday 1:30-3:30PM</p>	<p>30</p> <p>Cyber Center 10AM-1PM & 2-5PM</p> <p>Dance Meditation & Movement 10-11AM</p> <p>R&B Line Dancing 11AM-12PM</p> <p>Cardio Soul Dance 1:30-2:30PM</p> <p>Moving Forward 1:30-3PM</p> <p>Spilling the Tea 1:30-2:30PM</p> <p>Senior Pantry Pickup 1:30-3PM</p>	

THURSDAY	FRIDAY
<p>4</p> <p>Men's Hiking 9:30AM Senior Pantry Pickup 9:30-11AM Brain Games 10-11AM Cyber Center 10AM-1PM & 2-5PM Reading Opens Minds 1:30-3PM Men Living with HIV 1:30-3PM Pathways to Housing 1:30-3PM</p>	<p>5</p> <p>Senior Center Closed</p> <p>Senior Prom 6-9PM</p>
<p>11</p> <p>Men's Hiking 9:30AM Senior Pantry Pickup 9:30-11AM Brain Games 10-11AM Cyber Center 10AM-1PM & 2-5PM Alzheimer's Support Group 12-1:30PM Men Living with HIV 1:30-3PM Caminos a la Vivienda 1:30-3PM</p>	<p>12</p> <p>Pride Poster Making 10-11:30AM Everyday Movement 11:30AM-2:30PM Farmers Market at Mi Centro 11AM-1PM Debt Management 1:30-3PM Art Appreciation 3-4PM Ebony Sage Circle 3-4:30PM Cancer Support Group 3-5PM</p>
<p>18</p> <p>Co-Ed Hiking 9:30AM Senior Pantry Pickup 9:30-11AM Brain Games 10-11AM Cyber Center 10AM-1PM & 2-5PM Reading Opens Minds 1:30-3PM Men Living with HIV 1:30-3PM Dwell Well 1:30-2:30PM Juneteenth Celebration 1:30-3PM</p>	<p>19</p> <p>Senior Services Closed</p> <p>Juneteenth</p>
<p>25</p> <p>Men's Hiking 9:30AM Senior Pantry Pickup 9:30-11AM Brain Games 10-11AM Cyber Center 10AM-1PM & 2-5PM MCC-UCCV Potluck 12-2PM Alzheimer's Support Group 12-1:30PM Crafts with LA Public Library 1:30-2:30 PM Men Living with HIV 1:30-3PM</p>	<p>26</p> <p>Pride Reflection Circle 10-11AM Farmers Market at Center South 11AM-1PM Everyday Movement 11:30AM-12:30PM Budgeting and You 1:30-3PM HIV Story Telling Workshop 1:30-3PM TransMasc Exchange 3-4:30PM Cancer Support Group 3-5PM Ebony Sage Circle @ Center South 3-4:30PM</p>

WOMEN'S DANCE



LGBTECH



SPRING SHOWCASE





BUDGETING AND YOU

Facilitator Billy Hatton, Certified Financial Planner, will dive into a world of budgeting. This workshop will address multiple ways to budget including sticking to your budget and tracking budgets.

FRIDAY, JUNE 26
1:30-3 PM



Harry & Jeanette Weimberg Senior Center
11118 N. McCadden Place, Los Angeles, CA 90038

ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP

THURS., JUN. 11 & 25, 12-1:30PM

Join the Alzheimer's Association LGBTQ+ support group for caregivers, family members, and friends caring for an LGBTQ+ loved one. Develop a support system, talk about challenges, and learn about resources. This online group meets on the 2nd and 4th Thursday of each month. To RSVP, please contact Yael Wyte at 310-912-9120, or email ywyte@alz.org

Location: Virtual

ART APPRECIATION

FRI., JUN. 12, 3-4PM

Join this virtual visit to the museum to learn about artists and the history of each piece. Explore select artworks with Getty docent David on the 2nd Friday of each month. All art lovers are welcome!

Meeting ID: 984 9274 8385

Password: 081457

BREAKFAST BINGO

MON., JUN. 15, 9:30-11AM

Join us at the Senior Center for fun and lively Breakfast Bingo! Win fun prizes and get to know your neighbors. Breakfast and coffee begin at 9:30AM. Bingo starts promptly at 10AM.

Location: Senior Center

BUDGETING AND YOU

FRI., JUN. 26, 1:30-3PM

Facilitator Billy Hatton, Certified Financial Planner, will dive into a world of budgeting. This workshop will address multiple ways to budget including sticking to your budget and tracking budgets.

Location: Senior Center



CAFÉ MORTALITY

with Wendy & Michael

Monday, June 29th
1:30-3pm

Cafe Mortality is a social gathering where people come together to openly discuss death, dying, and related topics in a safe, respectful, and informal environment. The goal is to increase awareness of death and to help people make the most of their lives. It is not a grief support group or therapy session but rather a space for conversation.

Harry and Jeanette Weinberg Senior Center
1118 N. McCadden Place Los Angeles, CA 90038

For more information, contact: seniors@lgbtcenter.org or (323) 860-5830

CAFÉ MORTALITY

MON., JUN. 29, 1:30-3PM

Cafe Mortality is a social gathering where people come together to openly discuss death, dying, and related topics in a safe, respectful, and informal environment. The goal is to increase awareness of death and to help people make the most of their lives. It is not a grief support group or therapy session but rather a space for conversation.

Location: Senior Center

CAMINOS A LA VIVIENDA

JUEVES, JUN. 11, 1:30-3PM

Este taller ayuda a los adultos de mayor edad entender la realidad en Los Ángeles. Los participantes aprenderán sobre la crisis de vivienda y reciben recursos comunitarios para identificar metas de vivienda realistas cuando buscan por viviendas.

Su participación en este taller es requerido si esta interesado en participar en nuestro programa de navegar viviendas, pero todos estan envidados en aprender. Únete en persona o por Zoom. Para mas informacion, contacte: seniors@lalgbtcenter.org or (323) 860-5830.

Ubicación: Centro para personas mayores

Código de acceso: 988 7811 2731

Contraseña: 114741

CRAFTS WITH LA PUBLIC LIBRARY

THURS., JUN. 25, 1:30-2:30PM

Join LA Public Library for an afternoon of fun crafts and friendly conversation, learn about what the library offers and register in person! This month: Pride Art.

Location: Senior Center

DEBT MANAGEMENT

FRI., JUN. 12, 1:30-3PM

Facilitator Billy Hatton, Certified >>>

LOS ANGELES LGBT CENTER
SENIOR SERVICES

DEBT MANAGEMENT

Facilitator Billy Hatton, Certified Financial Planner, will share tips on debt management and credit repair. This workshop will cover debt history, paying down debt, repayment methods, and other ways to support your knowledge with debt.

**FRIDAY, JUNE 12
1:30- 3 PM**



Harry & Jeanette Weimberg Senior Center
11118 N. McCadden Place, Los Angeles, CA 90038

DWELL WELL: BUILDING PRIDE: TURNING HOUSING INTO COMMUNITY

**Thursday, June 18
1:30-2:30 PM**



Housing is more than shelter...it's about connection. This interactive session explores creative ways to build social connection, reduce isolation, and engage tenants in meaningful ways. Learn how small moments of engagement can lead to stronger communities, happier residents, and greater housing stability.

IN PERSON:

Harry & Jeanette Weinberg Senior Center
11118 N McCadden Place
Los Angeles, CA 90038

OR ZOOM:

Meeting ID: 966 8780 6392
Passcode: 885161

LOS ANGELES LGBT CENTER
SENIOR SERVICES



CENTER FOR HEALTH CARE RIGHTS

MEDICARE COUNSELING

W/ CENTER FOR HEALTHCARE RIGHTS

WEDNESDAY, JUNE 3 FROM 10AM-2PM
MONDAY, JUNE 15 FROM 10AM-2PM

The Center for Health Care Rights provides free, unbiased guidance on Medicare and related health insurance. State-registered HICAP Counselors will provide clear information and answer your questions to help you make informed decisions about your coverage.

To schedule an appointment: contact (213) 383-4519.

Appointments occur in-person at the Senior Center.

LOS ANGELES LGBT CENTER
 SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
 1118 N McCadden Place, Los Angeles, CA 90038

Financial Planner, will share tips on debt management and credit repair. This workshop will cover debt history, paying down debt, repayment methods, and other ways to support your knowledge with debt.

Location: Senior Center

DWELL WELL SERIES BUILDING PRIDE: TURNING HOUSING INTO COMMUNITY

THURS., JUN. 18, 1:30–2:30PM

Housing is more than shelter...it's about connection. This interactive session explores creative ways to build social connection, reduce isolation, and engage tenants in meaningful ways. Learn how small moments of engagement can lead to stronger communities, happier residents, and greater housing stability.

Location: Senior Center or
Meeting ID: 966 8780 6392
Password: 885161

JUNETEENTH CELEBRATION

THURSDAY, JUNE 18
1:30-3 PM

Juneteenth is a national holiday celebrating the legitimate emancipation of all enslaved Black people in this country. This year, Senior Services is celebrating with a special educational feature – plus a Black Folx Talent Showcase and a Cookout with Bar-B-Q and fixins. There will be a DJ on duty as well!

This year's event is for clients who RSVP. If you are interested in joining the Talent Showcase please indicate that in your reservation" RSVP to 323-860-5830 or seniors@lalgbtcenter.org



LOS ANGELES LGBT CENTER
 SENIOR SERVICES

ARIADNE GETTY SENIOR HOUSING
 1127 LAS PALMAS AVE., LOS ANGELES, CA 90038

EBONY SAGE CIRCLE

FRI., JUN. 12 & 26, 3-4:30PM

Ebony Sage Circle is open to all black and brown identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color. Ebony Sage meets on the 2nd Friday at Senior Center and at Center South on the fourth Friday.

Location: Senior Center or Center South, 2313 W. Martin Luther King Jr. Blvd Los Angeles, CA 90008 or
Meeting ID: 735 732 7145
Password: n90pm

FARMERS MARKET

WED., JUN. 3, 11AM-1PM

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place from 11AM to 1PM. >>>

Produce is limited. First come, first served. Must be a registered participant with Senior Services. Please bring your own reusable bag.

Location: Senior Center

FARMERS MARKET AT CENTER SOUTH

FRI., JUN. 26, 11AM-1PM

Come and select fresh produce at our community site, Center South. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 4th Friday of every month, 11AM-1PM. Produce is limited. First come, first served.

Location: Center South, 2313 W. Martin Luther King Jr. Blvd., Los Angeles, CA 90008

FARMERS MARKET AT MI CENTRO

VIERNES, JUN. 12, 11AM-1PM

Ven y selecciona productos frescos en nuestro sitio comunitario, Mi Centro. En colaboración con Seeds of Hope, el Farmers Market se lleva a cabo el segundo viernes de cada mes, de 11AM a 1PM. La producción es limitada. El primero en llegar es el primero en ser atendido.

Come and select fresh produce at our community site, Mi Centro. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 2nd Friday of every month, 11AM-1PM. Produce is limited. First come, first served.

Ubicación: Mi Centro, 553 S. Clarence St., Los Angeles, CA 90033

GAY MEN'S PROSTATE CANCER SUPPORT GROUP

TUES., JUN. 9 & 23, 7-9PM

In partnership with Cancer Support Community LA, the gay and bisexual men's prostate cancer support group meets on the 2nd & 4th Tuesday of the month via >>>

MOVIE SCREENING AND Q&A OF THE AWARD-WINNING

**MONDAY
JUNE 29**

1:30-3:30PM



THE RENBERG THEATRE

1125 N
MCCADDEN PL,
LOS ANGELES,
CA 90038



TUESDAY THOMAS



JESSE ORRALL



LIBBY SALEMI



ZACH BINDER AND TICKLEMUFF

Join a celebration of trans excellence with the documentary screening of "The Trash Goes out on Tuesday" starring trans elder Tuesday Thomas showing her resilience transitioning over 40 years ago when there was no road to follow along. Followed by a Q&A hosted by actress Alexandra Billings (from hit TV show Transparent), opening by comedian Libby Salemi, a spectacular performance by puppeteer Zach binder and Ticklemuff and a performance by our very own Tuesday Thomas. A reception with light refreshments will be held at the Village after the show.



THE HIV STORY TELLING PROJECT

**FRIDAY, JUNE 26
1:30-3 PM**

This workshop is for individuals living with HIV who want to share their lived-experience with the community. We'll gather, share stories, and talk about how our experiences can help create better services and care. Together, we'll use our voices to fight stigma and push for change. Participants will have the opportunity to record their stories on video.*

(*You are NOT required to be video-taped in order participate)

**LOS ANGELES LGBT CENTER
SENIOR SERVICES**

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038



LEGAL SERVICES OFFICE HOURS WITH SENIORS



On the 1st and 3rd Tuesday of each month, an attorney will be available at the Senior Center to provide consultation and case evaluation services. During your appointment you may ask legal questions, and we will provide the most accurate advice and information possible.

We are available to assist for a range of legal issues, from preparing for small-claims court, providing eviction defense resources, to immigration eligibility screening. Come with your questions and legal issues and we will do our best to help you.

Sign up for appointments, based on availability.

Tuesday, June 2 & 16
10AM-12PM



Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

Zoom. Discuss treatment, doctors, insurance, sex, relationships, and coping. To RSVP, contact info@cancersupportla.org.

Location: Virtual

HIV & AGING: DINNER & DISCUSSION SERIES

TUE., JUN. 23, 6-8PM

Join us on the 4th Tuesday of each month for a dinner and discussion series geared towards people living with HIV or impacted by HIV. We'll reflect on our journeys and set meaningful goals for the year ahead. Join us in a session that will honor, uplift and inform our long-term HIV+ community in collaboration with our medical partners. June topic: HIV Long-Term Survivors Awareness Day.

Location: Senior Center

HIV STORY TELLING WORKSHOP

FRI., JUN. 26, 1:30-3PM

This workshop is for individuals living with HIV who want to share their lived-experience with the community. We'll gather, share stories, and talk about how our experiences can help create better services and care. Together, we'll use our voices to fight stigma and push for change. Participants will have the opportunity to record their stories on video. (You are NOT required to be video-taped in order participate.)

Location: Senior Center

JUNETEENTH PRESENTATION

THURS., JUN. 18, 1:30-3PM

Juneteenth is a national holiday celebrating the legitimate emancipation of all enslaved Black people in this country. This year, Senior Services is >>>

Monday, June 22
10:00-11:00 AM

MEDITATION TECHNIQUES

Join participants as they learn and discuss how to incorporate meditation into their practice of gratitude. Presented by Independence at Home. RSVP to reserve your space at seniors@lgbtcenter.org or (323) 860-5830.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Independence at Home
A SCAN Community Service

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

celebrating with a special educational feature – plus a Black Folx Talent Showcase and a Cookout with Bar-B-Q and fixins. There will be a DJ on duty as well! This year's event is for clients who RSVP. If you are interested in joining the Talent Showcase please indicate that in your reservation" RSVP to 323-860-5830 or seniors@lgbtcenter.org.

**Location: Ariadne Getty Senior Housing
1127 Las Palmas Ave. LA, CA 90038**

LEGAL SERVICES OFFICE HOURS WITH SENIORS

TUES., JUN. 2 & 16, 10AM-12PM

On the 1st and 3rd Tuesday of each month, an attorney will be available at the Senior Center to provide consultation and case evaluation services. During your appointment you may ask legal questions, and we will provide the most accurate advice and information possible.

We are available to assist for a range of legal issues, from preparing for small-claims court, providing eviction defense resources, to immigration eligibility screening. Come with your questions and legal issues and we will do our best to help you. Appointments based on availability.

Location: Senior Center

LGBTECH Q&A WITH MOM'S COMPUTER

MON., JUN. 1 & 15, 1:30-3PM

JUNE 1: Use Google Maps and Apple Maps with confidence. Get directions, avoid traffic, and find nearby services. Great for driving, walking, or rideshare use.

JUNE 15: Print, scan, and email documents with confidence. Learn how to handle forms, prescriptions, and records. >>>



INSTITUTE FOR PUBLIC STRATEGIES AND THE LA LGBT CENTER PRESENTS

OUT ON THE TABLE

An intergenerational dinner featuring conversations around substance use prevention and awareness

SPACE IS LIMITED
RSVP to: (323)860-5830
or
seniors@lgbtcenter.org

JUNE 16, 2026 6-8PM
LA LGBT CENTER
Pride Hall
1118 N McCadden Pl,
Los Angeles, CA 90038

LOS ANGELES LGBT CENTER SENIOR SERVICES
OUT SAFE COMMUNITIES
WEST HOLLYWOOD PROJECT
SAFER WEHO COALITION

THIS MATERIAL WAS MADE POSSIBLE BY FUNDS FROM THE LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH, SUBSTANCE ABUSE PREVENTION AND CONTROL (SAPC). THE MESSAGES, VIEWS, OR OPINIONS MADE BY ANY OF THE PUBLICATIONS, SPEAKERS, OR STAFF DO NOT REFLECT THE OFFICIAL POLICY OR POSITION OF ANY LA COUNTY AGENCY, INCLUDING SAPC.



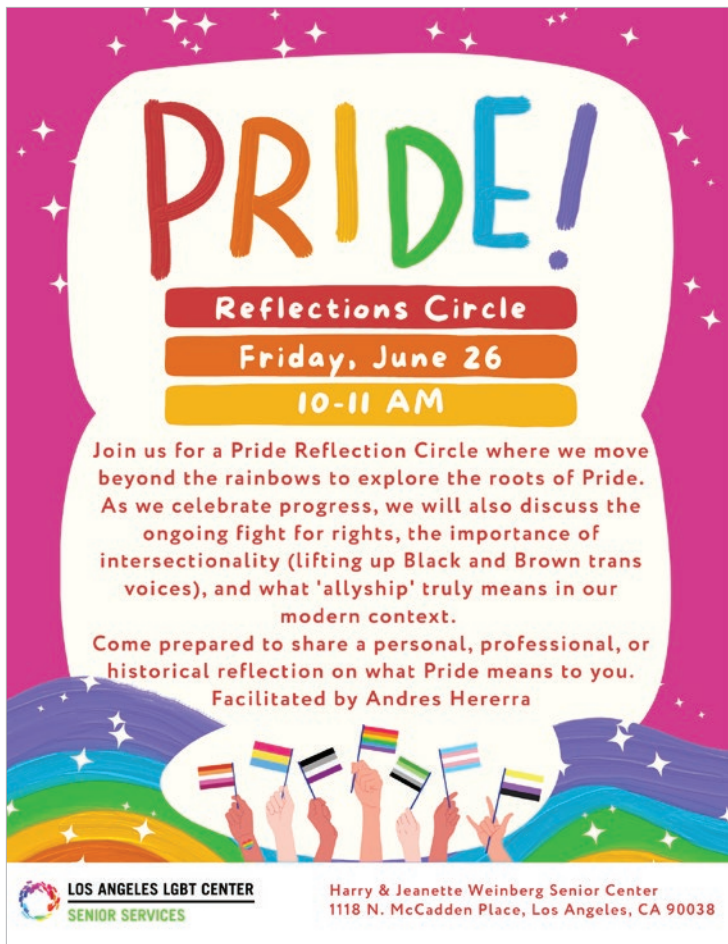
Pride COOKIE Decorating

**Monday, June 29
10-11:00 AM**

Join us for a sweet celebration of Pride Month! We are hosting a hands-on cookie decorating workshop where you can learn to create vibrant, colorful designs on delicious sugar cookies.

Whether you're a baking expert or a beginner, come enjoy a fun and relaxed environment and share some pride joy.

LOS ANGELES LGBT CENTER SENIOR SERVICES
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038



PRIDE!

Reflections Circle
Friday, June 26
10-11 AM

Join us for a Pride Reflection Circle where we move beyond the rainbows to explore the roots of Pride. As we celebrate progress, we will also discuss the ongoing fight for rights, the importance of intersectionality (lifting up Black and Brown trans voices), and what 'allyship' truly means in our modern context.

Come prepared to share a personal, professional, or historical reflection on what Pride means to you.
 Facilitated by Andres Hererra

LOS ANGELES LGBT CENTER
 SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
 1118 N. McCadden Place, Los Angeles, CA 90038



Quick & Healthy Meals on A Budget!

Monday, June 1
10:00-11:00 AM

See how to make homemade food to eat better and slash your grocery budget.

with Home Cook Jennifer

Harry & Jeanette Weinberg Senior Center
 1118 N. McCadden Place
 Los Angeles, CA 90038

LOS ANGELES LGBT CENTER
 SENIOR SERVICES

Reduce paper clutter at home. One-on-one tech help always available. Beginners welcome.

Location: Senior Center

MCC-UCCV POTLUCK

THURS., JUN. 25, 12-2PM

Valley Participants are invited to join our weekly social group at the Metropolitan Community Church-UCCV for fun activities & socializing. Potluck occurs the last Thursday of the month. In celebration of Pride Month, desserts will be available to enjoy.

Location: MCC-UCCV, 5730 Cahuenga Blvd., North Hollywood, CA 91601

MEDICARE COUNSELING

WED., JUN. 3 & MON. JUN. 15, 10AM-2PM

The Center for Health Care Rights (CHCR) provides free, unbiased guidance on Medicare and related health insurance. State-registered HICAP Counselors will provide clear information and answer your questions to help you make informed decisions about your coverage. To schedule an appointment, contact the CHCR at (213) 383-4519.

Location: Senior Center

MEDITATION TECHNIQUES

TUE., JUN. 22, 10-11AM

Join participants as they learn and discuss how to incorporate meditation into their practice of gratitude. Presented by Independence at Home.

Location: Senior Center

MORNING MOVIE ROM-COM

MON., JUN. 8, 10-11:30AM

Join us as we screen the Netflix rom-com, Love, Guaranteed. Earnest lawyer Susan accepts a high-profile case against a dating website that guarantees love, and winds >>>

up with a much bigger win.

Location: Senior Center

OUT ON THE TABLE

TUE., JUN. 16, 6-8PM

Join this intergenerational dinner featuring conversations around substance use prevention and awareness. Presented by Institute for Public Strategies and the LA LGBT Center. Space is limited, please RSVP to 323-860-5830 or seniors@lalgbtcenter.org

Location: Senior Center

PATHWAYS TO HOUSING

THURS., JUN. 4, 1:30-3PM

This workshop will help 50+ older adults navigate and understand the reality of looking for affordable housing in Los Angeles. Participants will learn about the housing crisis and community resources to identify realistic and unrealistic housing goals when searching for housing. This workshop is required to participate in our home navigation program, but everyone is invited to learn more about the options available.

Location: Senior Center or

Meeting ID: 931 3146 8648

Password: 091142

PRIDE COOKIE DECORATING

MON., JUN. 29, 10-11AM

Join us for a sweet celebration of Pride Month! We are hosting a hands-on cookie decorating workshop where you can learn to create vibrant, colorful designs on delicious sugar cookies. Whether you're a baking expert or a beginner, come enjoy a fun and relaxed environment and share some pride joy.

Location: Senior Center

PRIDE MONTH DOCUSERIES

WED., JUN. 10, 17 & 24, 1:30-3PM >>>



LOS ANGELES LGBT CENTER
SENIOR SERVICES

PRIDE POSTER MAKING

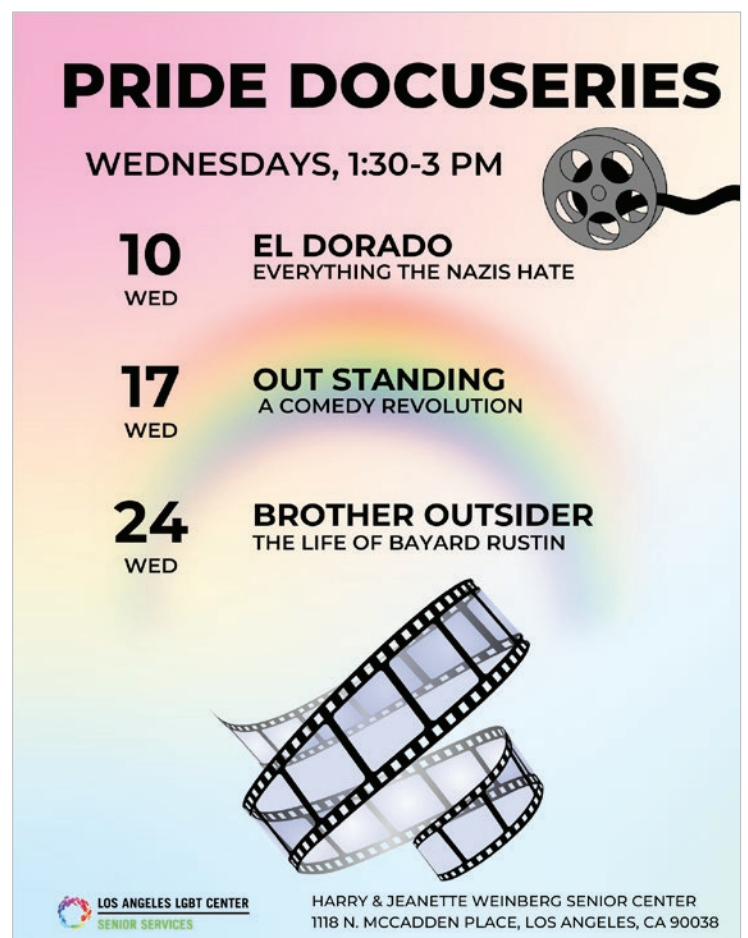
LOVE IS LOVE

#PRIDE

GET READY FOR PRIDE! JOIN US FOR A FUN, RELAXED AFTERNOON MAKING VIBRANT POSTERS, BANNERS, AND SIGNS TO CARRY IN THE PARADE OR DISPLAY IN YOUR WINDOW. WHETHER YOU'RE A PROFESSIONAL ARTIST OR JUST WANT TO MAKE A COLORFUL MESS, THIS WORKSHOP IS FOR YOU.

FRIDAY, JUNE 12
10-11:30 PM

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038



PRIDE DOCUSERIES

WEDNESDAYS, 1:30-3 PM

10
WED
EL DORADO
EVERYTHING THE NAZIS HATE

17
WED
OUT STANDING
A COMEDY REVOLUTION

24
WED
BROTHER OUTSIDER
THE LIFE OF BAYARD RUSTIN

LOS ANGELES LGBT CENTER
SENIOR SERVICES

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

Journey through the pivotal moments of LGBTQIA+ liberation. Join us for a curated documentary series, exploring the history of Pride from Stonewall to the modern day.

Location: Senior Center

PRIDE POSTER MAKING

FRI., JUN. 12, 10–11:30AM

Get ready for Pride! Join us for a fun, relaxed afternoon making vibrant posters, banners, and signs to carry in the parade or display in your window. Whether you're a professional artist or just want to make a colorful mess, this workshop is for you.

Location: Senior Center

PRIDE REFLECTION CIRCLE

FRI., JUN. 26, 10–11AM

Join us for a Pride Reflection Circle where we move beyond the rainbows to explore the roots of Pride. As we celebrate progress, we will also discuss the ongoing fight for rights, the importance of intersectionality (lifting up Black and Brown trans voices), and what 'allyship' truly means in our modern context. Come prepared to share a personal, professional, or historical reflection on what Pride means to you."

Location: Senior Center

QUICK & HEALTHY MEALS ON A BUDGET!

MON., JUN. 1, 10–11AM

See how to make homemade food to eat better and slash your grocery budget. Facilitated by Activities Team Member Jennifer G. This month's meal: Savory & Sweet Breakfast Toast.

Location: Senior Center

READING OPENS MINDS

THURS., JUN. 4 & 18, 1:30–3PM >>>

This wonderful book club has been meeting for years on the 1st and 3rd Thursday of each month and always welcomes new members.

Location: Senior Center

SOUND BATH

MON., JUN. 22, 11AM–12PM

Join us at Senior Services for a sound bath led by Alex S.! A sound bath is a deeply immersive, meditative experience where you'll be surrounded by soothing vibrations from instruments like singing bowls, gongs, and chimes, promoting relaxation and inner calm. Space is limited.

Location: Senior Center

STILL WE RISE PRESENTS: COUNT IT ALL POETRY PERFORMANCE

TUES., JUN. 9, 5-7PM

Join us for a special evening of poetry, community, and sharing, as we celebrate a collective of women poets who took part in the Still We Rise Series: "Count It All Poetry." Come celebrate the power of words as they share their completed work. Light food and beverages provided.

Location: Senior Center

STILL WE RISE PRESENTS: WILD & WITTY WOMEN - A STANDUP COMEDY SHOW

TUES., JUN. 2, 3-5PM

Come enjoy a refreshing, empowering, and hilarious afternoon of comedy as we celebrate class participants from Still We Rise: Wild & Witty Women. This women-led production offers a space for performers to break free from traditional, limited roles and express themselves without assumptions. Light food and beverages provided.

Location: Senior Center

THE TRASH GOES OUT ON TUESDAY

MON., JUN. 29, 1:30-3:30PM

Join a celebration of trans excellence with the documentary screening of "The Trash Goes out on Tuesday" starring trans elder Tuesday Thomas showing her resilience transitioning over 40 years ago when there was no road to follow along. Followed by a Q&A hosted by actress Alexandra Billings (from hit TV show Transparent), opening by comedian Libby Salemi, a spectacular performance by puppeteer Zach binder and Ticklemuff and a performance by our very own Tuesday Thomas. A reception with light refreshments will be held at the Village after the show.

Location: The Renberg Theatre 1125 N. McCadden Place, Los Angeles, CA 90028

TRANSMASC INTERGENERATIONAL EXCHANGE

FRI., JUN. 26, 3-4:30PM

A space for different generations of the transmasculine community. Welcoming trans men and transmasculine individual of all ages to join a space cultivated by the founder of Invisible Men, Luckie Alexander, for an intergenerational and supportive space.

Meeting ID: 970 2805 6270

Password: 803002

VETERAN'S DINNER

TUES., JUN. 23, 6-7:30PM

This LGBTQ+ Veterans dinner occurs on the fourth Tuesday of each month. Participants can make a dish or pickup their favorite dish from a local eatery or store. In celebration of Pride Month, dinner will be provided by Senior Services. **Attendees must be a Veteran to participate.**

Location: Senior Center



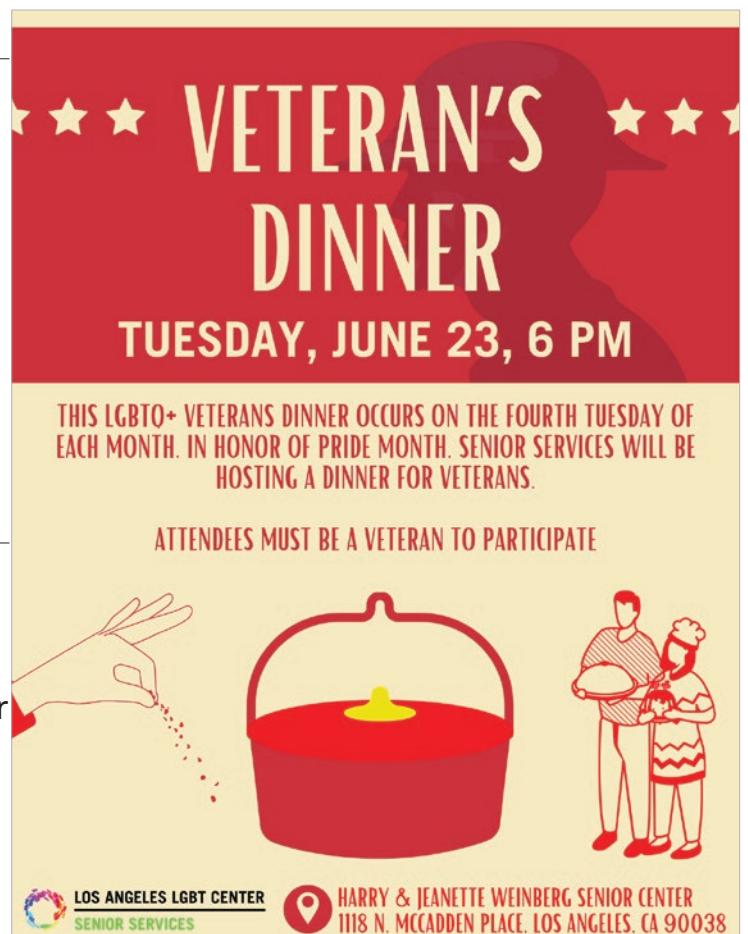
READING
OPENS MINDS

BOOK CLUB MEETS
1ST & 3RD THURSDAYS
1:30 - 3:00 PM

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES

The poster features a blue background with colorful triangular bunting at the top and small white stars scattered throughout. At the bottom, there are illustrations of hands holding various books in different colors (red, yellow, white, blue, purple).



VETERAN'S
DINNER

TUESDAY, JUNE 23, 6 PM

THIS LGBTQ+ VETERANS DINNER OCCURS ON THE FOURTH TUESDAY OF EACH MONTH. IN HONOR OF PRIDE MONTH. SENIOR SERVICES WILL BE HOSTING A DINNER FOR VETERANS.

ATTENDEES MUST BE A VETERAN TO PARTICIPATE

LOS ANGELES LGBT CENTER
SENIOR SERVICES

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE. LOS ANGELES. CA 90038

The poster has a red background with white stars at the top. In the center, there is a large red silhouette of a military helmet. Below the helmet, there are illustrations: a hand pouring red liquid into a red pot, and a man and a woman standing together. The bottom of the poster features the logos for the Los Angeles LGBT Center and the Harry & Jeanette Weinberg Senior Center.

PRIDE 2026 FESTIVITIES

WeHo Pride

FRIDAY, JUNE 5 -
SUNDAY, JUNE 7

For decades, West Hollywood has been home to one of the largest annual Pride celebrations in the world. Join the weekend-long celebration!

For more information, go to wehopride.com.

Kaleidoscope

THURSDAY, JUNE 11

Kaleidoscope, where the legacy lives in color. Fiesta Hall, Plummer Park, West Hollywood.

Dyke Day LA

SATURDAY, JUNE 13

Annual day in the park for dykes, queers, and allies that celebrates queers of all genders and ages. For the most up-to-date information, including the detailed, hour-by-hour schedule, you can visit dykedayla.org

Sycamore Grove Park (4702 Figueroa St)

LA Pride Parade

SUNDAY, JUNE 14

Join us on Hollywood Boulevard for LA Pride, 2026. We'll be bringing you the 56th Annual LA Pride Parade with over 140 colorful and joyous contingents of bands, dancers, specialty vehicles, floats, marchers, giveaways, celebrities and surprises!

Trans Pride LA

SATURDAY, JUNE 20

Trans Pride Los Angeles is hosted by the Trans* Lounge program, the Los Angeles LGBT Center's groundbreaking education & empowerment program dedicated to serving Los Angeles' trans and gender expansive community.

LA Black Pride

FRIDAY, JULY 3-
MONDAY, JULY 6

The 39th Annual Black Pride 2026, themed "Unleash Your Superpower," celebrates Black LGBTQ+ culture. For more information, visit lablackpride.org.