



LOS
ANGELES
LGBT
CENTER®

SENIOR
SERVICES

50+

JULY 2025

DISABILITY PRIDE MONTH



RSVP/Helpline: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lalgbtcenter.org



**LOS
ANGELES
LGBT
CENTER**
**SENIOR
SERVICES**

Senior Services strives to create a safe, welcoming, and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg
Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

Helpline:
323-860-5830

Toll Free:
877-688-4833

For questions, more information or to RSVP for upcoming events, please contact us at **seniors@lalgbtcenter.org** or **323-860-5830**.

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our email list. Send an email to **seniors@lalgbtcenter.org** requesting to "Go Green."



LETTER FROM KIERA

Disability Pride Month is celebrated in July since 1990, the year the Americans with Disabilities Act was signed into law. Human Rights Campaign Foundation completed a review of national research on disabilities and found that LGBTQ adults and transgender adults had a higher rate of reporting at least one disability compared to the straight community. The presence of having a dual identity as both LGBTQ+ and disabled increases the amount of discrimination and bias individuals experienced in their lifetime, leading to increased mental health concerns, inconsistent medical care, and financial stressors. One of our community strengths is building resilience and connection with each other through mutual goals and support networks. During the month of July, I hope that you will join us by attending one of our weekly films in honor of Disability Pride Month, attend our monthly benefits workshop which will focus on Medicare and Mental Health Awareness or our Disability Pride forum.



Sincerely,
Kiera Pollock, M.S.W.
Director of Senior Services



Senior Services is supported in part by the City of West Hollywood, The Jewish Community Foundation of Los Angeles, City of Los Angeles Department of Aging, and Gilead Sciences.

Senior Services is here for you!

Shower & Laundry Facilities:

Showers and laundry are available free of charge for registered senior participants Monday 9:30AM–12:30PM, Tuesday–Friday from 9:30AM–12:30PM and 3–4:30PM.

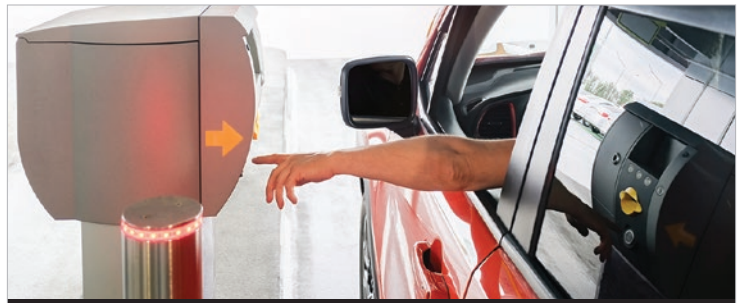
Sign up at the kiosk at the front desk.

Shower and laundry facilities are drop-in and based on availability.

*Laundry available every other day.

Cyber Center:

The Cyber Center is open for computer use on Tuesdays, Wednesdays, and Thursdays, from 10:00 AM to 1:00 PM and 2:00 PM to 5:00 PM, based on availability. Location: The Village, 1125 N. McCadden Pl., Los Angeles, CA 90038.



PARKING TICKETING SYSTEM

Parking in the parking garage is free with a validation card. Validation cards are available to registered participants attending one of our programs or a meeting with Senior Center staff.

Participants are required to take a ticket upon entrance of parking garage. Parking is available on P-1 and is based on availability. Obtain parking validation card at the front desk of the Senior Center to exit the garage. If you do not obtain a parking validation card, you will need to pay for parking to exit.

An illustration on a blue background showing three stylized figures interacting with technology. One figure stands pointing at a large screen displaying code, another sits at a desk with a computer, and a third stands holding a tablet. A potted plant is on the desk. The text 'CYBER CENTER' is in large yellow letters, and the 'LOS ANGELES LGBT CENTER' logo is in the top right.

CYBER CENTER

LOS ANGELES
LGBT
CENTER

The Cyber Center is open:

Tuesdays, Wednesdays & Thursdays
10a.m. - 1p.m. and 2p.m. - 5p.m.

The Village at Ed Gould Plaza
1125 N. McCadden Place
Los Angeles, CA 90038

How to Join a Zoom Group

- Call **213-338-8477** from your phone.
- Enter Meeting ID followed by the #sign.
- When asked for Participants ID press the # sign, then enter passcode followed by the # sign.

OR

- Download the Zoom app onto your phone and enter the Meeting ID and Passcode.
- You can also go to **<http://zoom.us>** to connect from your computer.

PANTRY PICK-UP



- Senior Services Pride Pantry is available to registered participants up to twice per month.
- Please bring your Senior Services card when picking up your items.

**Senior Pride Pantry Pick-up:
Tuesday & Thursday 9:30–11am**

Senior Pride Pantry Pick-up:
Please go to our portal to register for pick-up at
seniors.lalgbtcenter.org/#/login

Farmers Market

WED., JULY 2 • 11AM–1PM

Anita May Rosenstein Campus
Bayard Rustin Courtyard

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the first Wednesday of every month from 11AM to 1PM.

Produce is limited; first come, first served. Must be a registered participant with Senior Services.



JOIN US
MONDAY THROUGH
FRIDAY FOR:

Hot, Delicious & Nutritious Lunch



12:30-1:30 PM

Hot, delicious, and nutritious lunches created by the Center's Culinary Arts Education Program are available Monday through Friday at 12:30-1:30PM. Meals are first come, first served based on availability. Vegan options are available.

Please bring your Senior Services ID Card.
If you are new to our lunch program,
please check-in at the front desk to enroll.

More Info: seniors@lalgbtcenter.org or 323.860.5830

Harry and Jeanette Weinberg Senior Center
1118 N. McCadden Place Los Angeles, CA 90038



WHAT'S ON YOUR MIND?

TO GIVE US FEEDBACK, MAKE A SUGGESTION, OR SUBMIT A GRIEVANCE, OPEN YOUR CELL PHONE CAMERA AND POINT IT AT THE QR CODE BELOW.

SCAN ME!



or <https://www.surveymonkey.com/r/SSFeedbackForm>

HELPLINE: 323-860-4833 OR SENIORS@LALGBTCENTER.ORG

UPDATE TO OUR HOUSING NAVIGATION PROGRAM

Participants in the 'Pathways to Housing' program will now be added to our waitlist to be matched with a housing team member for one-on-one support. To improve your chances of securing housing, we strongly encourage you to do any of the following:

1. Attend 'Pathways to Housing', held every first Thursday of the month. You **must** complete the Pathways to Housing Workshop to receive long-term housing navigation services from the Center.
2. Utilize our 'Drop-in Housing Navigation' services available every Tuesday.
3. Attend our weekly 'Housing Application Sessions', held every Wednesday from 2-4 PM in the Cyber Center.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

LOOKING FOR MORE AFFORDABLE HOUSING OPTIONS?

Join our hands-on workshop designed specifically for older adults seeking affordable housing. Learn how to search for housing opportunities, complete applications, and take actionable steps—all in one session. Our team is here to support you as you explore options and work toward securing a place that fits your budget. Don't wait—let's take the first steps together! Space is limited.

**EVERY WEDNESDAY
2:00 - 4:00 PM**

Cyber Center at the Village at Ed Gould Plaza
1125 N McCadden Place, Los Angeles 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES

LOS ANGELES LGBT CENTER
SENIOR SERVICES

DROP-IN CASE MANAGEMENT

Wednesdays & Thursdays | 9:30 a.m.–3:30 p.m.

Get assistance signing up for benefits, housing information, caregiver assistance, health and mental health services, and more.

Sign up for an appointment through our kiosk.
Appointments based on availability.

If you are currently assigned a case manager, please contact them for an appointment. Drop-in hours are only for those not currently enrolled in case management.

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, 90038
323-860-5830 and seniors@lalgbtcenter.org

LOS ANGELES LGBT CENTER
SENIOR SERVICES

CONSULTORÍA DE CASOS

Miércoles y Jueves | 9:30 a.m.–3:30 p.m.

Obtén asistencia para completar aplicaciones relacionadas a vivienda, beneficios (de diferentes índoles), asistencia con cuidadores, salud (física y mental), entre muchos otros temas.

Inscríbete para obtener una cita por medio de nuestro quiosco. Citas según disponibilidad.

Si ya tienes un trabajador social asignado, contactálo para obtener una cita. El horario de consultoría de casos es exclusivo para aquellos clientes sin un trabajador social designado.

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, 90038
Nuestra línea Telefónica es: 323-860-5830
Nuestro correo electrónico es: seniors@lalgbtcenter.org



Weekly Events

MONDAYS

RACIAL JUSTICE ALLIES

11AM–12PM

Come study the history of race, racism, and white privilege in America. Learn the ways history and legacy create policy and trauma that impacts all identities. This group meets weekly on Zoom and in person at the Senior Center.

Meeting ID:

913 4967 4772

Passcode: **427757**

SENIOR WRITING GROUP

11:30AM-1:30PM

Join our Senior Writing Group! Create prose or poetry from writing prompts and assignments. Contact seniors@lalgbtcenter.org or 323-860-5830 to join.

Meeting ID:

949 3045 5017

Passcode: **218422**

TUESDAYS

R&B LINE DANCING

11AM–12PM

Come and shake your groove thing with instructor E Talley II! Learn some new moves and dance to songs you love. All levels welcome!

Location: **Senior Center**

CARDIO SOUL DANCE

1:30–2:30PM

Come join E. Talley II as you learn a series of contemporary dance routines to help reach your daily recommended steps in a fun and uplifting experience.

Location: **Senior Center**

MOVING FORWARD AFTER LOSS

1:30–3PM

A social group for those who have lost a loved one and are interested in exploring life after loss. This is an inclusive space for all. Space is limited. For those interested in joining or for a referral to other supports, please contact us at 323-860-5830 or seniors@lalgbtcenter.org

Location: **Senior Center**

SPILLING THE TEA

1:30–3PM

A social and support group for transgender and gender non-conforming senior adults to support one another and build community. Gain the necessary tools to increase empowerment.

Location: **Senior Center** or
Meeting ID:

976 9741 6232

Passcode: **786547**

JIU-JITSU

2:30–3:30PM

Join our Jiu-Jitsu workshop with Erin Muscatelli from our Culinary Arts Team! Learn practical self-defense techniques for real-life situations, like grabs, holds, and ground attacks. All ages and abilities are welcome. **The second**

week of each month is reserved for beginners.

Location: **Senior Center**

WEDNESDAYS

MEN'S SOCIAL GROUP

10AM–12PM

Meet new friends and share stories. Open to all self-identifying men to share in

a safe, supportive space.

Location: Senior Center or

Meeting ID:

932 7122 4639

Passcode: 249740

CHAIR YOGA

11AM–12PM

Challenge your body and brain with Lucero as you explore techniques to improve your memory and health.

Location: Senior Center

or **Meeting ID:**

981 4546 9997

Passcode: 418978

BEGINNING TAP DANCE

1:30–2:30 PM

Learn the fundamentals of tap dancing with Lauren & Carl! Tap is one of the greatest feel-good dances you can enjoy. It's fun to learn and fun to practice. All skill levels welcome.

Location: Senior Center

VETERAN'S SUPPORT GROUP

2–3PM

This group offers support for LGBTQ+ military veterans in a safe and welcoming space.

Beginning in July, group will meet at 2pm.

Location: Senior Center or

Meeting ID:

997 4154 4863

Passcode: 301481

HOUSING APPLICATION DAYS

2–4 PM

Looking for More Affordable Housing Options? Join our hands-on workshop designed specifically for older adults seeking affordable housing. Learn how to search for housing opportunities, complete applications, and take actionable steps—all in one session. Our team is here to support you as you explore options and work toward securing a place that fits your budget. Don't wait—let's take the first steps together! Meets every Wednesday in the Cyber Center. Space is limited, please arrive on time to secure a computer.

Location: The Village at Ed Gould Plaza, Cyber Center, 1125 N. McCadden Pl., Los Angeles, CA 90038

ESPAÑOL FÁCIL

3–4:30PM

Join us to for the third and final season of easy Spanish.



We'll resume where we left off with new co-facilitators and lots of learning. ¿Estás listx? Every Wednesday for six weeks starting July 23.

Location: Senior Center

THURSDAYS

MEN'S HIKING GROUP

9:30AM

Join Senior Services volunteer Daryl Dean at the corner of Fern Dell Dr. and Black Oak Dr., 200 ft. north of Los Feliz Blvd. for a weekly hike. Comfortable shoes, water, and snacks are recommended.

Co-ed hiking is on the 3rd Thursday of the month.

Location: Griffith Park

DISABILITY PRIDE MONTH FILMS

10-12PM

Join Senior Services for a series of films highlighting the lives and experiences of people living with disabilities. All are welcome! See accompanying flyer for film listings.

Location: Senior Center

MEN LIVING WITH HIV

1:30-3PM

Share your stories and experiences of living with

HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

Location: Senior Center

FRIDAYS

EVERYDAY MOVEMENT FOR ALL

11:30AM-12:30PM

Learn how to bring balance & joy to daily activities through this Alexander Technique class with Becky Sandler. Learn improved mind/body awareness as we explore how to sit, stand, and move with greater ease and less pain.

Meeting ID:

202 631 4079

Password: 7tmxHL

EBONY SAGE CIRCLE

3-4:30PM

Ebony Sage Circle is open to all black and brown identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color. This group is hybrid and meets in person at the Senior Center on the first Friday, Center South the second, third, and fourth Friday.

Location: Senior Center

or Center South 2313 W. Martin Luther King Jr. Blvd Los Angeles, CA 90008. or

Meeting ID:

735 732 7145

Password: n90pm

LGBTQ+ SENIORS CANCER SUPPORT GROUP

3-5PM

This online support group for LGBTQ+ seniors impacted by cancer offers a comfortable online environment to share experiences and learn from others. RSVP to info@cancersupportla.org

Location: Virtual

ATTENTION CLIENT MEMBERS

Senior Services supports members of the LGBTQ+ community as well as allies. please note, specific activities and events have been created to serve members of these communities to provide a safe space where like-minded individuals can connect and support one another.

To maintain these respectful spaces, we kindly ask you to carefully review our Newsletter and not attend activities or events meant for particular populations.

For more information, please refer to our community guidelines located at the front desk of the senior center or in our weekly highlights email.

For any questions or concerns, please contact seniors@lalgbtcenter.org.
or (323) 860-5830.



LOS ANGELES LGBT CENTER
SENIOR SERVICES

SENIOR SERVICES COOLING CENTER

When the temperature is above 90 degrees
(During Senior Center Operating Hours)

WATCH A FILM AND STAY COOL!

CHECK IN WITH STAFF DURING LUNCH IF YOU ARE
INTERESTED IN PARTICIPATING.



Enhanced Audio Support Now Available at Senior Services

Dear Senior Services Clients,
We are committed to creating an inclusive and accessible environment for all our community members. To better support clients with hearing loss, Senior Services is now equipped with audio and sound gear, including microphones and speakers, which will be integrated into most group activities.

Additionally, personal headsets are available for clients who may need extra hearing assistance. If you would like to check out a headset, please visit the front desk. Our staff is happy to assist you with any questions or additional accessibility needs.

Thank you for being part of our community. We look forward to ensuring everyone has a comfortable and engaging experience in our programs.



For assistance, please visit the front desk or contact Senior Services.



CHAIR YOGA



Challenge your body and brain
with Lucero as you explore techniques
to improve your memory and health.

**EVERY WEDNESDAY
11AM-12PM**

Location: Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

and via Zoom
Meeting ID: 981 4546 9997
Passcode: 418978



JOIN US IN LEARNING CONVERSATIONAL SPANISH FOR
BEGINNERS, ¡VAMOS POR MÁS!

WEDNESDAYS / JULY 23RD - AUGUST 27TH
3:00 - 4:30 PM

LIMITED AVAILABILITY

RSVP (323) 860-5830

Seniors@lalgbtcenter.org

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Pl
Los Angeles, CA 90038



Senior Service will be closed the following dates/times in July:

- **Thursday, July 3- Closed at 2 PM**
- **Thursday, July 4- Closed**
- **Mondays, Closed at 1:30PM**

We apologize for any inconvenience. Please plan accordingly.

DISABILITY PRIDE MONTH MOVIES

EVERY 
THURSDAY 
10:00-12:00 PM

JULY 3
CODA (2021)

JULY 10
CRIP CAMP (2020)

JULY 17
SPECIAL (TV SHOW)

JULY 24
PEANUT BUTTER FALCON (2019)

SCHEDULE



LOS ANGELES LGBT CENTER
SENIOR SERVICES

R & B Line Dance

WITH E. TALLEY II

TUESDAYS
11AM-12PM

COME AND SHAKE
YOUR GROOVE THING
WITH INSTRUCTOR
E. TALLEY II.
LEARN SOME NEW MOVES
AND DANCE TO
SONGS YOU LOVE.
ALL LEVELS WELCOME!



HARRY AND JEANETTE WEINBERG
SENIOR CENTER
1118N. MCCADDEN PL.
LOS ANGELES, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES



Grupos de Apoyo de VIH/SIDA

GRUPO DE DISCUSIÓN
WED, JULY 16, 1:30-3pm

Acompañanos en una
discusión constructiva donde
planificaremos los servicios,
programas y actividades
destinadas a nuestra
población VIH+ de habla
hispana en los meses por
venir.

Si tienes alguna pregunta,
contacta a nuestro
departamento por teléfono, al
(323) 860-5830, o por correo
electrónico a
Seniors@lalgbtcenter.org.

HIV/AIDS Support Groups

Men Living with HIV
Thursdays
1:30-3PM

Share your stories and
experiences of living with
HIV and meet some new
friends! This support group
is a safe space for the HIV-
positive community.

Location: Senior Center

HIV & AGING Dinner & Discussion

Impacted by HIV
4th Tuesday
6-8PM

This monthly dinner
and discussion series is
geared for individuals
living with HIV and/or
impacted by HIV.
A different topic is
presented each month.

Location: Senior Center

Para más información, contacto a:
For more information, contact:
seniors@lalgbtcenter.org ó (323) 860- 5830

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES

PATHWAYS TO HOUSING

Thursday, July 10
3:00pm - 4:30pm

Harry & Jeanette Weinberg
Senior Center
1118 N McCadden Place
Los Angeles, CA 90038
or
Zoom:
Meeting ID: 931 3146 8648
Passcode: 091142



**Are you over 50+? This workshop will help older
adults navigate and understand the reality of
looking for affordable housing in Los Angeles.
Participants will learn about the housing crisis
and receive community resources to identify
realistic and unrealistic housing goals when
searching for housing.**

For more information, contact:
seniors@lalgbtcenter.org or (323) 860-5830

MONDAY	TUESDAY	WEDNESDAY
	1 Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM LGBTech 3-4:30 PM	2 Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Farmers Market 11 AM-1 PM Beginning Tap 1:30-2:30 PM Veteran's Support Group 2-3 PM Housing Application Days 2-4 PM Small Claims Court 3-4 PM
7 Monday Giveaway 9:30-11AM Mental Wellness Series 10-11 AM Health Benefits Workshop 11 AM-12 PM Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM Senior Center Closes at 1:30 PM	8 Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Jiu-Jitsu (Beginners) 2:30-3:30 PM Seasoned and Sizzled 5:30-7 PM Collective Grove 6-8 PM Prostate Cancer Support Group 7-9 PM	9 Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Beginning Tap 1:30-2:30 PM Social Media Workshop 1:30-3 PM Veteran's Support Group 2-3 PM Housing Application Days 2-4 PM
14 Breakfast Bingo 9:30-11 AM Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM Senior Center Closes at 1:30 PM	15 Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM LGBTech 3-4:30 PM Veteran's Pot-Luck Dinner 6-7:30 PM	16 Senior Services Advisory Team 9:30-11 AM Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Beginning Tap 1:30-2:30 PM Grupo de Enfoque de VIH 1:30-3:30 PM Veteran's Support Group 2-3 PM Housing Application Days 2-4 PM
21 Monday Minglers 9:30-11 AM Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM Senior Center Closes at 1:30 PM	22 Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM HIV Dinner & Discussion 6-8 PM Prostate Cancer Support Group 7-9 PM	23 Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Beginning Tap 1:30-2:30 PM Veteran's Support Group 2-3 PM Housing Application Days 2-4 PM Español Fácil 3-4:30 PM
28 Monday Video Workout 9:30-10:30am Racial Justice Allies 11 AM-12 PM Sound Bath 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM Senior Center Closes at 1:30 PM	29 Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM	30 Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Beginning Tap 1:30-2:30 PM Veteran's Support Group 2-3 PM Housing Application Days 2-4 PM Español Fácil 3-4:30 PM

THURSDAY		FRIDAY	
3		4	
Men's Hiking 9:30 AM Disability Pride Month Film 10-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Reading Opens Minds 1-2:00 PM Senior Services Closes at 2PM		Senior Services Closed	
10		11	
Men's Hiking 9:30 AM Disability Pride Month Film 10-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Alzheimer's Support Group 12-1:30 PM DMH Conversation 1-2:30 PM Men Living with HIV 1:30-3 PM Pathways to Housing 3-4:30 PM		Art and Activism 10-11:30 AM Farmers Market @ Mi Centro 11 AM-1 PM Everyday Movement 11:30 AM-12:30 PM Get Used To It 1:30-3 PM Art Appreciation 3-4 PM Ebony Sage Circle @ Center South 3-4:30 PM Cancer Support Group 3-5 PM	
17		18	
Co-ed Hiking 9:30 AM Disability Pride Month Film 10-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Reading Opens Minds 1-2:30 PM Men Living with HIV 1:30-3 PM		Art and Activism 10-11:30 AM Everyday Movement 11:30 AM-12:30 PM Get Used To It 1:30-3 PM Ebony Sage Circle @ Center South 3-4:30 PM Cancer Support Group 3-5 PM	
24		25	
Men's Hiking 9:30 AM Disability Pride Month Film 10-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Alzheimer's Support Group 12-1:30 PM Men Living with HIV 1:30-3 PM		Super Hero Shirt Day 9 AM-5 PM Art and Activism 10-11:30 AM Farmers Market @ Center South 11 AM-1 PM Everyday Movement 11:30 AM-12:30 PM Get Used To It 1:30-3 PM Ebony Sage Circle @ Center South 3-4:30 PM Cancer Support Group 3-5 PM	
31			
Men's Hiking 9:30 AM Cyber Center 10 AM-1 PM & 2-5 PM MCC-UCCV Potluck 12-2 PM Men Living with HIV 1:30-3 PM Disability Forum 1:30-3 PM			



LOS ANGELES
LGBT
CENTER
SENIOR
SERVICES

WORKSHOP:

ART & ACTIVISM

Art communicates powerful messages and can impact change. Join this 3-part workshop to learn about current policies impacting seniors and create your own art

**JULY 11TH, 18TH, 25TH
10-11:30 AM**



HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

Non-Weekly Events

ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP

THURS., JULY 10 & 24, 12-1:30PM

Join the Alzheimer's Association LGBTQ+ support group for caregivers, family members, and friends caring for an LGBTQ+ loved one. Develop a support system, talk about challenges, and learn about resources. This online group meets on the 2nd and 4th Thursday of each month. To RSVP, please contact Yael Wyte at 310-912-9120, or email ywyte@alz.org

Location: Virtual

ART & ACTIVISM

FRI., JULY 11, 18, & 25, 10-11:30AM

Art has always been a powerful tool for social and political change. Given our current political climate, it is imperative for us to make our voices heard. Join us to use artwork to express yourself and to share your personal perspective on the world around you.

Location: Senior Center

ART APPRECIATION

FRI., JULY 11, 3-4PM

Join this virtual visit to the museum to learn about artists and the history of each piece. Explore select artworks with Getty docent David on the 2nd Friday of each month. All art lovers are welcome!

Meeting ID: 984 9274 8385

Passcode: 081457

BREAKFAST BINGO

MON., JULY 14, 9:30-11AM

Join us at the Senior Center on July 14 for fun and lively Breakfast Bingo! Win fun prizes and get to know your neighbors.

NAVIGATING THE TRANSITION BETWEEN RYAN WHITE & MEDI-CAL

A CONVERSATION FOR CONSUMERS & PROVIDERS

**THURSDAY, JULY 10, 2025
1:00PM-2:30PM**
**Immediately following the Commission meeting*
DMH Headquarters (Vermont Corridor)
510 S. Vermont Ave, 9th Floor, TK#05, Los Angeles 90020
Validated parking available at 523 Shatto Pl, LA 90020



Join the Consumer Caucus for an **in-person** listening session focused on improving the experience of navigating between the Ryan White HIV/AIDS Program (RWP) and Medi-Cal. This session will explore real-world experiences, barriers, and ways to ensure continuity of care.

What to Expect:

- Learn how RWP and Medi-Cal support HIV care
- Understand eligibility, enrollment, and coordination of services
- Hear from consumers and providers
- Identify system gaps and improvement opportunities

Who Should Attend:

- People living with HIV receiving Ryan White or Medi-Cal services
- HIV service providers, case managers, benefit specialists

Invited representatives from DHSP, LA Care, Health Net, and RWP Benefit Specialist Service providers.

REGISTRATION NOT REQUIRED

LUNCH & RAFFLE PRIZES

LOS ANGELES COUNTY COMMISSION ON HIV

Breakfast and coffee begin at 9:30AM.
Bingo starts promptly at 10AM.

Location: Senior Center

COLLECTIVE GROOVE

TUES., JULY 8, 6-8PM

Every second Tuesday, bring your talents and jam out with other musicians. This is an open space for musicians ages 50+ to learn from one another and create the sound of a collective groove.

Location: Senior Center

DEPARTMENT OF MENTAL HEALTH CONVERSATION

THURS., JULY 10, 1-2:30PM

The Department of Mental Health is hosting a conversation for consumers and providers in navigating the transition between Ryan White & Medi-Cal. Who should attend: People Living with HIV receiving Ryan White or Medi-Cal services. We are able to provide transportation from the Senior Center to the meeting for eight attendees. RSVP is required to seniors@lalgbtcenter.org or (323) 860-5830 by July 8, 2025.

Location: DMH Headquarters,
510 S. Vermont Ave, 9th Fl, TK#05,
LA, CA 90020

**Validated Parking available at:
523 Shatto Pl. LA, CA 90020**

DISABILITIES CONVERSATION

THURS., JULY 31, 1:30-3PM

This workshop is open to all. Hear people in our community discuss their struggles, pride, and triumphs as individuals living with disabilities. This engaging conversation will also allow participants with disabilities to share ideas for the future. Individuals are also welcome to attend, listen, and learn to become better



GRUPO DE ENFOQUE



¡Queremos saber tu opinión!

Forma parte de una discusión constructiva donde planificaremos los servicios, programas y actividades destinadas a nuestra población VIH+ de habla hispana en los meses por venir.

Gift cards, postres y bebidas estarán disponibles.

Miércoles, 16 de Julio

1:30-3:00 PM

Harry and Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES

allies. Please contact Senior Services at seniors@lalgbtcenter.org or (323)860-5830 with any accessibility needs or requests.

Location: Senior Center

FARMERS MARKET

WED., JULY 2, 11AM-1PM

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place from 11AM to 1PM. Produce is limited. First come, first served. Must be a registered participant with Senior Services. Please bring your own reusable bag.

Location: Senior Center

FARMERS MARKET AT CENTER SOUTH

FRI., JULY 25, 11AM-1PM

Come and select fresh produce at our community site, Center South. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 4th Friday of every month, 11AM-1PM. Produce is limited. First come, first served.

Location: Center South,
2313 W. Martin Luther King Jr. Blvd.,
Los Angeles, CA 90008

FARMERS MARKET AT MI CENTRO

FRI., JULY 11, 11AM-1PM

Ven y selecciona productos frescos en nuestro sitio comunitario, Mi Centro. En colaboración con Seeds of Hope, el Farmers Market se lleva a cabo el segundo viernes de cada mes, de 11AM a 1PM. La producción es limitada. El primero en llegar es el primero en ser atendido. Come and select fresh produce at our community site, Mi Centro. Provided in collaboration with Seeds of Hope, the

MONDAY, JULY 7 11AM-12PM

JULY'S PRESENTATION: MEDICARE & MENTAL HEALTH AWARENESS

HEALTH BENEFITS
WORKSHOP FOR SENIORS

JOIN US ON THE 1ST MONDAY
OF EACH MONTH FOR
EDUCATIONAL WORKSHOPS
SURROUNDING PHYSICAL,
MENTAL AND EMOTIONAL
HEALTH.

THIS PRESENTATION COVERS
MAKING HEALTHCARE
CHOICES SIMPLER
& MENTAL HEALTH

GUEST SPEAKER:
MUKAILA KAZEEM
FROM
KAZEEM COVERAGE

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE. LOS ANGELES, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES

Farmers Market takes place the 2nd Friday of every month, 11AM–1PM. Produce is limited. First come, first served.

Ubicación: Mi Centro, 553 S. Clarence St., Los Angeles, CA 90033

GAY MEN'S PROSTATE CANCER SUPPORT GROUP

TUES., JULY 8 & 22, 7–9PM

In partnership with Cancer Support Community LA, the gay and bisexual men's prostate cancer support group meets on the 2nd & 4th Tuesday of the month via Zoom. Discuss treatment, doctors, insurance, sex, relationships, and coping. To RSVP, contact info@cancersupportla.org.

Location: Virtual

GET USED TO IT: SCREENING & DISCUSSION SERIES

FRI., JULY 11, 18, & 25, 1:30–3PM

Join us for a series of screenings from the 1992–2012 talk show hosted by Shelia Kuehl and local LGBTQ+ activists covering pressing issues of the time—many of which are still relevant today. July 11: A Conversation with Morris Kight (founding member of the Los Angeles LGBT Center). July 18: Racism in the Lesbian & Gay Community. July 25 Lesbians & Feminism. Facilitated by Michael McFadden and Jennifer Gutierrez.

Location: Senior Center

GRUPO DE ENFOQUE DE VIH

WED., JULY 16, 1:30–3:30PM

¡Queremos saber tu opinión!
Forma parte de una discusión constructiva donde planificaremos los servicios, programas y actividades destinadas a nuestra población VIH+ de habla hispana en los meses por venir.



"Get Used to It"

Join us for a screening and discussions of select episodes from the 1992–2012 talk show: "Get Use to It!" hosted by Shelia Kuehl with local LGBT Activists discussing pressing issues of the time.

Many of the issues discussed then are still relevant/pressing today.

facilitated by Michael McFadden & Jennifer Gutierrez



SHELIA KUEHL

Fridays
July 11, 18 & 25
1:30–3 PM

July episodes:

07.11 Conversation with Morris Kight
07.18 Racism in the Lesbian & Gay Community
07.25 Lesbians & Feminism

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038



DINNER DISCUSSION

TUESDAY, JULY 22, 2025

6 – 8 PM

JULY TOPIC

Zero Stigma Day

Harry and Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES



Monday Minglers

Join us for Monday Mingles, a morning of connection and fun with Senior Services staff over engaging games. Happening every third Monday of the month!

**Monday, July 21
9:30-11AM**

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

Gift cards, postres y bebidas estarán disponibles.

Ubicación: Centro De Mayores

Zoom ID: 921 7968 0945

Contraseña: 579402

HEALTH BENEFITS WORKSHOP

MON., JULY 7, 11AM–12PM

Join us on the 1st Monday of each month for our health benefits workshop for seniors. Educational workshops that focus on physical, mental and emotional health. A learning environment that fosters connection and community through education. **July's Presentation: Medicare & Mental Health Awareness.**

Location: Senior Center

HIV & AGING: DINNER & DISCUSSION SERIES

TUE., JULY 22, 6–8PM

Join us on the 4th Tuesday of each month for a dinner and discussion series geared towards people living with HIV or impacted by HIV. This month's topic: **Zero Stigma Day.**

Location: Senior Center

LGBTECH Q&A WITH MOM'S COMPUTER

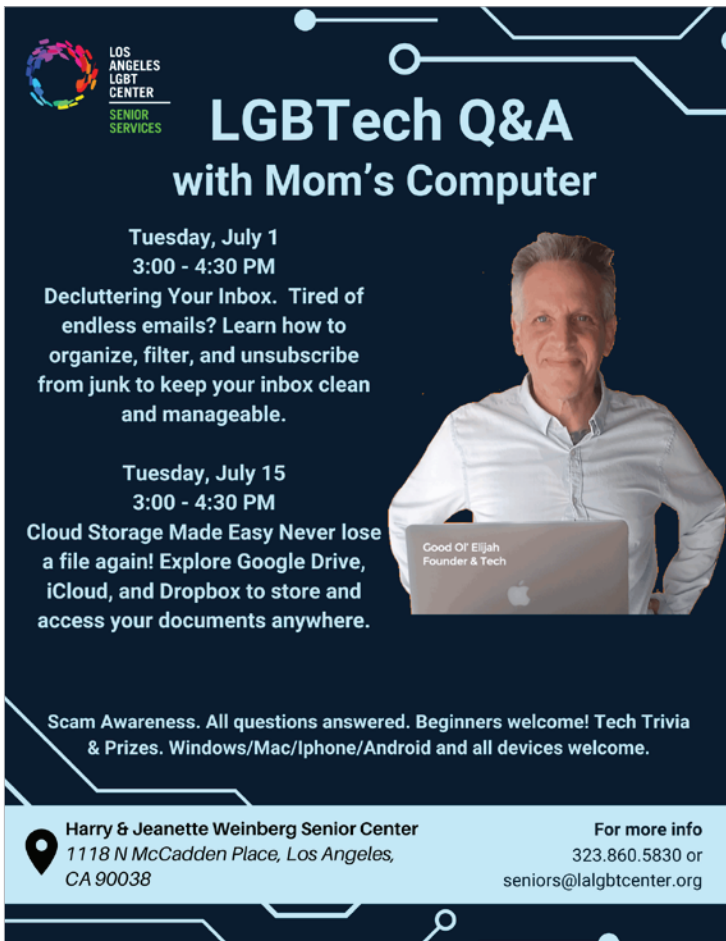
TUES., JULY 1 & 15, 3–4:30PM

JULY 1: Decluttering Your Inbox. Tired of endless emails? Learn how to organize, filter, and unsubscribe from junk to keep your inbox clean and manageable.

JULY 15: Cloud Storage Made Easy. Never lose a file again! Explore Google Drive, iCloud, and Dropbox to store and access your documents anywhere.

All questions answered. Beginners welcome! Tech trivia & prizes. All devices welcome.

Location: Senior Center



LOS ANGELES LGBT CENTER
SENIOR SERVICES

**LGBTech Q&A
with Mom's Computer**

**Tuesday, July 1
3:00 - 4:30 PM**

Decluttering Your Inbox. Tired of endless emails? Learn how to organize, filter, and unsubscribe from junk to keep your inbox clean and manageable.

**Tuesday, July 15
3:00 - 4:30 PM**

Cloud Storage Made Easy. Never lose a file again! Explore Google Drive, iCloud, and Dropbox to store and access your documents anywhere.

Good Ol' Elijah
Founder & Tech

Scam Awareness. All questions answered. Beginners welcome! Tech Trivia & Prizes. Windows/Mac/Iphone/Android and all devices welcome.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

For more info
323.860.5830 or
seniors@lalgbtcenter.org

MCC-UCCV POTLUCK

THURS., JULY 31, 12-2PM

Valley participants are invited to join our weekly social group at Metropolitan Community Church-UCCV for fun activities & socializing. Potluck occurs the last Thursday of the month.

Location: MCC-UCCV, 5730 Cahuenga Blvd., North Hollywood, CA 91601

MENTAL WELLNESS SERIES

MON., JULY 7, 10-11AM

Health, Wellness, and Wholeness: Discover how staying emotionally and physically fit can keep you healthy and give you a positive attitude. Learn how establishing social networks and support can benefit you, your friends, your family and the community in which you live. **July's Topic: Good Sleep for Emotional Wellbeing for Older Adults.** Presented by Haydeh Fakhrabadi, Psy.D., CPII with the Los Angeles County Department of Mental Health.

Location: Senior Center

MONDAY GIVEAWAY

MON., JULY 7, 9:30-11AM

Every first Monday of the month, attend a morning activity (Mental Wellness Series at 10am or the Benefits Workshop at 11am) to receive a giveaway item (While supplies last). This month's giveaway: Hand & Nail Kit.

Location: Senior Center

MONDAY MINGLES

MON., JULY 21, 9:30-11AM

Join us for Monday Mingles, a morning of games, connection, and fun with Senior Services staff. 3rd Monday of every



LOS ANGELES LGBT CENTER
SENIOR SERVICES

MENTAL WELLNESS SERIES

New Cycle Beginning July 7th

10AM - 11AM

July 7 Good Sleep for Emotional Wellbeing
August 4 Late-Life Transitions
September 8 Preserving Your Memory
October 6 Depression and Anxiety
November 3 Resiliency
December 1 Holiday Blues

Presented by the Los Angeles County Department of Mental Health to help promote mental wellness, raise awareness about mental health issues, and to provide resources.

LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES

MONDAY GIVEAWAY

MONDAY | JULY 7TH

ATTEND A MONDAY MORNING ACTIVITY (MENTAL WELLNESS SERIES AT 10AM OR THE BENEFITS WORKSHOP AT 11AM) TO RECEIVE A GIVEAWAY ITEM (WHILE SUPPLIES LAST).

THIS MONTH'S GIVEAWAY - HAND & NAIL KIT.

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SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
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FOR TRANSGENDER AND ENBY ADULTS

SEASONED & SIZZLING

BRING A DISH TO SHARE!

THIS MONTH, BRING A BARBEQUE DISH OR SIDE

JOIN US FOR THIS BI-MONTHLY GATHERING, THIS MONTH ON JULY 8TH. THIS EVENT IS OPEN TO ADULTS AGE 50+ WHO IDENTIFY AS TRANSGENDER, GENDER NON-CONFORMING, AND BI/LESBIAN WOMEN, TO SUPPORT ONE ANOTHER AND BUILD COMMUNITY. SENIOR SERVICES WILL PROVIDE A DISH.

TUESDAY, JULY 8TH FROM 5:30-7 PM



LOS ANGELES LGBT CENTER
SENIOR SERVICES

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

month. For July, Join us for Lotería.

Location: Senior Center

MONDAY VIDEO WORKOUT

MON., JULY 28, 9:30-10:30AM

Kickstart your day with gentle chair stretching and beginners video exercises.

Location: Senior Center

PATHWAYS TO HOUSING

THURS., JULY 10, 3-4:30PM

This workshop will help 50+ older adults navigate and understand the reality of looking for affordable housing in Los Angeles. Participants will learn about the housing crisis and community resources to identify realistic and unrealistic housing goals when searching for housing. This workshop is required to participate in our home navigation program, but everyone is invited to learn more about the options available.

Location: Senior Center & Zoom

Meeting ID: 931 3146 8648

Passcode: 091142

READING OPENS MINDS

THURS., JULY 3 & 17, 1-2:30PM

This wonderful book club has been meeting for years on the 1st and 3rd Thursday of each month and always welcomes new members.

Location: Senior Center

SEASONED AND SIZZLING

TUES., JULY 8, 5:30-7PM

Join us for this bi-monthly gathering hosted by Senior Services and the Spilling the Tea program. A social and support group for transgender and gender nonconforming adults to support one another and build community. This event is open to adults age 50+ who identify as transgender, gender nonconforming, and

LOS ANGELES LGBT CENTER
SENIOR SERVICES

SMALL CLAIMS COURT

Are you over the age of 50 and have questions about filing claims against your landlord? Join us for an informational workshop where you'll learn how to navigate the small claims process—in cases involving disputes with landlords. Presented by the Legal Services Department of the Los Angeles LGBT Center.

**WEDNESDAY JULY 2, 2025
3-4 PM**

**LOCATION:
HARRY AND JEANETTE WEINBERG
SENIOR CENTER
1118 N MCCADDEN PL,
LOS ANGELES, CA 90038**

seniors@lalgbtcenter.org

323-993-7400



bi/lesbian women. July's food theme is Barbecue.

Location: Senior Center

SENIOR SERVICES ADVISORY TEAM

WED., JULY 16, 9:30–11AM

The Senior Services Advisory Team (SSAT) is a member-appointed, LGBTQIA+ identifying group whose mission is to increase overall participant access to info about beneficial services at the Senior Center and in L.A. such as help groups, field trips and events, etc. Our goal is more equitable engagement among our clients. July's SSAT Meeting is open to any clients who'd like to listen in, learn more about the group, and/or perhaps express an interest in joining (decided by anonymous member vote).

Location: Senior Center & Zoom

Meeting ID: 942 8354 8472

Passcode: 069290

SMALL CLAIMS COURT

WED., JULY 2, 3–4PM

Are you over the age of 50 and have questions about filing claims against your landlord? Join us for an informational workshop where you'll learn how to navigate the small claims process in cases involving disputes with landlords. Presented by the Legal Services Department of the Los Angeles LGBT Center.

Location: Senior Center

SOCIAL MEDIA WORKSHOP W/ KEVIN WINSTON

WED., JULY 9, 1:30-3PM

Get tips on using social media, especially Instagram. In this interactive hands-on workshop, bring your phone to learn how to update your bio, engage with others,



Join us for a
**SOCIAL MEDIA
WORKSHOP**
w/ Kevin Winston

WEDNESDAY, JULY 9, 1:30-3PM

Get tips on how to use social media better, especially Instagram. In this interactive hands-on workshop, bring your phone to learn how to update your bio, engage with others, follow local resources, and do a post, story and reel. Requirements: Bring your own cell phone, with your personal Instagram account already created. About our instructor: Kevin Winston has worked in social media for more than 15 years, including digital marketing at two movie studios and university alumni Facebook groups.

 **LOS ANGELES LGBT CENTER**
SENIOR SERVICES

HARRY & JEANETTE WEINBERG SENIOR CENTER
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SOUND BATH with Alex

Monday, July 28
11 AM-12 PM

A meditative practice where participants lie down or sit and are "bathed" in a wash of sounds produced by various instruments with the intention of inducing deep relaxation, stress reduction, and potentially promoting a sense of healing through vibrations created by the sounds.



 **LOS ANGELES LGBT CENTER**
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Pl. Los Angeles, CA 90038



EVERY FRIDAY 3-4:30 P.M.

EBONY SAGE CIRCLE

Open to all black and brown-identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color.

in person & online via Zoom.

First Friday: Senior Center (1118 N McCadden Place)
 Second, Third and Fourth Fridays: Center South (2313 W. Martin Luther King Jr. Blvd)
 Fifth Fridays: No Meeting

Meeting ID: 735 732 7145 Passcode: n90pm

follow local resources, and make a Post, Story, or Reel. Please bring your own cell phone with your personal Instagram account already created. Our instructor Kevin Winston has worked in social media for more than 15 years, including digital marketing at two movie studios and university alumni Facebook groups.

Location: Senior Center

SOUND BATH

MON., JULY 28, 11-12PM

Join us at Senior Services for a sound bath led by Alex S.! A sound bath is a deeply immersive, meditative experience where you'll be surrounded by soothing vibrations from instruments like singing bowls, gongs, and chimes, promoting relaxation and inner calm. Space is limited.

Location: Senior Center

SUPER HERO TEE SHIRT DAY

FRI., JULY 25, 9AM-5PM

Join Senior Services Staff in wearing your favorite super hero shirt. Start up a conversation with others as to why you like the shirt and have fun with it. You are encouraged to wear a shirt of your liking, not mandatory, please keep the image respectful.

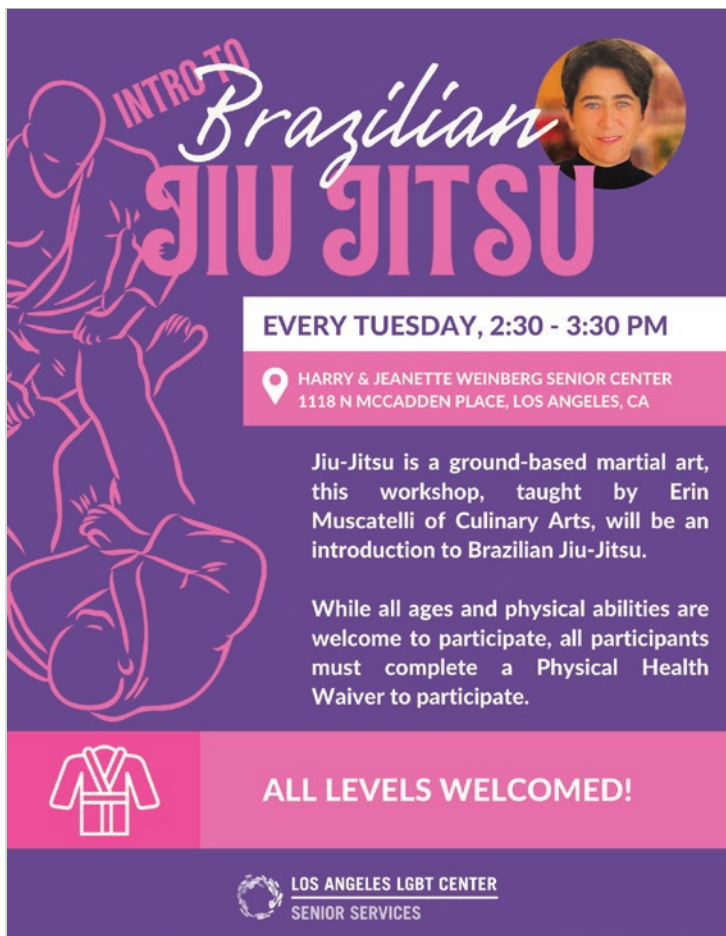
Location: Senior Center

VETERAN'S POTLUCK DINNER

TUES., JULY 15, 6-7:30PM


This LGBTQ+ Veterans dinner occurs on the third Tuesday of each month. Participants can make a dish or pickup their favorite dish from a local eatery or store. July's food theme: Mediterranean.

Location: Senior Center




INTRO TO Brazilian JIU JITSU


EVERY TUESDAY, 2:30 - 3:30 PM

 HARRY & JEANETTE WEINBERG SENIOR CENTER
 1118 N MCCADDEN PLACE, LOS ANGELES, CA

Jiu-Jitsu is a ground-based martial art, this workshop, taught by Erin Muscatelli of Culinary Arts, will be an introduction to Brazilian Jiu-Jitsu.

While all ages and physical abilities are welcome to participate, all participants must complete a Physical Health Waiver to participate.

 **ALL LEVELS WELCOMED!**

 **LOS ANGELES LGBT CENTER**
 SENIOR SERVICES

Senior Services Advisory Team



Wednesday July 16th
9:30-11AM

In person at Senior Center or:
Meeting ID 942 8354 8472
Passcode: 069290

The Senior Services Advisory Team (SSAT) is a member-appointed, LGBTQIA+ identifying group whose mission is to increase overall participant access to info about beneficial services at the Senior Center. July's SSAT Meeting is open to any clients who'd like to listen in, learn more about the group, and/or perhaps express an interest in joining (decided by anonymous member vote).

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038



Join
Senior Services staff
and

**WEAR YOUR
FAVORITE
SUPERHERO
SHIRT DAY**

**JULY 25, 2025
ALL DAY!**



LOS ANGELES LGBT CENTER
SENIOR SERVICES

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

VETERAN'S POTLUCK DINNER TUESDAY, JULY 15, 6 PM

THIS LGBTQ+ VETERANS DINNER OCCURS ON THE THIRD TUESDAY OF EACH MONTH. PARTICIPANTS CAN MAKE A DISH OR PICKUP THEIR FAVORITE DISH FROM A LOCAL EATERY OR STORE.

JULY'S FOOD THEME: MEDITERRANEAN.



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MORNING VIDEO WORKOUT

KICKSTART YOUR DAY WITH GENTLE
CHAIR STRETCHING AND BEGINNERS
VIDEO EXERCISES.

**MONDAY, JULY 28
9:30-10:30 AM**

Harry & Jeanette Weinberg Senior Center 1118 N
McCadden Place, Los Angeles 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES



LOS ANGELES LGBT CENTER
SENIOR SERVICES

SAVE THE DATE

You're invited to celebrate
**NATIONAL SENIOR
CITIZENS DAY**

Wellness Activities

Social Connection

Hydration Station & Snacks

Health Resources

Thursday, August 21, 2025

More Details to Come!



Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038