



LOS ANGELES
LGBT
CENTER®

SENIOR
SERVICES

50+

FEBRUARY 2025

CELEBRATING

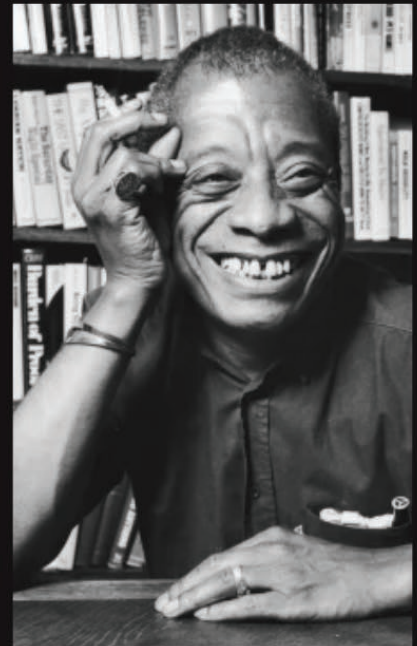
BLACK HISTORY MONTH



STORMÉ DELARVERIE



MARSHA P. JOHNSON



JAMES BALDWIN



1 FEB – 1 MAR 2025

RSVP/Helpline: 323-860-5830 or Toll-Free: 877-688-4833 • seniors@lalgbtcenter.org



Senior Services strives to create a safe, welcoming, and respectful community where lesbian, gay, bisexual and transgender people in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect, build friendships, gain support and thrive!

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg
Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

Helpline:
323-860-5830

Toll Free:
877-688-4833

For questions, more information or to RSVP for upcoming events, please contact us at seniors@lgbtcenter.org or **323-860-5830**.

GO GREEN

Remove yourself from the mailing list and access the newsletter and calendar online through our email list. Send an email to seniors@lgbtcenter.org requesting to "Go Green."

LETTER FROM KIERA

February provides an assortment of ways to connect and create community with other participants this month. Our Women's 50+ Still We Rise writing class with Mimi Gonzalez will complete their workshop series and host a final reading of their work on February 4 from 6:30-8:30 at the Senior Center. The next Still We Rise class series will begin at the end of the month and will focus on Memoir Writing with Pat Kramer. There is still time to RSVP. We will host our Soulful Lunch on February 27 from 3-5pm in Pride Hall. Space is limited, so RSVP in advance. We anticipate it will reach capacity. Each Thursday morning throughout the month, we will show a different film to celebrate Black History Month. We have a few events coming up for Valentine's Day including a card making event and a festive dance. The Valentine's Day dance will be held at the Village on February 13th. Wear your favorite red or pink outfit for the dance, meet new friends and make connections. The temperature may get chilly when the sun starts to set, so bring some extra layers. Looking forward to seeing you soon.



Sincerely,
Kiera Pollock, M.S.W.
Director of Senior Services



Senior Services is supported in part by the City of West Hollywood, The Jewish Community Foundation of Los Angeles, City of Los Angeles Department of Aging, and Gilead Sciences.

Senior Services is here for you!

Shower & Laundry Facilities:

Showers and laundry are available free of charge for registered senior participants Monday 9:30AM-12:30PM, Tuesday-Friday from 9:30AM-12:30PM and 3-4:30PM. Sign up at the kiosk at the front desk. Shower and laundry facilities are drop-in and based on availability.
*Laundry available every other day.

Cyber Center:

The Cyber Center is open for computer use on Tuesdays, Wednesdays, and Thursdays, from 10:00 AM to 1:00 PM and 2:00 PM to 5:00 PM, based on availability. Location: The Village, 1125 N. McCadden Pl., Los Angeles, CA 90038.



CYBER CENTER

The Cyber Center is open:
Tuesdays, Wednesdays & Thursdays
10a.m. - 1p.m. and 2p.m. - 5p.m.

The Village at Ed Gould Plaza
1125 N. McCadden Place
Los Angeles, CA 90038



PARKING TICKETING SYSTEM

Parking in the parking garage is free with a validation card. Validation cards are available to registered participants attending one of our programs or a meeting with Senior Center staff.

Participants are required to take a ticket upon entrance of parking garage. Parking is available on P-1 and is based on availability. Obtain parking validation card at the front desk of the Senior Center to exit the garage. If you do not obtain a parking validation card, you will need to pay for parking to exit.

How to Join a Zoom Group

- Call **213-338-8477** from your phone.
- Enter Meeting ID followed by the #sign.
- When asked for Participants ID press the # sign, then enter passcode followed by the # sign.

OR

- Download the Zoom app onto your phone and enter the Meeting ID and Passcode.
- You can also go to <http://zoom.us> to connect from your computer.

PANTRY PICK-UP



- Senior Services Pride Pantry is available to registered participants up to twice per month.
- Please bring your Senior Services card when picking up your items.

**Senior Pride Pantry Pick-up:
Tuesday & Thursday 9:30–11am**

Senior Pride Pantry Pick-up:
Please go to our portal to register for pick-up at seniors.lalgbtcenter.org/#/login

Farmers Market

WED., FEB. 5, 11AM–1PM

Anita May Rosenstein Campus
Bayard Rustin Courtyard

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the first Wednesday of every month from 11AM to 1PM.

Produce is limited; first come, first served. Must be a registered participant with Senior Services.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

STRUGGLING WITH HOUSING CRISIS IN LOS ANGELES?

HOUSING NAVIGATION DROP-INS AT THE LA LGBT CENTER'S, SENIOR SERVICES DEPARTMENT

Are you facing challenging times? Worried about your housing situation or currently without housing?

Work one-on-one with a Housing Navigator to explore your options, create a personalized plan, and receive support on your housing journey.

Drop-in appointments are first come, first served every Tuesday. To secure a spot, please register in person at the Senior Center.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Pl. Los Angeles, CA 90038



LOOKING FOR MORE AFFORDABLE HOUSING OPTIONS?

Join our hands-on workshop designed specifically for older adults seeking affordable housing. Learn how to search for housing opportunities, complete applications, and take actionable steps—all in one session. Our team is here to support you as you explore options and work toward securing a place that fits your budget. Don't wait—let's take the first steps together! Space is limited.

**EVERY WEDNESDAY
2:00 - 4:00 PM**

Cyber Center at the Village at Ed Gould Plaza
1125 N McCadden Place, Los Angeles 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES



Hot, Delicious & Nutritious Lunch

JOIN US
MONDAY THROUGH
FRIDAY FOR:



12:30-1:30 PM

Hot, delicious, and nutritious lunches created by the Center's Culinary Arts Education Program are available Monday through Friday at 12:30-1:30PM. Meals are first come, first served based on availability. Vegan options are available.

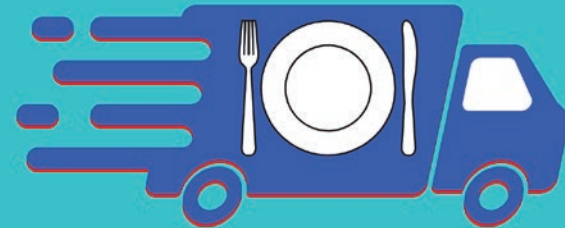
Please bring your Senior Services ID Card. If you are new to our lunch program, please check-in at the front desk to enroll.

More Info: seniors@lalgbtcenter.org or 323.860.5830

Harry and Jeanette Weinberg Senior Center
1118 N. McCadden Place Los Angeles, CA 90038

Lunch Delivery To Your Home

The Center's Culinary Arts Department is now delivering hot meals to senior members, ages 60+ that have a hard time traveling outside of their home.



Delivery may be available for those living in the following zip codes: 90004, 90010, 90020, 90028, 90029, 90036, 90039 and 90048

For More Information Contact (323) 860-7359

LOS ANGELES LGBT CENTER
SENIOR SERVICES

LOS ANGELES LGBT CENTER
SENIOR SERVICES

DROP-IN CASE MANAGEMENT

Wednesdays & Thursdays | 9:30 a.m.–3:30 p.m.

Get assistance signing up for benefits, housing information, caregiver assistance, health and mental health services, and more.

Sign up for an appointment through our kiosk. Appointments based on availability.

If you are currently assigned a case manager, please contact them for an appointment. Drop-in hours are only for those not currently enrolled in case management.

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, 90038
323-860-5830 and seniors@lalgbtcenter.org



LOS ANGELES LGBT CENTER
SENIOR SERVICES

CONSULTORÍA DE CASOS

Miércoles y Jueves | 9:30 a.m.–3:30 p.m.

Obtén asistencia para completar aplicaciones relacionadas a vivienda, beneficios (de diferentes indoles), asistencia con cuidadores, salud (física y mental), entre muchos otros temas.

Inscríbete para obtener una cita por medio de nuestro quiosco. Citas según disponibilidad.

Si ya tienes un trabajador social asignado, contactálo para obtener una cita. El horario de consultoría de casos es exclusivo para aquellos clientes sin un trabajador social designado.

Los Angeles LGBT Center
Anita May Rosenstein Campus
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, 90038
Nuestra línea Telefónica es: 323-860-5830
Nuestro correo electrónico es: seniors@lalgbtcenter.org



Weekly Events

MONDAYS

RACIAL JUSTICE ALLIES

11AM-12PM

Come study the history of race, racism, and white privilege in America. Learn the ways history and legacy create policy and trauma that impacts all identities. This group meets weekly on Zoom and in person at the Senior Center.

Meeting ID:

913 4967 4772

Passcode: 427757

SENIOR WRITING GROUP

11:30AM-1:30PM

Join our Senior Writing Group! Create prose or poetry from writing prompts and assignments. Contact seniors@lgbtcenter.org or 323-860-5830 to join.

Meeting ID:

949 3045 5017

Passcode: 218422

TUESDAYS

R&B LINE DANCING

11AM-12PM

Come and shake your groove thing with instructor E Talley III! Learn some

new moves and dance to songs you love. All levels welcome!

Location: Senior Center

CARDIO SOUL DANCE

1:30-2:30PM

Come join E. Talley II as you learn a series of contemporary dance routines to help reach your daily recommended steps in a fun and uplifting experience.

Location: Senior Center

MOVING FORWARD AFTER LOSS

1:30-3PM

A social group for those who have lost a loved one and are interested in exploring life after loss. This is an inclusive space for all. Space is limited. For those interested in joining or for a referral to other supports, please contact us at 323-860-5830 or seniors@lgbtcenter.org

Location: Senior Center

SPILLING THE TEA

1:30-3PM

A social and support group for transgender and gender non-conforming senior adults to support

one another and build community. Gain the necessary tools to increase empowerment.

Location: Senior Center or

Meeting ID:

994 0798 2438

Passcode: 964564

JIU-JITSU

2:30-3:30PM

Jiu-jitsu is a ground-based martial art that teaches practical self-defense to keep you safe in physically dangerous situations. This ongoing workshop taught by Erin Muscatelli of our Culinary Arts Team offers an introduction to Brazilian Jiu-Jitsu, focusing on a series of realistic attacks and defenses—strangles, grabs, being attacked while on the ground, and more. While all ages and physical abilities are welcome to participate, all participants must complete a Physical Health Waiver to participate.

Location: Senior Center

STILL WE RISE: WOMEN 50+ MEMOIR WRITING WORKSHOP

6:30-8:30PM

The stories we share about our lives are what people remember most about

us. And capturing those stories by writing them down helps us process those experiences. Join professional memoir writer Pat Kramer for this 5-week writing workshop beginning Feb. 25 to get started on writing your memoir. Space is limited. To RSVP, contact seniors@lgbtcenter.org or 323-860-5830.

Location: Senior Center In person with Zoom virtual option

SQUARE DANCING

6:30-9PM

Join the Tinseltown Squares for an evening of swings, promenades, and sashays. Beginners welcome! Contact seniors@lgbtcenter.org or 323-860-5830 for more information.

Location: Pride Hall

WEDNESDAYS

MEN'S SOCIAL GROUP

10AM-12PM

Meet new friends and share stories. Open to all self-identifying men to share in a safe, supportive space.

Location: Senior Center or

Meeting ID:

932 7122 4639

Passcode: 249740

CHAIR YOGA

11AM-12PM

Challenge your body and brain with Lucero as you explore techniques to improve your memory and health.

Location: Senior Center

or **Meeting ID:**

981 4546 9997

Passcode: 418978

VETERAN'S SUPPORT GROUP

1-2PM

This group offers support for LGBTQ+ military veterans in a safe and welcoming space.

Location: Senior Center or

Meeting ID:

997 4154 4863

Passcode: 301481

BEGINNING TAP DANCE

1:30-2:30 PM

Learn the fundamentals of tap dancing with Lauren & Carl! Tap is one of the greatest feel-good dances you can enjoy. It's fun to learn and fun to practice. All skill levels welcome.

Location: Senior Center

HOUSING APPLICATION DAYS

2-4 PM

Looking for More Affordable Housing Options? Join our hands-

on workshop designed specifically for older adults seeking affordable housing. Learn how to search for housing opportunities, complete applications, and take actionable steps—all in one session. Our team is here to support you as you explore options and work toward securing a place that fits your budget. Don't wait—let's take the first steps together! Meets every Wednesday in the Cyber Center. Space is limited, please arrive on time to secure a computer.

LGBTQ PERSPECTIVES IN POPULAR MUSIC

3-4:30PM

This 8-week workshop, beginning Jan. 15, explores some of the many ways in which gay men, lesbians, bisexuals, transgender and other queer folk have been engaged in popular music and musical theater: as composers, as performers, and as audiences. We will begin around 1900 and continue up to the present day. No musical background required to participate!

Location: Senior Center

THURSDAYS

MEN'S HIKING GROUP

9:30AM

Join Senior Services volunteer Daryl Dean at the corner of Fern Dell Dr. and Black Oak Dr., 200 ft. north of Los Feliz Blvd. for a weekly hike. Comfortable shoes, water, and snacks are recommended.

Co-ed hiking is on the 3rd Thursday of the month.

Location: Griffith Park

BLACK HISTORY MONTH CINEMA

10AM-12PM

Join us every Thursday for the month of February as we celebrate the work of Black filmmakers and actors, and the historical stories they tell. See flyer on page 9 for the list of films that will be shown

Location: Senior Center

MEN LIVING WITH HIV

1:30-3PM

Share your stories and experiences of living with HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

Location: Senior Center

FRIDAYS

EVERYDAY MOVEMENT FOR ALL

11:30AM-12:30PM

Learn how to bring balance & joy to daily activities through this Alexander Technique class with Becky Sandler. Learn improved mind/body awareness as we explore how to sit, stand, and move with greater ease and less pain.

Meeting ID:

202 631 4079

Password: 7tmxHL

FRAMING OUR TRUTHS

10AM-12PM

& 1:30-3:30PM

Unleash the power of your cellphone camera in this free 11-week workshop for LGBTQ+ seniors. Learn to edit, print, and exhibit your images. Two class options, mornings and afternoons. Led by Mary-Linn Hughes, Chris Velasco, and Alicia Alderete. Workshops begin on January 10th. Space is limited, RSVP for either the morning or afternoon workshop at seniors@lalgbtcenter.org or 323-860-5830.

Location: Senior Center

EBONY SAGE CIRCLE

3-4:30PM

Ebony Sage Circle is open to all black and brown identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color. This group is hybrid and meets in person at the Senior Center on the first Friday, Center South the second, third, and fourth Friday.

Location: Senior Center or Center South 2313 W. Martin Luther King Jr. Blvd Los Angeles, CA 90008. or

Meeting ID:

735 732 7145

Password: n90pm

LGBTQ+ SENIORS CANCER SUPPORT GROUP

3-5PM

This online support group for LGBTQ+ seniors impacted by cancer offers a comfortable online environment to share experiences and learn from others. RSVP to info@cancersupportla.org

Location: Virtual

or <https://www.surveymonkey.com/r/SSFeedbackForm>
HELPLINE: 323-860-4833 OR SENIORS@LALGBTCENTER.ORG

LGBTQ PERSPECTIVES IN POPULAR MUSIC

WEDNESDAYS FROM 3:00 - 4:30 PM

THIS WORKSHOP EXPLORES SOME OF THE MANY WAYS IN WHICH GAY MEN, LESBIANS, BISEXUALS, TRANSGENDER AND OTHER QUEER FOLK HAVE BEEN ENGAGED IN POPULAR MUSIC AND MUSICAL THEATER: AS COMPOSERS, AS PERFORMERS, AND AS AUDIENCES. WE WILL BEGIN AROUND 1900 AND CONTINUE UP TO THE PRESENT DAY.

YOU NEED NO FORMAL MUSICAL BACKGROUND IN ORDER TO PARTICIPATE! SPACE IS LIMITED.

8-WEEK WORKSHOP BEGINS ON WEDNESDAY, JANUARY 15

SPACE IS LIMITED, RSVP VIA SENIORS@LALGBTCENTER.ORG OR (323) 860-5830

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Pl. Los Angeles, CA 90038

LOS ANGELES LGBT CENTER SENIOR SERVICES

BLACK MONTH HISTORY CINEMA

EVERY THURSDAY 10 AM-12 PM

FEBRUARY 6 THE SIX TRIPLE EIGHT (2024)

FEBRUARY 13 RUSTIN (2023)

FEBRUARY 20 SHIRLEY (2024)

FEBRUARY 27 HARRIET (2019)

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles 90038

LOS ANGELES LGBT CENTER SENIOR SERVICES

FINCHES SCHEDULES

Framing Our Truths

A Creative Photography Workshop
Led by Mary-Linn Hughes, Chris Velasco, and Alicia Alderete

Fridays, January 10th to March 21st
with a culminating exhibition in May.

Unleash the power of your cell phone camera in this 11 week FREE workshop for LGBTQ Seniors. Learn to edit, print, and exhibit your images.

Two Class Options:

- Mornings 10 AM to 12 PM
- Afternoons 1:30 to 3:30 PM

Space is limited. RSVP for either the morning or afternoon workshop at seniors@lalgbtcenter.org or (323) 860-5830

LOS ANGELES LGBT CENTER SENIOR SERVICES
Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

Funded by the DEPARTMENT OF CULTURAL AFFAIRS City of Los Angeles

DCA

POST-ELECTION & HOLIDAY SUPPORT SPACE

FREE, DROP-IN, VIRTUAL ON ZOOM SEMI-STRUCTURED SPACES WITH EDUCATION, TOOLS, AND OPEN SHARING TIME.

RSVP & READ MORE: 

JAN 14 5:30-7pm LEGAL SERVICES UPDATES

JAN 22 5:30-7pm DISTRESS TOLERANCE & EMOTION REGULATION

JAN 27 5:30-7pm WISDOM FROM QUEER ELDERLY

FEB 4 6-7:30pm GETTING INTO ACTION

FEB 12 6-7:30pm FINDING SAFETY IN THE PRESENT MOMENT

MENTAL HEALTH SERVICES

LOS ANGELES COUNTY COMMISSION ON HIV

LOS ANGELES COUNTY COMMISSION ON HIV CAUCUSES PRESENT:



2025 Consumer Resource Fair

"Love Begins with Me"
Empowering Wellness, Advocacy and Community Beyond HIV

THURSDAY, FEBRUARY 13, 2025
12:00PM - 5:00PM

THE CALIFORNIA ENDOWMENT
1000 N. ALAMEDA STREET, LOS ANGELES, CA 90012
FREE PARKING ON-SITE [MAP/DIRECTIONS HERE](#)

Explore a variety of resources, including engaging workshops and presentations, interactive activities like Zumba, free food, exciting giveaways, and more! Don't miss this opportunity to connect with services that support holistic health and wellness beyond HIV.

Are you a vendor or service provider and would like to participate? Register [HERE](#).
For more information, email hivcomm@lachiv.org

LATLC LOS ANGELES TRIAL LAWYERS' CHARITIES

LOS ANGELES LGBT CENTER

Valentine's Breakfast BINGO

MONDAY | FEB. 10, 2025

Join us the 2nd Monday of each month for Breakfast Bingo!

Join us for **Valentine Day Themed** treats, LATLC donut wall, polaroid photos, drinks, and plenty of fun!

Bingo starts promptly at 10 a.m.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

LOS ANGELES LGBT CENTER SENIOR SERVICES

Valentine's Day CARD MAKING

WEDNESDAY
FEB. 12
10-11AM



Join us for some fun arts and crafts, to create a personalized Valentine's Day card for someone special.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles 90038




Senior Service will be closed the following dates/times in February:

- Friday, February 14, closed at 2:00 PM
- Monday, February 17, closed for Presidents' Day

We apologize for any inconvenience. Please plan accordingly.

SAVE THE DATE

Highly Favored
Saturday, February 22, 6-11 PM
The Village at Ed Gould Plaza 1125 N. McCadden Pl., 90038

Forever Fierce: Lesbian Writers Remembered
Saturday, March 15, 1-3 PM
Pride Hall 1118 N McCadden Pl., 90038

La La Leather VI: Come Together
Monday, March 24, 6:30-9:30 PM
The Renberg Theatre at Ed Gould Plaza 1125 N McCadden Pl., 90038

High Tea Dance
Thursday, March 27, 3-5 PM
Pride Hall 1118 N McCadden Pl., 90038

MORE INFORMATION TO COME!

Still We Rise Women 50+ Memoir WRITING WORKSHOP


The stories that we share about our lives are what people remember most about us. And capturing those stories, by writing them down, help us process those experiences.

Join professional Memoir Writer, Pat Kramer for this memorable writing workshop and get started writing your memoir!

Tuesdays, 6:00-8:00 PM
February 25, March 4, 11, 18 & 25

In person and Via Zoom
To RSVP, contact seniors@lalgbtcenter.org or (323) 860-5830

Space is limited. RSVP Required.



Pat Kramer is the founder of Writer For Hire, a professional writing service that creates memoirs and books. She has written dozens of personal memoirs for seniors and family histories. She has worked as a broadcast news journalist in radio, and in print for Variety, L.A. Times and many other publications.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

LOS ANGELES LGBT CENTER SENIOR SERVICES

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Mental Wellness Series 10-11 AM Benefits Workshop 11 AM-12 PM Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM</p> <p>Senior Center Closes at 1:30 PM</p>	<p>4</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM LGBTech 3-4:30 PM Still We Rise 6:30-8:30 PM (Final Reading) Square Dancing 6:30-9 PM</p>	<p>5</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Farmers Market 11 AM-1 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Housing Application Days 2-4 PM LGBTQ Perspectives in Popular Music 3-4:30 PM</p>	<p>6</p> <p>Men's Hiking 9:30 AM Black History Month Cinema 10 AM-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Grupo de Apoyo de VIH 10-11:30 AM Reading Opens Minds 1-2:30 PM Men Living with HIV 1:30-3 PM Pathways to Housing 3-4:30 PM Spilling The Tea Dinner (The Melt in Weho) 5:00 PM</p>	<p>7</p> <p>Framing Our Truths 10 AM-12 PM Everyday Movement 11:30 AM-12:30 PM Living Your Best Life for 2025 1:30-3 PM Framing Our Truths 1:30-3:30 PM Ebony Sage Circle 3-4:30 PM Cancer Support Group 3-5 PM</p>
<p>10</p> <p>Breakfast Bingo 9:30-11 AM Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM</p> <p>Senior Center Closes at 1:30 PM</p>	<p>11</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM Collective Grove 6-8 PM Square Dancing 6:30-9 PM Prostate Cancer Support Group 7-9 PM</p>	<p>12</p> <p>Valentine's Day Card Making 10-11 AM Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Housing Application Days 2-4 PM LGBTQ Perspectives in Popular Music 3-4:30 PM</p>	<p>13</p> <p>Men's Hiking 9:30 AM Black History Month Cinema 10 AM-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Alzheimer's Support Group 12-1:30 PM Men Living with HIV 1:30-3 PM Valentine's Day Dance 3-5 PM</p>	<p>14</p> <p>Framing Our Truths 10 AM-12 PM Farmers Market @ Mi Centro 11 AM-1 PM Everyday Movement 11:30 AM-12:30 PM Art Appreciation 3-4 PM</p> <p>Senior Center Closes at 2 PM</p>
<p>17</p> <p>Presidents' Day Senior Center Closed</p>	<p>18</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM LGBTech 3-4:30 PM Speed Friending Roommates 6-7:30 PM Veteran's Pot-Luck Dinner 6-7:30 PM Square Dancing 6:30-9 PM</p>	<p>19</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM Housing Application Days 2-4 PM LGBTQ Perspectives in Popular Music 3:00-4:30 PM</p>	<p>20</p> <p>Co-Ed Hiking 9:30 AM Black History Month Cinema 10 AM-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Grupo de Apoyo de VIH 10-11:30 AM Reading Opens Minds 1-2:30 PM Men Living with HIV 1:30-3 PM</p>	<p>21</p> <p>Framing Our Truths 10 AM-12 PM Everyday Movement 11:30 AM-12:30 PM Framing Our Truths 1:30-3:30 PM TransMasc Exchange 3-4:30 PM Ebony Sage Circle at Center South 3-4:30 PM Cancer Support Group 3-5 PM</p>
<p>24</p> <p>Racial Justice Allies 11 AM-12 PM Senior Writing Group 11:30 AM-1:30 PM</p> <p>Senior Center Closes at 1:30 PM</p>	<p>25</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM R&B Line Dancing 11 AM-12 PM Cardio Soul Dance 1:30-2:30 PM Moving Forward 1:30-3 PM Spilling The Tea 1:30-3 PM Jiu-Jitsu 2:30-3:30 PM LGBTech 3-4:30 PM HIV Dinner & Discussion 6-8 PM Still We Rise: Memoir Writing 6-8 PM Square Dancing 6:30-9 PM Prostate Cancer Support Group 7-9 PM</p>	<p>26</p> <p>Cyber Center 10 AM-1 PM & 2-5 PM Vaccine Clinic (Pride Hall) 10 AM-12 PM Men's Social Group 10 AM-12 PM Chair Yoga 11 AM-12 PM Veteran's Support Group 1-2 PM Beginning Tap 1:30-2:30 PM The Pasture Reading 1:30-3 PM Senior Services Advisory Team 2-3 PM Housing Application Days 2-4 PM LGBTQ Perspectives in Popular Music 3:00-4:30 PM</p>	<p>27</p> <p>Men's Hiking 9:30 AM Black History Month Cinema 10 AM-12 PM Cyber Center 10 AM-1 PM & 2-5 PM Alzheimer's Support Group 12-1:30 PM MCC-UCCV Potluck 12-2 PM Men Living with HIV 1:30-3 PM Soulful Lunch 3-5 PM</p>	<p>28</p> <p>Everyday Movement 9-10 AM Framing Our Truths 10 AM-12 PM Farmers Market @ Center South 11 AM-1 PM Framing our Truths 1:30-3:30 PM Ebony Sage Circle at Center South 3-4:30 PM Cancer Support Group 3-5 PM</p>

Non-Weekly Events

ALZHEIMER'S AND DEMENTIA CAREGIVER SUPPORT GROUP

THURS., FEB. 13 & 27, 12-1:30PM

Join the Alzheimer's Association LGBTQ+ support group for caregivers, family members, and friends caring for an LGBTQ+ loved one. Develop a support system, talk about challenges, and learn about resources. This online group meets on the 2nd and 4th Thursday of each month. To RSVP, please contact Yael Wyte at 310-912-9120, or email ywyte@alz.org

Location: Virtual

ART APPRECIATION

FRI., FEB. 14, 3-4PM

Join this virtual visit to the museum to learn about artists and the history of each piece. Explore select artworks with Getty docent David on the 2nd Friday of each month. All art lovers are welcome!

Meeting ID: 984 9274 8385

Passcode: 081457

BENEFITS WORKSHOP FOR SENIORS

MON., FEB. 3, 11AM-12PM

Join us on the 1st Monday of each month for a benefits workshop. Learn about different public benefits and community resources. February's topic: Heart Health

Location: Senior Center

BREAKFAST BINGO

MON., FEB. 10, 9:30-11AM

Join us at the Senior Center the 2nd Monday of each month for fun and lively Breakfast Bingo! Coffee, tea, and snacks provided. Win fun prizes and get to know

THE SECOND FRIDAY EACH MONTH 3-4PM

ART APPRECIATION

VIRTUAL MEETING ID: 984 9274 8385
PASS: 081457

LOS ANGELES LGBT CENTER SENIOR SERVICES

FEBRUARY TOPIC: HEART HEALTH

BENEFITS WORKSHOP FOR SENIORS

Join us on the 1st Monday of each month for a benefits workshop.

Learn about different public benefits and community resources.

MONDAY FEBRUARY 3, 2025 11AM - 12PM

Location: Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038

FOR TRANSGENDER AND GENDER NON-CONFORMING ADULTS

Spilling The Tea Dinner

A DINNER GATHERING FOR TRANSGENDER AND GENDER NON-CONFORMING ADULTS TO SUPPORT ONE ANOTHER AND BUILD COMMUNITY. ALL PARTICIPANTS MUST PAY FOR THEIR OWN MEAL.

RSVP AT SENIORS@LALGBTCENTER.ORG OR (323) 860-5830

Thursday, February 6 5:00 PM

Happening at "The Melt"
7111 Santa Monica Blvd.,
West Hollywood 90046

LOS ANGELES LGBT CENTER SENIOR SERVICES

LOS ANGELES LGBT CENTER SENIOR SERVICES

BEGINNING TAP DANCE

LEARN THE FUNDAMENTALS OF TAP DANCING WITH LAUREN & CARL! TAP IS ONE OF THE GREATEST FEEL-GOOD DANCES YOU CAN ENJOY. IT'S FUN TO LEARN AND FUN TO PRACTICE. ALL SKILL LEVELS WELCOME.

WEDNESDAYS 1:30-2:30 PM

HARRY AND JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE LOS ANGELES, CA 90038

INTRO TO Brazilian JIU JITSU

EVERY TUESDAY, 2:30 - 3:30 PM

HARRY & JEANETTE WEINBERG SENIOR CENTER
1118 N MCCADDEN PLACE, LOS ANGELES, CA

Jiu-Jitsu is a ground-based martial art, this workshop, taught by Erin Muscatelli of Culinary Arts, will be an introduction to Brazilian Jiu-Jitsu.

While all ages and physical abilities are welcome to participate, all participants must complete a Physical Health Waiver to participate.

ALL LEVELS WELCOMED!

LOS ANGELES LGBT CENTER SENIOR SERVICES

EVERY FRIDAY 3-4:30 P.M.

EBONY SAGE CIRCLE

Open to all black and brown-identified participants. This group aims to promote self-awareness, quality of life, learning, and unity with LGBTQ+ communities of color.

in person & online via Zoom.

First Friday: Senior Center (1118 N McCadden Place)
Second, Third and Fourth Fridays: Center South (2313 W. Martin Luther King Jr. Blvd)
Fifth Fridays: No Meeting

Meeting ID: 735 732 7145 **Passcode: n90pm**



**EVERY SECOND TUESDAY OF THE MONTH!
6 - 8 PM**

Bring your talents and jam out with other musicians. This is an open space for musicians ages 50+ to learn from one another and create the sound of a collective groove.



LOS ANGELES LGBT CENTER
SENIOR SERVICES

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Pl. Los Angeles, CA 90038

RSVP via seniors@lalgbtcenter.org or 323-860-5830

your neighbors. Breakfast and coffee begin at 9:30AM. Bingo starts promptly at 10AM.

Location: Senior Center

COLLECTIVE GROOVE

TUES., FEB. 11, 6-8PM

Every second Tuesday, bring your talents and jam out with other musicians. This is an open space for musicians ages 50+ to learn from one another and create the sound of a collective groove.

Location: Senior Center

FARMERS MARKET

WED., FEB. 5, 11AM-1PM

Come and select fresh produce in the Bayard Rustin Courtyard. Provided in collaboration with Seeds of Hope, the Farmers Market takes place from 11AM to 1PM. Produce is limited. First come, first served. Must be a registered participant with Senior Services.

Location: Senior Center

FARMERS MARKET AT CENTER SOUTH

FRI., FEB. 28, 11AM-1PM

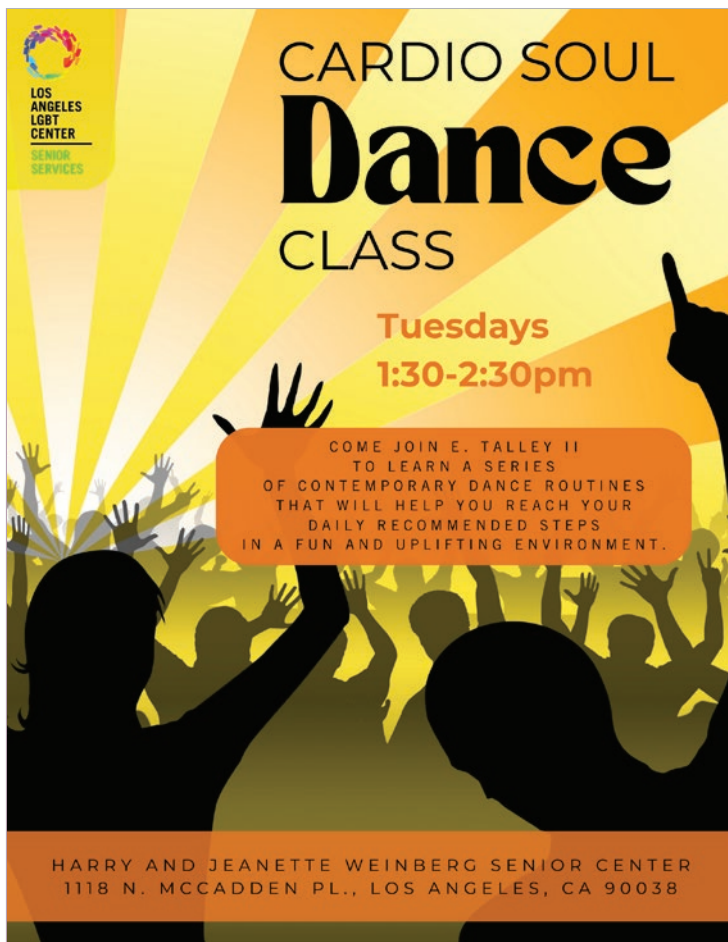
Come and select fresh produce at our community site, Center South. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 4th Friday of every month, 11AM-1PM. Produce is limited. First come, first served.

**Location: Center South,
2313 W. Martin Luther King Jr. Blvd.,
Los Angeles, CA 90008**

FARMERS MARKET AT MI CENTRO

FRI., FEB. 14, 11AM-1PM

Ven y selecciona productos frescos en nuestro sitio comunitario, Mi Centro.



COME JOIN E. TALLEY II TO LEARN A SERIES OF CONTEMPORARY DANCE ROUTINES THAT WILL HELP YOU REACH YOUR DAILY RECOMMENDED STEPS IN A FUN AND UPLIFTING ENVIRONMENT.

HARRY AND JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PL., LOS ANGELES, CA 90038



LOS ANGELES LGBT CENTER
SENIOR SERVICES



Grupos de Apoyo de VIH/SIDA

Todos invitados

Se reúnen cada primer y tercer jueves del mes.
10-11:30AM

Comparta sus historias y experiencias de vivir con el VIH y conozca nuevos amigos! Este grupo de apoyo es un espacio seguro para la comunidad positiva.
Todos invitados.

Ubicación: Centro De Mayores
Zoom ID: 951 8193 5482
Contraseña: 934307

HIV/AIDS Support Groups

Men Living with HIV
Thursdays
1:30-3PM

Share your stories and experiences of living with HIV and meet some new friends! This support group is a safe space for the HIV-positive community.

Location: Senior Center

HIV & AGING Dinner & Discussion

Impacted by HIV
4th Tuesday
6-8PM

This monthly dinner and discussion series is geared for individuals living with HIV and/or impacted by HIV. A different topic is presented each month.

Location: Senior Center

**Para más información, contacto a:
For more information, contact:
seniors@lalgbtcenter.org ó (323) 860- 5830**

**Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038**

LOS ANGELES LGBT CENTER SENIOR SERVICES

UCLA Health

HIV & AGING DINNER+ DISCUSSION

6:00 - 8:00 PM

TUESDAY, FEBRUARY 25 2025

February Topic:
National Black HIV/AIDS AWARENESS DAY

PRESENTER(S): DR. KALEI HOSAKA AND DR. GIFTY-MARIA J. NTIM – BOTH PHYSICIANS AT UCLA HEALTH. THEY WILL BE PRESENTING ON THE ETHNOGRAPHIC EXPERIENCE OF OLDER ADULTS LIVING WITH HIV. Q & A TO FOLLOW.

HARRY AND JEANETTE WEINBERG SENIOR CENTER
1118 N. MCCADDEN PLACE,
LOS ANGELES, CA 90038

RSVP at seniors@lalgbtcenter.org or (323) 860-5830

En colaboración con Seeds of Hope, el Farmers Market se lleva a cabo el segundo viernes de cada mes, de 11AM a 1PM. La producción es limitada. El primero en llegar es el primero en ser atendido.

Come and select fresh produce at our community site, Mi Centro. Provided in collaboration with Seeds of Hope, the Farmers Market takes place the 2nd Friday of every month, 11AM–1PM. Produce is limited. First come, first served.

Ubicación: Mi Centro, 553 S. Clarence St., Los Angeles, CA 90033

GAY MEN'S PROSTATE CANCER SUPPORT GROUP

TUES., FEB. 11 & 25, 7–9PM

In partnership with Cancer Support Community LA, the gay and bisexual men's prostate cancer support group meets on the 2nd & 4th Tuesday of the month via Zoom. Discuss treatment, doctors, insurance, sex, relationships, and coping. To RSVP, contact info@cancersupportla.org.

Location: Virtual

GRUPO DE APOYO DE VIH

THURS., FEB. 6 & 20, 10-11:30AM

Comparta sus historias y experiencias de vivir con el VIH y conozca nuevos amigos! Este grupo de apoyo es un espacio seguro para la comunidad positiva. Todos invitados. Se reúnen cada primer y tercer jueves del mes.

Ubicación: Centro De Mayores
Zoom ID: 951 8193 5482
Contraseña: 934307

HIV & AGING: DINNER & DISCUSSION SERIES

TUE., FEB. 25, 6–8PM

This monthly dinner and discussion series

is geared for individuals living with HIV or impacted by HIV. All are welcome. Bring a friend! This month's topic: National Black HIV/AIDS Awareness Day.

Location: Senior Center

LGBTECH Q&A WITH MOM'S COMPUTER

TUES., FEB. 4 & 18, 3–4:30PM

FEB. 4: Spring Computer/Smart Phone Tune-Up

Spring is in the air, and we'll teach you how to protect your devices from physical damage.

FEB 18: Learn how to use screenshots to save your info & appointments. What is Dropbox, Google Drive, etc. and how can I use them?

All questions answered. Beginners welcome! Tech Trivia & Prizes. All devices are welcome.

Location: Senior Center

MENTAL WELLNESS SERIES

MON., FEB. 3, 10–11AM

Know the Scams, Don't Be a Victim: As technology improves and the older adult population increases, financial abuse of older adults is becoming more frequent. This presentation defines financial exploitation, identifies common scam techniques, how to identify a scam, and presents tips on preventing scams and dealing with scams. A monthly series presentation by the Los Angeles County Department of Mental Health.

Location: Senior Center

MCC-UCCV

THURS., FEB. 27, 12–2PM

Valley participants are invited to join our weekly social group at Metropolitan Community Church-UCCV for fun activities & socializing. Occurs the last

CANCER SUPPORT COMMUNITY LOS ANGELES

LOS ANGELES LGBT CENTER SENIOR SERVICES

GAY MEN'S PROSTATE CANCER SUPPORT GROUP

This group welcomes gay and bisexual men with prostate cancer and their partners.

This group provides a safe space to meet others with similar experiences and talk openly about issues such as treatment options, doctors, health insurance, sex, relationships, fears, coping with after-effects, and more.

THIS GROUP MEETS ONLINE ON THE 2ND AND 4TH TUESDAY OF EVERY MONTH.

FOR MORE INFO, CONTACT: INFO@CANCERSUPPORTLA.ORG




LOS ANGELES LGBT CENTER SENIOR SERVICES

MENTAL WELLNESS SERIES

10AM - 11AM

February 3 Know the Scams
March 3 Depression & Anxiety
April 7 Resiliency
May 5 Hoarding
June 2 Health Wellness & Wholeness

Presented by the Los Angeles County Department of Mental Health to help promote mental wellness, raise awareness about mental health issues, and to provide resources.

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH hope. recovery. wellbeing.

Harry & Jeanette Weinberg Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038



LOS ANGELES LGBT CENTER SENIOR SERVICES

LGBTech Q&A with Mom's Computer


Tuesday, February 4
3:00 - 4:30 PM
Spring Computer/Smart Phone Tune-Up
Spring is in the air and we'll teach you how to protect your devices from physical damage.

Tuesday, February 18
3:00 - 4:30 PM
Learn how to use screenshots to save your info & appointments. What is Dropbox, Google Drive, etc. and how can I use them.

All questions answered. Beginners welcome! Tech Trivia & Prizes. Windows/Mac/Iphone/Android and all devices welcome.

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038

For more info
323.860.5830 or
seniors@lalgbtcenter.org



LOS ANGELES LGBT CENTER
SENIOR SERVICES

PATHWAYS TO HOUSING


Thursday, February 6
3:00pm - 4:30pm

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place
Los Angeles, CA 90038



Are you over 50+? This workshop will help older adults navigate and understand the reality of looking for affordable housing in Los Angeles. Participants will learn about the housing crisis and receive community resources to identify realistic and unrealistic housing goals when searching for housing.


For more information, contact:
seniors@lalgbtcenter.org or (323) 860-5830



READING OPEN MINDS

BOOK CLUB MEETS
1ST & 3RD THURSDAYS
1-2:30PM

Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles, CA 90038



Thursday of the month.

Location: MCC-UCCV, 5730 Cahuenga Blvd., North Hollywood, CA 91601

PATHWAYS TO HOUSING

THURS., FEB. 6, 3-4:30PM

This workshop will help 50+ older adults navigate and understand the reality of looking for affordable housing in Los Angeles. Participants will learn about the housing crisis and community resources to identify realistic and unrealistic housing goals when searching for housing. This workshop is required to participate in our home navigation program, but everyone is invited to learn more about the options available.

Location: Senior Center

READING OPENS MINDS

THURS., FEB. 6 & 20, 1-2:30PM

This wonderful book club has been meeting for years on the 1st and 3rd Thursday of each month and always welcomes new members. For information on how to join, contact seniors@lalgbtcenter.org or call 323-860-5830.

Location: Senior Center

SOULFUL LUNCH

THURS., FEB. 27, 3-5PM

In honor of Black History Month and National Black HIV/AIDS Awareness Day, join us for an afternoon of inspiration, celebration, conversation, and music. Space is limited. RSVP Required by Feb. 13. Reserve your seat at seniors@lalgbtcenter.org or 323-860-5830.

Location: Pride Hall 1118 N. McCadden Pl., Los Angeles, CA 90038

SPEED FRIENDING ROOMMATES: HAVE A SPACE, RENT A SPACE

TUES., FEB. 18, 6-7:30PM

Have a spare room or an extra space you want to rent? Are you looking for a LGBTQ friendly roommate? Are you looking for a new friend? Come to "Have a Space, Rent a Space, Make Friend." Folks will have a chance to meet and get to know new faces in a speed dating format. We love Los Angeles, but rent is too expensive, and it's hard to meet anyone.

RSVP to seniors@lalgbtcenter.org or (323) 860-5830. Space is limited.

Location: Senior Center

STILL WE RISE

TUES., FEB. 4, 6:30-8:30PM

(Final Reading)

A writing workshop for lesbian, bi, and trans women ages 50+. These four-week generative writing classes are built on a prompt-driven model with optional sharing, culminating in a group performance on the fifth and final week. Presented by Mimi Gonzalez-Barillas.

Location: Senior Center

THE PASTURE READING

WED., FEB. 26, 1:30-3PM

A staged reading of a farce about senior housing. An eclectic group of seniors squatting in an abandoned church fend off a nosy neighbor and the authorities in order to protect their home. Theatrical duo Mark-n-Sparks wrote this new play, inspired by conversations and interviews with LGBTQ seniors and housing providers. This is a work-in-progress, and the playwrights would like feedback after the reading. Refreshments provided.

Location: Pride Hall 1118 N. McCadden Pl., Los Angeles, CA 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Speed Friending Roommates

HAVE A SPARE ROOM OR AN EXTRA SPACE YOU WANT TO RENT?

Join us as we bring folks together in hopes of helping new roommates connect. Snacks & beverages will be provided. RSVP to seniors@lalgbtcenter.org or (323) 860-5830. Space is limited.

**Tuesday, February 18
6-7:30PM**



Harry & Jeanette Weinberg Senior Center
1118 N McCadden Place, Los Angeles 90038

LOS ANGELES LGBT CENTER
SENIOR SERVICES

THE PASTURE

WEDNESDAY,
FEBRUARY 26
1:30-3PM

A STAGED READING OF A FARCE ABOUT SENIOR HOUSING. AN ECLECTIC GROUP OF SENIORS SQUATTING IN AN ABANDONED CHURCH FEND OFF A NOSY NEIGHBOR AND THE AUTHORITIES IN ORDER TO PROTECT THEIR HOME.

THEATRICAL DUO, MARK-N-SPARKS, WROTE THIS NEW PLAY INSPIRED BY CONVERSATIONS AND INTERVIEWS WITH LGBTQ SENIORS AND HOUSING PROVIDERS.

THIS IS A WORK-IN-PROGRESS, AND THE PLAYWRIGHTS WOULD LIKE FEEDBACK AFTER THE READING. REFRESHMENTS PROVIDED.

PRIDE HALL 1118 N MCCADEN PLACE, LOS ANGELES, CA 90038

DCA DEPARTMENT OF CULTURAL AFFAIRS City of Los Angeles MARK-N-SPARKS

SENIOR SERVICES PRESENTS THE VALENTINE'S DAY DANCE



13
February

THE VILLAGE
AT ED GOULD PLAZA
1125 N. MCCADDEN PL.
LOS ANGELES, CA 90038

3-5
PM

Encouraged Attire:
RED & PINK

SOULFUL LUNCH

FEB. 27TH, 3 - 5PM

IN HONOR OF BLACK HISTORY MONTH AND NATIONAL BLACK HIV/AIDS AWARENESS DAY,
JOIN US FOR AN AFTERNOON OF INSPIRATION, CELEBRATION, CONVERSATION AND MUSIC.

SPACE IS LIMITED. RSVP REQUIRED BY FEBRUARY 13
TO SENIORS@LALGBTCENTER.ORG OR (323) 860-5830

PRODUCED IN COLLABORATION WITH MOCA 50+ AND EBONY SAGE CIRCLE

LOCATION: PRIDE HALL
ANITA MAY ROSENSTEIN CAMPUS
1118 N. MCCADDEN AVE.
FREE PARKING AVAILABLE.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

TRANSMASC INTERGENERATIONAL EXCHANGE

FRI., FEB. 21, 3-4:30PM

In collaboration with InvisibleMen, "The Exchange" provides an intergenerational social space for the transmasculine community. The Exchange meets online on the 3rd Friday of every month.

Meeting ID: 970 2805 6270

Passcode: 803002

VACCINE CLINIC

WED., FEB. 26, 10AM-12PM

Join Senior Services to stay up to date on your Flu, MPox, and COVID-19 boosters! Please bring your ID. Insurance information recommended but not required. Questions, contact seniors@lalgbtcenter.org or (323) 860-5830.

Location: Pride Hall 1118 N. McCadden Place, Los Angeles, CA 90038

VALENTINE'S DAY DANCE

THURS., FEB. 13, 3-5PM

Get ready to dance the afternoon away! Join us for an event filled with love, laughter, and celebration. This event is for couples, friends, or singles who are ready to mingle, just bring the love. Food, beverages, and Valentine's Day treats will be provided.

**Location: The Village at Ed Gould Plaza
1125 N. McCadden Pl., Los Angeles, CA
90038**

VETERAN'S POTLUCK DINNER

TUES., FEB. 18, 6-7:30PM

This LGBTQ+ Veterans dinner occurs on the third Tuesday of each month. Participants can make a dish or pickup their favorite dish from a local eatery or store.

Location: Senior Center

California Department of
Public Health

Pride Hall
1118 N McCadden Place, Los Angeles, CA 90038

LA LGBT Center Vaccine Clinic on Wednesday, February 26th from 10 - 12 PM

Join Senior Services on Wednesday,
February 26th from 10 - 12 PM

Stay up to date on your Flu, MPox, and
COVID-19 Boosters!

Please bring your ID. Insurance information
recommended but not required.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

Contact us via
seniors@lalgbtcenter.org or (323) 860-5830
1118 N McCadden Place, Los Angeles, CA 90038

VETERAN'S POTLUCK DINNER

TUESDAY, FEBRUARY 18, 6PM

THIS LGBTQ+ VETERANS DINNER OCCURS ON THE THIRD
TUESDAY OF EACH MONTH. PARTICIPANTS CAN MAKE A
DISH OR PICKUP THEIR FAVORITE DISH FROM A LOCAL
EATERY OR STORE.

LOS ANGELES LGBT CENTER
SENIOR SERVICES

1118 N. MCCADDEN PLACE, LOS ANGELES, CA 90038

HIGH TEA DANCE

THURSDAY, MARCH 27TH
3PM TO 5PM



In honor of Trans* Day of Visibility,
please join us for a romantic sunset dance
inside of Pride Hall at the LA LGBT Center.
This is a TGI/ENBY+ Friendly,
dating-specific event, open to those interested
in meeting trans/nonbinary people.

Music & Dancing

Space is limited; RSVP Required by March 15 to
seniors@lalgbtcenter.org or 323.860.5830

Free Parking Available with Validation

LA LGBT Senior Center
1118 N. McCadden Place, Los Angeles, CA 90038

